

	August 2024	August 2024: Summer Breakfast Menu						
Monday	Tuesday	Wednesday	Thursday	Friday				
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OCALLY SOURCED, OWN, HARVESTED OR PRODUCED FOOD. LL NEW YORK ITEMS HIGHLIGHED IN GREEN.		Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)					
Apple Cinnamon Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)				
12	13	14	15	16				
Blueberry Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)				
19	20	21	22	23				
Apple Cinnamon Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)				
26	27	28	29	30				
Blueberry Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)				
<u>Milk</u>		OFFERED DAILY Options may vary by location	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Blueberries, Cantaloupe,	OFNS has an extensive Prohibitive Ingredients List available at:				

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are

available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk) by location

Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)

Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Bananas, Watermelon, and

Strawberries (VE) **Condiments**

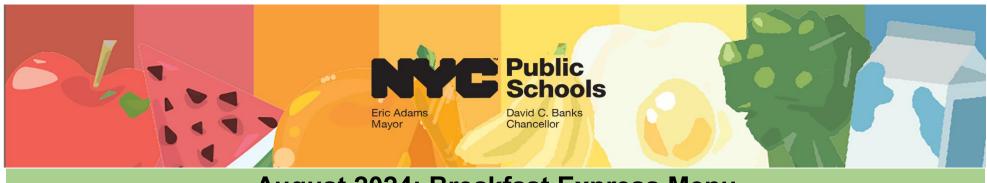
Syrup (VE)



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OR TOWN TOWN	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)		Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
5	6	7	8	9
Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Apple Cinnamon Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Breakfast Bread (V) Colby Cheese Stick (V) Honey Graham Cracker (V) Applesauce (VE) Mozzarella Cheese Stick (V)		Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
12	13	14	15	16
Frosted Mini Wheats Honey Graham Cracker (V) Strawberry Banana Apple Sauce (VE)	Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
19	20	21	22	23
Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Apple Cinnamon Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Whole Grain Croissant (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
26	27	28	29	30
Frosted Mini Wheats Honey Graham Cracker (V)	Blueberry Breakfast Bread (V)	Cinnamon Burst Pancakes (V)	Zucchini Carrot Breakfast Bread (V)	Whole Grain NY Bagel (VE)

Honey Graham Cracker (V)

Strawberry Banana Apple Sauce (VE)

Cheddar Cheese Stick (V)

Seasonal Fresh Fruit (VE)

Pancakes (V)

Seasonal Fresh Fruit (VE)

Breakfast Bread (V)

Seasonal Fresh Fruit (VE)

served with Cream Cheese (V) & Jelly (VE)

Seasonal Fresh Fruit (VE)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are available upon request **Breakfast After the Bell Grab and Go**

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices Shredded Wheat **Multi-Grain Oats (VE)** Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Bananas, Watermelon, and Strawberries (VE) **Condiments** Syrup (VE)

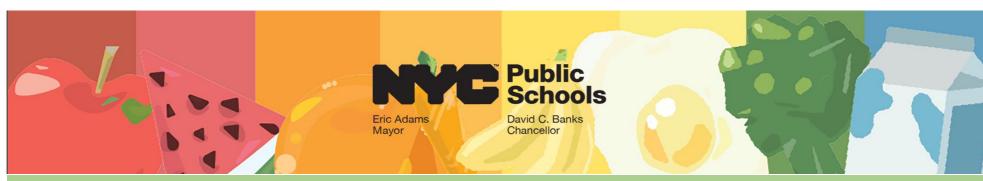
OFNS has an extensive **Prohibitive Ingredients List**



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey



	August 202	24: Puree Brea	kfast Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OR TOP OR		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
5	6	7	8	9
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
12	13	14	15	16
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
19	20	21	22	23
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
26	27	28	29	30
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (VE)
	Funit Offering		Evuit Offering	

<u>Milk</u> 1% Low-fat (V) Fat Free (V)

Fruit Offering

Peaches (VE)

Fat Free Chocolate (V)
Alternative options are
available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)
Condiments

Syrup (VE)

