# Respect for All Family Resource



NYC Public Schools is committed to providing a safe, supportive learning environment for all students. Bullying or harassment of any kind is NEVER acceptable, and such actions are subject to the NYC Public Schools Discipline Code: schools.nyc.gov/DisciplineCode.

As we work together to prevent discrimination, harassment, intimidation, and bullying, it is important to understand what these actions might look like, so that you can recognize the signs of them. These behaviors can be done to humiliate a person based on their race, color, ethnicity, religion, creed, national origin, age, gender, gender identity, gender expression, sexual orientation, citizenship/immigration status, weight, or disability, and they usually fall under at least one of four categories:

- Physical: involves physical injury or threat of harm or injury such as violence and stalking
- Verbal: using disrespectful and insulting language towards someone such as making mean-spirited jokes or name calling; intentionally using a wrong pronoun or pronunciation of a name
- Social: peer rejection or exclusion to humiliate or isolate a person, including taunting; attempting to pressure or force a person to do something (hazing)
- Written: demeaning text or imagery written or printed to ridicule a person; also includes electronic communications (cyberbullying) using technology such as cell phone messages, email, social media, blogs, chat rooms, and gaming systems

If you have observed signs that your child may be exhibiting these behaviors towards others, or that they might be a target of bullying at school, there are resources available to help.

Once a report is made, parents/guardians must be notified no later than two (2) school days following receipt of the report. Parents may request support for their child before, while, or after the school investigates the complaint.

At the conclusion of the investigation, parents will be informed of the outcome within ten (10) school days. If needed, the child may be referred for support services.

Retaliation against someone who reports an incident of harassment, bullying, intimidation, or discriminatory behavior, or who helps in an investigation, is prohibited. Students who believe they have been retaliated against should immediately contact a school administrator.

## Students and families can report bullying and harassment concerns by:

 Submitting a complaint in any language online at nycenet.edu/ bullyingreporting or via your NYC Schools Account (NYCSA) at schoolsaccount.nyc



- Calling the NYC Public Schools (NYCPS) help line, Monday through Friday, 8AM–6PM at 718-935-2288
- Emailing the Office of Safety and Youth Development (OSYD) at RespectforAll@schools.nyc.gov
- Telling a staff member at the school or contacting the school's Respect for All liaison
- If your issue involves sexual or genderbased harassment, contact our Title IX coordinator at 718-935-4987 or Title\_IX\_Inquiries@schools.nyc.gov

#### Respect for All Liaison

Your school has a dedicated Respect for All Liaison and a Sexual Harassment Prevention Liaison to assist students and families being affected by bullying or harassment. You can find their names in the "School Contacts and Information" section of your school's listing page at **schoolsearch.schools.nyc**. Their names can also be found on posters displayed around school.

### Free Mental Health Support

**NYC 988** offers free, confidential, mental health support to New Yorkers of all ages. Speak to a counselor via phone, text, or chat and get access to mental health and substance use services 24 hours a day, 7 days a week.

Counselors can provide:

- Immediate support for problems like stress, depression, anxiety, or drug and alcohol use
- Crisis counseling and suicide prevention counseling
- Connection to Peer Specialists, who have personal experience with mental health or substance use challenges
- Support for LGBTQI + Youth and Young Adults

New Yorkers can reach out to NYC 988 on behalf of themselves or someone else. Young people can call on behalf of their parents or caregivers, and anyone can call NYC 988 on behalf of a child. Support is available for people of all ages and in over 200 languages.

Call or Text: 988

o Español: 988, Aprete 2

 Deaf or Hard of Hearing? Use your preferred relay service or dial 711 then 988. NYC 988 Counselors are trained to accept calls from deaf and hard of hearing individuals using video relay services.

Veteran's Crisis Line: Dial 988, press 1

LGBTQI+ Youth & Young Adults: Dial 988, press 3

Chat Now: at 988lifeline.org/chat

• Find Services: nyc.gov/988

**NYC Teenspace:** all teens 13–17 living in New York City now have access to free mental health support through NYC Teenspace, a new program from the NYC Department Health and Mental Hygiene Department (DOHMH) offering online counseling services and more. Learn more at **talkspace.com/nyc**.

#### **United Federation of Teachers BRAVE Hotline:**

BRAVE – Building Respect, Acceptance, and Voice through Education – provides educators, parents, and students with the tools, knowledge, and support to be pro-active in confronting and stopping bullying. Students can access free mental health support by contacting the BRAVE hotline by phone, text, or online chat.

- Call 212-709-3222, Monday–Friday, 2:30–9:30PM
- Text 43961
- Chat online at UFT.org/BRAVEchat



