

FEBRUARY 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
morrady	l'or	rrounceday	1	2
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Chef Choice or Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
5	6	7	8	9
Chef Choice or Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Chef Choice or Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Chef Choice or Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Chef Choice or Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
12	13	14	15	16
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
26	27	28	29	
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	

Milk 1% Low-fat (V) Fat Free (V)

Fat Free Chocolate (V)
Alternative options are
available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







FEBRUARY 2024: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Chef Choice or Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
5	6	7	8	9
Chef Choice or Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Chef Choice or Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Chef Choice or Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Chef Choice or Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
12	13	14	15	16
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
26	27	28	29	
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	
		OFFERED DAILY	Seasonal Fresh Fruit	OFNS has an extensive

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are

available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk) Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

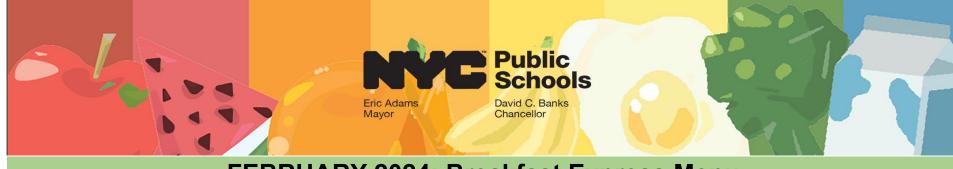
Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List



ATTENTION:

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF TOP		Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
5	6	7	8	9
Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Banana Muffin (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
12	13	14	15	16
Toasted Oats (V) Blueberry Granola (V) Applesauce (VE)	Blueberry Muffin (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Frosted Mini Wheats Blueberry Granola (V) Strawberry Banana Apple Sauce (VE)	Honey Corn Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
26	27	28	29	
Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Honey Corn Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	

Milk

1% Low-fat (V) Fat Free (V)

Fat Free Chocolate (V) Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices Shredded Wheat **Toasted Oats (VE)**

Multi-Grain Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

> Condiments Syrup (VE)

OFNS has an extensive **Prohibitive Ingredients List**



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products









Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF WANTER TO SERVICE WAS A SER		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
5	6	7	8	9
Blueberry Muffin (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
12	13	14	15	16
Blueberry Muffin (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Blueberry Muffin (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)
26	27	28	29	
Blueberry Muffin (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	

Milk
1% Low-fat (V)
Fat Free (V)

Fat Free Chocolate (V)
Alternative options are
available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Assorted Yogurts

Alternate Fruit
Peaches, Pineapples
Pears, Applesauce

OFNS has an extensive Prohibitive Ingredients List



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

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- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
5	6	7	8	9
Banana Muffin (V) Hot Oatmeal (V)	Rise and Shine Waffles (V) Hot Oatmeal (V)	Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V)	Egg and Cheese on a Soft Roll (V) Hot Oatmeal (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)
Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Assorted Fruits and Applesauce (VE) Milk (V)	Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
12	13	14	15	16
Blueberry Muffin (V) Hot Oatmeal (V)	Buttermilk Pancakes (V)	Apple Cinnamon Breakfast Bread (V)	Rise and Shine Waffles (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)
Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Yogurt Choice (V) Hot Oatmeal (V)	Rise and Shine Waffles (V)	Zucchini Carrot Breakfast Bread (V)	Egg and Cheese on a Whole Grain Croissant (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)
Seasonal Fresh Fruit or Diced	Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (VE)
Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
26	27	28	29	
Banana Muffin (V)	Rise and Shine Waffles (V)	Zucchini Carrot Breakfast Bread (V)	Egg and Cheese on a Soft Roll (V)	
Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (V)	
Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Assorted Fruits and Applesauce (VE) Milk (V)	
		OFFERED DAILY		OFNS has an extensive

Milk Whole Milk (V)

Alternative options are available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

<u>Seasonal Fresh Fruit</u> Apple Slices, Blueberries,

Apple Slices, Blueberries, Oranges, Mandarins, and Bananas (VE)

Other Fruits
Apple Sauce, Sliced Peaches,
Diced Pears, Pineapples

Cold Cereal Choices

Multi-Grain Oats (VE)

Toasted Oats (VE)

Oat Circles (VE)

Cinnamon Flakes (VE)

Options may vary by location

Assorted Yogurts

Condiments Syrup (VE)



Prohibitive Ingredients List

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.