Fruit Offering

Flavored Apple Sauce (VE)

OFFERED DAILY

Fruit Offering

Pears (VE)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Assorted Yogurts

Fruit Offering

Bananas (VE)

Alternate Fruit
Peaches, Pineapples
Pears, Applesauce

OFNS has an extensive Prohibitive Ingredients List

Fruit Offering

Apple Sauce (VE)



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey





August 2024: Infant - Toddler Breakfast Menu

August 2024: Infant - Toddler Breakfast Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
		-	1	2		
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF TOP TO SERVICE OF THE PARTY		Rise and Shine Waffles (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)		
5	6	7	8	9		
Apple Cinnamon Breakfast Bread (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	French Toast Sticks (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Egg and Cheese on a Whole Wheat Bun (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Cinnamon Burst Pancakes (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)		
12	13	14	15	16		
Blueberry Breakfast Bread (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Buttermilk Pancakes (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Rise and Shine Waffles (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)		
19	20	21	22	23		
Apple Cinnamon Breakfast Bread (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	French Toast Sticks (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Egg and Cheese on a Whole Wheat Bun (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Cinnamon Burst Pancakes (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)		
26	27	28	29	30		
Blueberry Breakfast Bread (V) Seasonal Fresh Fruit or Diced	Buttermilk Pancakes (V)	Egg and Cheese on a Whole Grain Croissant (V)	Rise and Shine Waffles (V) Assorted Fruits and	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)		
Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE)	Assorted Fruits and Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE)		

Milk (V)

Sliced Peaches (VE) Milk (V)

Milk (V)

or Diced Pears (VE) Milk (V)

OFFERED DAILY

Milk Whole Milk (V) Alternative options are available upon request

(V) Indicates Vegetarian (VE) Indicates Vegan

<u>Seasonal Fresh Fruit</u> Apples, Apple Slices,

Oranges, Pears, Bananas, and Strawberries (VE)

Other Fruits

Apple Sauce, Sliced Peaches, **Diced Pears, Pineapples**

<u>Cold Cereal Choices</u> Multi-Grain Oats (VE) **Toasted Oats (VE)** Oat Circles (VE) Cinnamon Flakes (VE)

Options may vary by location

Assorted Yogurts

Condiments Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



Plastic Free **Chicken Tenders Dipping Sauce** Sicilian Slice Pizza (V) Garlicky Green Bean (VE)

Veggie Nuggets (VE) Dipping Sauce Hot Confetti Corn (VE)

Bread Stick (V)

13

Lunch Day

Mozzarella Sticks (V) with marinara sauce (VE)

Garlic Knot (V)

Fresh Broccoli Florets (VE)

14

Turkey Burger with Salsa and Monterey **Jack Cheese**

15

8

Fresh Tomato Salad (V)

Whole Wheat Bun

Seasoned Wedge Fries (VE)

White Bean and Pasta Primavera (VE)

Green Garden Salad (VE)

Three Cheese Grilled Cheese (V)

Summer Squash (VE)

Crispy Chicken Bites Pizza by the Slice (V) with Dipping Sauce

12

Sweet Potato Italian Green Beans (VE) Wedge Fries (VE) Frozen Fruit Cup (VE) Dinner Roll (V)

Garlic and Tomato Panini (V)

Lemon Arugula Salad (V) Marinara Sauce (VE)

Fish and Cheese Sandwich **Whole Wheat Bun**

Hamburger or Cheeseburger **Whole Wheat Bun**

Seasoned Wedge Fries (VE)

Mediterranean Chickpea Wrap (VE)

16

Southwest Burrito (V)

Green Garden Salad (VE)

19 20 21 22 23

Chicken Tenders **Dipping Sauce** Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Veggie Nuggets (VE)

Dipping Sauce Seasoned Chickpeas (VE) Frozen Fruit Cup (VE)

Hot Confetti Corn (VE) **Bread Stick (V)**

Plastic Free Lunch Day

Mozzarella Sticks (V) with marinara sauce (VE)

Fresh Broccoli Florets (VE) **Garlic Knot (V)**

Turkey Burger with Salsa and Monterey **Jack Cheese**

Fresh Tomato Salad (V)

White Bean and Pasta Primavera (VE)

Three Cheese Grilled Cheese (V)

Summer Squash (VE)

26 27 28 29 30

Pizza by the Slice (V)

LOCALLY SOURCED, GROWN,

HARVESTED OR PRODUCED FOOD.

ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.

Seasoned Chickpeas (VE)

Frozen Fruit Cup (VE)

Italian Green Beans (VE)

Frozen Fruit Cup (VE)

Crispy Chicken Bites with Dipping Sauce

> **Sweet Potato** Wedge Fries (VE)

Dinner Roll (V)

Garlic and Tomato Panini (V)

Lemon Arugula Salad (V)

Marinara Sauce (VE)

Fish and Cheese Sandwich **Whole Wheat Bun**

Hamburger or Cheeseburger **Whole Wheat Bun**

Seasoned Wedge Fries (VE)

Mediterranean Chickpea Wrap (VE)

Southwest Burrito (V)

Green Garden Salad (VE)

Monday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

<u>Tuesday</u> Peanut Butter and/or

Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese

Sandwich (V) Tuna Sandwich <u>Wednesday</u>

 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V)

Hot or Cold Cheese Sandwich (V) Tuna Sandwich

<u>Thursday</u>

Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V)

Hot or Cold Cheese Sandwich (V) Tuna Sandwich

Friday

Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or **Cookies**

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

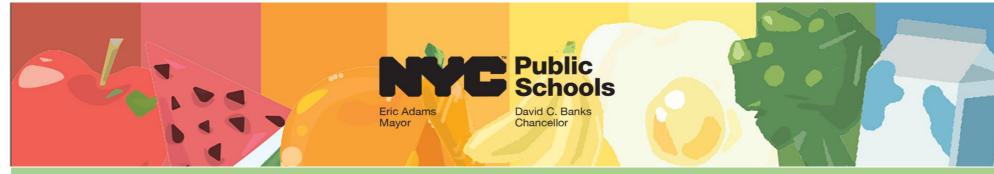
Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Bananas, Watermelon, and Strawberries (VE)

OFNS has an extensive **Prohibitive Ingredients List** available at:



* Recipes created in collaboration with OFNS and the Chef Council

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey



August 2024: Summer Express Cold Lunch Menu

Monday	Tuesday Wednesday Thursday		Friday		
			1	2	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF OF THE WITCH	Chicken Salad Hoagie Basil Corn Salad (V) Crunchy Carrot Sticks (VE)		Mediterranean Chickpea Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE)	
5	6	7	8	9	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	arian Option (V) Chicken Wrap Marinated Boan Solad (VE) Broccoli Salad (V)		·	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)	
12	13	14	15	16	
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chicken Caesar Wrap Lemon Arugula Salad (V)	Chicken Salad Hoagie Basil Corn Salad (V) Crunchy Carrot Sticks (VE)	Mediterranean Chickpea Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE)	
19	20	21 22		23	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chimichurri Chicken Wrap Classic Potato Salad (VE)	Asian Sesame Crispy Chicken Grab & Go Salad Marinated Bean Salad (VE) Served with Salsa (VE)	Chicken Tender Wrap Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)	
26	27	28	29	30	
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chicken Caesar Wrap Lemon Arugula Salad (V)	Chicken Salad Hoagie Basil Corn Salad (V) Crunchy Carrot Sticks (VE)	Mediterranean Chickpea Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE)	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	Sunflower Seed Butter &	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	
<u>Milk</u> 1% Low-fat (V)	ATTENTION:	OFNS Menus Support	Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Cantaloupe,	OFNS has an extensive Prohibitive Ingredients List available at:	

1% Low-fat (V)
Fat Free (V)

Fat Free Chocolate (V)
Alternative options are
available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