FEBRUARY 2024: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	to .		1	2
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
5	6	7	8	9
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
12	13	14	15	16
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
26	27	28	29	
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices

Multi-Grain Oats (VE)

Toasted Oats (VE)

Oat Circles (VE)

Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

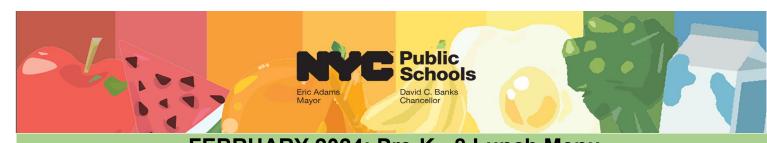
Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	
			Chef Choice	
OF ON			or	
			Turkey Burger	Kidney Bean Rajma* (VE)
The second secon			Turkey	Rajilla (VE)
NEW TO			Cheeseburger	Three Cheese Grilled
EW.			Whole Wheat Bun Fish and Cheese	Cheese (V)
WE PROUDLY SUPPORT			Sandwich	Kachumber Salad (VE)*
LOCALLY SOURCED, GROWN,			Whole Wheat Bun	Flatbread (VE)
HARVESTED OR PRODUCED FOOD.			Herb Roasted Potatoes (VE)	(,
ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
5	6	7		
_			_	-
Oh of Oh of o		Chef Choice	Ohaf Ohaia	
Chef Choice or	Chef Choice	or or	Chef Choice or	Cajun Pinto Beans (VE) with Brown Rice (VE)
French Bread Pizza (V)	or	Mozzarella Sticks	Chicken Tender Melt	, ,
	Caribbean Style Beef Patty	with marinara sauce (VE)	Whole Wheat Bun	Three Cheese Grilled Cheese (V)
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Roasted Zucchini (VE)	Superhero Spinach (VE)	` '
Salad Bar				Spiced Sweet Potatoes (VE)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Rainbow Bar	Pizza Bar	Rainbow Bar	Fiesta Bar
12	13	14	15	16
			0: 01:1 0"	
			Crispy Chicken Bites with Dipping Sauce	White Bean and
Sicilian Slice Pizza (V)	Coff Turkey Too	Manicotti (V)		Pasta Primavera (VE)
	Soft Turkey Taco	in Marinara	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Street Style Corn (V)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Onland David		Croumou Opmuom (c)	Dinner Roll (V)	Crispy Broccoli (V)
<i>Salad Bar</i> Pizza Bar			Diffiler Roll (V)	
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Salad Bar
Midwinter Recess 19	1711	Midwinter Recess 21	Midwinter Recess 22	•
			Turkey Burger	
		Diastic Fran	rurkey burger	
		Plastic Free	Turkey	Kidney Bean
Pizza by the Slice (V)	Fiesta Quesadilla (V)	<u>Lunch Day</u>	Cheeseburger Whole Wheat Bun	Rajma* (VE)
	, ,	Garlic and Tomato	Fish and Obsess	Three Cheese Grilled
Kid Friendly Kale Salad (V)	Fiesta Black Beans (VE)	Panini (V)	Fish and Cheese Sandwich	Cheese (V)
	Served with Salsa (VE)	Baby Carrots (VE)	Whole Wheat Bun	Kachumber Salad (VE)*
Salad Bar			Herb Roasted Potatoes (VE)	Flatbread (VE)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Leafy Green Salad Bar	Plastic Free Lunch Bar	Classic Toppings	Mediterranean Bar
26	27	28	29	
French Bread Pizza (V)	Coulbbean Otals D. CD.	Mozzarella Sticks	Chieken Tandar Mali	
	Caribbean Style Beef Patty	with marinara sauce (VE)	Chicken Tender Melt	
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Roasted Zucchini (VE)	Superhero Spinach (VE)	
Colod Box		,		
<i>Salad Bar</i> Pizza Bar				
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Rainbow Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Manicotti
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	Thursday	Friday
Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &
Jelly (VE)	Jelly (VE)	Jelly (VE)	Jelly (VE)	Jelly (VE)
Hummus and Crackers (V)Hot or Cold Cheese	Hummus and Crackers (V)Hot or Cold Cheese	Hummus and Crackers (V)Hot or Cold Cheese	Hummus and Crackers (V)Hot or Cold Cheese	Hummus and Crackers (V)Hot or Cold Cheese
Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)
				OFNS has an extensive

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



* Recipes created in collaboration with OFNS and the Chef Council

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Monday	Tuesday	Wednesday	Thursday	Friday
<i>a</i>			1	_
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
5	6	7	8	9
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
12	13	15	15	16
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE) Lemon Arugula Salad (V)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Crispy Tortillas (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
00	0.7	00	00	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are

available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)
5	6	7	8	9
Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)
12	13	14	15	16
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Soft Turkey Taco Street Style Corn (V) Served with Salsa (VE)	Manicotti (V) in Marinara Creamed Spinach (V)	Crispy Chicken Bites Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)	Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)
26	27	28	29	
Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V)**: A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