August 2024: Puree Lunch Menu

	, tagaet z t	<i>-</i>		
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Paily Lunch Specials Hummus and Soft Roll (VE) 8 oz. Yogurt (V) Tuna Options may vary by location Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN. 6 Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE) 8 Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE) Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
Flavored Apple Sauce (VE)			Apple Sauce (VE)	
12	13	14	15	16
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Honey Butternut Squash (V) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
19	20	21	22	23
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
Fruit Offering Flavored Apple Sauce (VE)	, ,	, ,	Apple Sauce (VE)	
26	27	28	29	30
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering	100% Beef Hamburgers & Cheeseburgers Honey Butternut Squash (V)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
Fruit Offering Flavored Apple Sauce (VE)	Pears (VE)	Peaches (VE)	Fruit Offering	Dananas (VL)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)

Apple Sauce (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree



August 2024: Infant - Toddler Lunch Menu

	August 2024.	illiant - Todalc	Lancii Mena		
Monday	Tuesday	Wednesday	Thursday	Friday	
monday		Treamedady			
Daily Lunch Specials Hot or Cold Cheese Sandwich (V) Hummus and Crackers (VE) 4 oz. Yogurt (V) Tuna Sandwich Options may vary by location Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Itot or Cold Reese Sandwich (V) Rummus and Crackers (VE) Poz. Yogurt (V) Runa Sandwich Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Seasonal Fresh Fruit or Applesauce (VE) WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN. Chicken Tenders with Dipping Sauce Steamed Cauliflower (VE) Seasonal Fresh Fruit or Diced Pears (VF)		Hamburger or Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V) 8 Turkey Burger Whole Wheat Bun Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V) 9 Veggie Burger (V) Summer Squash (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	
12	13	14	15	16	
Pizza by the Slice (V) Italian Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Crispy Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Dinner Roll (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Cheesy Garlic Pizza (V) with marinara sauce (VE) Super Hero Spinach (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Hamburger or Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	
19	20	21	22	23	
Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Chicken Tenders with Dipping Sauce Steamed Cauliflower (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Mozzarella Sticks (V) with marinara sauce (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Turkey Burger Whole Wheat Bun Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Burger (V) Summer Squash (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	
26	27	28	29	30	
Pizza by the Slice (V) Italian Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Crispy Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Dinner Roll (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Cheesy Garlic Pizza (V) with marinara sauce (VE) Super Hero Spinach (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Hamburger or Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	
Milk*	ATTENTION: All Pre-K Students CANNOT	OFNS Menus Support Seasonal Fresh Fruit and	Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:	

Whole Milk (V) *Alternative options are available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

Vegetables when available

Other Fruits **Apple Sauce, Sliced** Peaches, Diced Pears, **Pineapples**



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent. Consistencies upon request: puree, mashed and finely chopped.

- * Recipes created in collaboration with OFNS and the Chef Council
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



<u>Tuesday</u>

Seasoned Chickpeas (VE)

Italian Green Beans (VE)

Frozen Fruit Cup (VE)

Crispy Chicken Bites with Dipping Sauce

> **Sweet Potato** Wedge Fries (VE)

Dinner Roll (V)

Garlic and Tomato Panini (V)

Lemon Arugula Salad (V)

Marinara Sauce (VE)

Whole Wheat Bun

Hamburger or Cheeseburger Whole Wheat Bun

Seasoned Wedge Fries (VE)

Mediterranean Wrap (VE)

Southwest Burrito (V)

Green Garden Salad (VE)

Monday

 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Wednesday

 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V)

 Hot or Cold Cheese Sandwich (V)

Thursday

Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Friday

Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)

Hummus and Crackers (V) **Hot or Cold Cheese** Sandwich (V)

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are

available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Bananas, Watermelon, and Strawberries (VE)

OFNS has an extensive **Prohibitive Ingredients List**

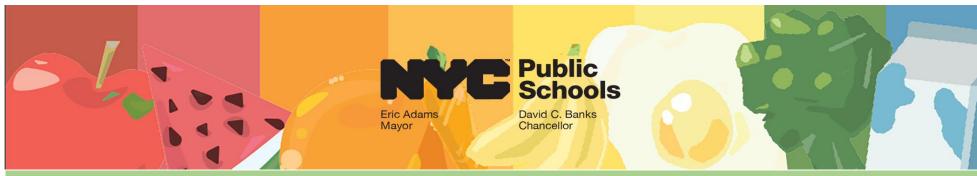


* Recipes created in collaboration with OFNS and the Chef Council

Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• **Vegetarian Item (V)**: A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

Menu subject to change. Our menus are pork free.



August 2024: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
OF OR					
THEW TO			Chicken Salad Hoagie	Mediterranean Chickpea Wrap (VE)	
WE PROUDLY SUPPORT			Basil Corn Salad (V)	Fresh Tomato Salad (V)	
LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS			Crunchy Carrot Sticks (VE)	Served with Salsa (VE)	
ARE HIGHLIGHED IN GREEN.					
5	6	7	8	9	
Assorted Cold Vegetarian Option (V)	Chimichurri Chicken Wrap	Asian Sesame Crispy Chicken Grab & Go Salad	Chicken Tender Wrap	Italian Veggie Grab & Go Salad (VE)	
Crunchy Carrot Sticks (VE)	Classic Potato Salad (VE)	Marinated Bean Salad (VE)	Broccoli Salad (V)	Italian Marinated	
		Served with Salsa (VE)		Cucumber Salad (VE)	
12	13	14	15	16	
Assorted Cold Vegetarian Option (V)	Crispy Chicken Grab and Go Salad	Chicken Caesar Wrap	Chicken Salad Hoagie	Mediterranean Chickpea Wrap (VE)	
Balsamic Chickpea		Laman America Solod (M)	Basil Corn Salad (V)	Fresh Tomato Salad (V)	
Salad (V)	Asian Red Cabbage Slaw (V)	Lemon Arugula Salad (V)	Crunchy Carrot Sticks (VE)	Served with Salsa (VE)	
19	20	21	22	23	
Assorted Cold	Chimichurri	Asian Sesame Crispy		Italian Veggie	
Vegetarian Option (V)	Chicken Wrap	Chicken Grab & Go Salad	Chicken Tender Wrap	Grab & Go Salad (VE)	
Crunchy Carrot Sticks (VE)	Marinated Bea (VE) Classic Potato Salad (VE)		Broccoli Salad (V)	Italian Marinated	
		Served with Salsa (VE)		Cucumber Salad (VE)	
00	07	00			
26	27	28	29		
Assorted Cold Vegetarian Option (V)	Crispy Chicken	Chicken Caesar Wrap	Chicken Salad Hoagie	Mediterranean Chickpea Wrap (VE)	
Balsamic Chickpea	Grab and Go Salad		Basil Corn Salad (V)	Fresh Tomato Salad (V)	
Salad (V)	Asian Red Cabbage Slaw (V)	Lemon Arugula Salad (V)	Crunchy Carrot Sticks (VE)	Served with Salsa (VE)	
Monday • Peanut Butter and/or	Tuesday • Peanut Butter and/or	Wednesday • Peanut Butter and/or	Thursday • Peanut Butter and/or	Friday • Peanut Butter and/or	
Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	
Jelly (VE) • Hummus and Crackers (V)	• Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	
Hot or Cold Cheese Sandwich (V)		 Hot or Cold Cheese Sandwich (V) 	Hot or Cold Cheese Sandwich (V)	 Hot or Cold Cheese Sandwich (V) 	
		OFFERED DAILY	Seasonal Fresh Fruit	OFNS has an extensive	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



August 2024: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Worlday	rucsuay	Wednesday	111013004	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Hamburger or Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE)		Hamburger or Cheeseburger Whole Wheat Bun	
5	6	7	8	9
Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Seasoned Chickpeas (VE)	Bean (VE) Hot Confetti Corn (VE) With Marinara sauce (VE) with Salsa and Monterey Jack Cheese		White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Summer Squash (VE)	
12	13	14	15	16
Pizza by the Slice (V) Seasoned Chickpeas (VE) Italian Green Beans (VE) Frozen Fruit Cup (VE)	Crispy Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Dinner Roll (V)	Garlic and Tomato Panini (V) Lemon Arugula Salad (V) Marinara Sauce (VE)	Panini (V) Cheeseburger Whole Wheat Bun Soasoned Wodgo Frice (VE)	
19	20	21		23
Sicilian Slice Pizza (V) Garlicky Green Bean (VE) Seasoned Chickpeas (VE)	Dipping Sauce with marinara sauce (VE) with Salsa and Mor Green Bean (VE) Hot Confetti Corn (VE) Fresh Broccoli Florets (VE) Jack Cheese		Turkey Burger with Salsa and Monterey Jack Cheese Fresh Tomato Salad (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Summer Squash (VE)
26	27	28	29	30
Pizza by the Slice (V) Seasoned Chickpeas (VE) Italian Green Beans (VE) Frozen Fruit Cup (VE)	Crispy Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Dinner Roll (V)	Garlic and Tomato Panini (V) Lemon Arugula Salad (V) Marinara Sauce (VE)	Hamburger or Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE)	Mediterranean Wrap (VE) Southwest Burrito (V) Green Garden Salad (VE)
Monday	Tuesday	Wednesday	Thursday	Friday • Peanut Butter and/or
 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)
			Seasonal Fresh Fruit	OFNS has an extensive

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

• **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey







Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF WYON	Colby Cheese Stick (V) Fresh Fruit (VE)		Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	
5	6	7	8	9	
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	la (V) Crispy Tortilla (VE) Cheddar Cheese Stick (V) Salsa (VE) Fresh Fruit (VE)		Heart Shaped Pretzels (VE) Hummus Cup (VE)	
12	13	14	15	16	
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	
19	20	21	22	23	
Honey Graham Crackers (V) Milk (V)	m Crackers (V) Assorted Granola (V) Crispy Fortilla (VE) Stick (V) Salsa (VE)		Stick (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	
26	27	28	29	30	
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit
Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







ARE HIGHLIGHED IN GREEN ARE HIGHLIGHED IN GREEN Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit			7100001 = 0				
CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh F	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CELEBRATING LOCALLY SQURGED & PRODUCED FOOD ALL NEW YORK TEMS ARE HIGHLIGHED IN GREEN 4 5 6 7 7 8 1talian Veggle Chicken Salad Hoagie Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fru		, and the second second			1	2	3
ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN 4	CELEBRATING	SE SA					Curried Chicken Wrap
ARE HIGHLIGHED IN GREEN 4 5 6 7 7 8 8 9 1 Chicken Salad Hoagle Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	PRODUCED FOOD	a de la companya de l			Basil Corn Salad (V)	Fresh Tomato Salad (V)	Ranch Carrots Snacker (V)
Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) F		EW 1			Fresh Fruit (VE)	Fresh Fruit (VE)	Fresh Fruit (VE)
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fru	4	5	6	7	8	· · · · · · · · · · · · · · · · · · ·	10
Fresh Fruit (VE) Assorted Cold Vegetarian Option (V) Fresh Fruit (VE) Fre	Chicken Salad Hoagie				Chicken Tender Wrap		Curried Chicken Wrap
Tresh Fruit (VE) 11 12 13 14 15 16 11 16 11 16 11 16 11 17 18 18 19 20 21 21 Asian Red Cabbage Slaw (V) Fresh Fruit (VE) Fresh Fruit (VE) Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad (V) Fresh Fruit (VE) Fresh Fruit (VE	Crunchy Carrot Sticks (VE)	Crunchy Carrot Sticks (VE)	Classic Potato Salad (VE)	Marinated Bean Salad (VE)	Broccoli Salad (V)		Ranch Carrots Snacker (VE)
Assorted Cold Vegetarian Option (V) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fr	Fresh Fruit (VE)	Fresh Fruit (VE)	` '	Fresh Fruit (VE)	Fresh Fruit (VE)	· ·	Fresh Fruit (VE)
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Frui	11		13	14	15	16	17
Salad (V) Fresh Fruit (VE) Fresh Fruit (Chicken Salad Hoagie			Chicken Caesar Wrap			Curried Chicken Wrap
Fresh Fruit (VE) 18 19 20 21 22 23 23 24 Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) F	Crunchy Carrot Sticks (VE)	-	Asian Red Cabbage Slaw (V)	Lemon Arugula Salad (V)	Basil Corn Salad (V)	Fresh Tomato Salad (V)	Ranch Carrots Snacker (V)
Chicken Salad Hoagie Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Assian Sesame Crispy Chicken Grab & Go Salad Marinated Bean Salad (VE) Fresh Fruit (VE) Assorted Cold Vegetarian Option (V) Crispy Chicken Grab & Go Salad Chicken Caesar Wrap Chicken Salad Hoagie Chicken Salad Hoagie Chicken Tender Wrap Broccoli Salad (V) Fresh Fruit (VE) Curried Chicken Wrap Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad Chicken Wrap (VE) Curried Chicken Wrap			` '			` '	
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Crunchy Carrot Sticks (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Chicken Tender Wrap Broccoli Salad (V) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Curried Chicken Wrap Chicken Salad (VE) Fresh Fruit (VE) Curried Chicken Wrap Chicken Salad (VE) Fresh Fruit (VE) Curried Chicken Wrap Chicken Salad Hoagie Chicken Salad Hoagie Chicken Salad Hoagie Chicken Wrap (VE)	18	19	20	21	22		24
Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE) Fresh Fruit (VE) Cucumber Salad (VE) Fresh Fruit (VE)	Chicken Salad Hoagie				Chicken Tender Wrap		Curried Chicken Wrap
Fresh Fruit (VE) 25 26 Chicken Salad Hoagie Fresh Fruit (VE) Chicken Salad Fresh Fruit (VE) Fresh Fruit (VE) Fresh Fruit (VE) Chicken Salad Fresh Fruit (VE) Chicken Salad Hoagie Chicken Salad Hoagie Chicken Wrap (VE) Fresh Fruit (VE) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE)	Crunchy Carrot Sticks (VE)	Classic Potato Salad (VE)	Marinated Bean Salad (VE)	Broccoli Salad (V)		Ranch Carrots Snacker (VE)
Assorted Cold Chicken Salad Hoagie Assorted Cold Vegetarian Option (V) Grab and Go Salad Chicken Caesar Wrap Chicken Caesar Wrap Hoagie Chicken Salad	Fresh Fruit (VE)	. ,		, ,			Fresh Fruit (VE)
Chicken Salad Hoagie Vegetarian Option (V) Grab and Go Salad Chicken Caesar Wrap Hoagie Chicken Salad Mediterranean Curried Chicken Wrap Chicken Salad Mediterranean Curried Chicken Wrap Hoagie Chicken Salad Mediterranean Curried Chicken Wrap	25		27	28	29	30	31
Crunchy Carret Sticks (VE) Paleonia Chicknes Loman Arusula Salad (V)	Chicken Salad Hoagie			Chicken Caesar Wrap			Curried Chicken Wrap
Crunchy Carrot Sticks (VE) Salad (V) Salad (V) Asian Red Cabbage Slaw (V) Asian Red Cabbage Slaw (V) Basil Corn Salad (V) Fresh Tomato Salad (V) Ranch Carrots Snacker (V)	Crunchy Carrot Sticks (VE)	Balsamic Chickpea Salad (V)	Asian Red Cabbage Slaw (V)	Lemon Arugula Salad (V)	Basil Corn Salad (V)	Fresh Tomato Salad (V)	Ranch Carrots Snacker (V)
Fresh Fruit (VE)	Fresh Fruit (VE)		Fresh Fruit (VE)	Fresh Fruit (VE)	Fresh Fruit (VE)	Fresh Fruit (VE)	Fresh Fruit (VE)

Milk* 1% Low-fat Fat Free **Fat Free Chocolate**

*Alternative options are available upon request

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines,

Oranges, Peaches, Pears, Plums, Bananas, Watermelon, and Strawberries (VE)

Condiments

Mustard Mayonnaise

ATTENTION:

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