FEBRUARY 2024: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
 Daily Lunch Specials Hummus and Soft Roll (VE) 8 oz. Yogurt (V) Tuna Options may vary by location 	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	A VEW TO	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
5	6	7	8	9
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
12	13	14	15	16
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Honey Butternut Squash (V) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
26	27	28	29	
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Honey Butternut Squash (V) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	
				OFNS has an extensive

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian(VE) Indicates Vegan

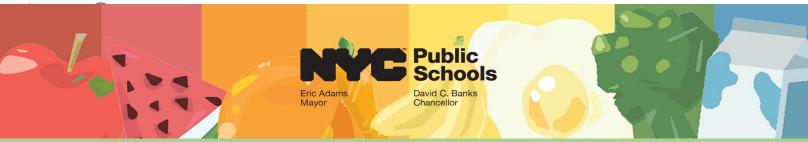
Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree



FEBRUARY 2024: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers (VE) • 4 oz. Yogurt (V) • Tuna Sandwich Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Turkey Burger Whole Wheat Bun Herb Roasted Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Burger (V) Italian Marinated Cucumber Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
5	6	7	8	9
French Bread Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Tenders Superhero Spinach (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce Butternut Squash (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
12	13	14	15	16
Sicilian Slice Pizza (V) Italian Green Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Soft Turkey Taco Steamed Corn (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Manicotti (V) with marinara sauce (VE) Creamed Spinach (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Pizza by the Slice (V) Seasoned Chickpeas (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fiesta Quesadilla (V) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Cheesey Garlic Bread (V) Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Turkey Burger Whole Wheat Bun Herb Roasted Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Burger (V) Italian Marinated Cucumber Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
26	27	28	29	
French Bread Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Tenders Superhero Spinach (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	

ATTENTION:

Milk*
Whole Milk (V)
*Alternative options are available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apple Slices, Oranges, Mandarins, and Bananas (VE)

Other Fruits
Apple Sauce, Sliced Peaches,
Diced Pears, Pineapples (VE)

OFNS has an extensive Prohibitive Ingredients List

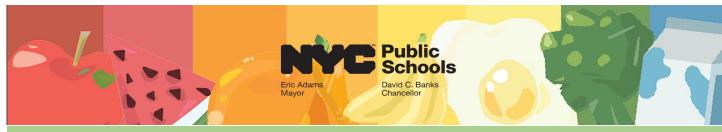


PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.

Consistencies upon request: puree, mashed and finely chopped.

* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Monday	Tuesday	Wednesday	Thursday	Friday
Wioriday	Tuesuay	Wednesday	1 Titul Suay	1 Huay
GE ON				Zesty Chickpea Stew (VE)
			Zucchini Parmigiana (V) Spaghetti Marinara (VE)	Three Cheese Grilled
NEW 10			Basil Corn Salad (VE)	Cheese (V) Kachumber Salad (VE)*
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR				Flatbread (VE)
PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN			Salad Bar Leafy Green Salad Bar	<i>Salad Bar</i> Mediterranean Bar
5	6	7	8	9
French Bread Pizza (V)		White Bean and		Cajun Pinto Bean (VE) with Brown Rice (VE)
Garlicky Green Bean (VE)	Teriyaki Veggie Nuggets (VE)	Pasta Primavera (VE)	Red White and Green Panini (V)	Three Cheese Grilled Cheese (V)
Salad Bar	Ginger Carrots (V) Brown Rice (VE)	Crispy Broccoli (V)	Seasoned Wedge Fries (VE)	Honey Butternut Squash (V)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Leafy Green Salad Bar	Salad Bar Rainbow Bar	Salad Bar Classic Toppings	Salad Bar Fiesta Bar
12	13	14	15	16
	Big City			Guisado Kidney Beans (VE)*
Sicilian Slice Pizza (V)	Bean Taco (VE) Street Style Corn (V)	Manicotti (V) in Marinara	Mozzarella Sticks (V) with Marinara Sauce (VE)	Three Cheese Grilled Cheese (V)
Italian Green Beans (VE)	Served with Salsa (VE)	Creamed Spinach (V)	Superhero Spinach (VE)	Brown Rice (VE)
Salad Bar Pizza Bar				Roasted Carrot Coins (VE)
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	<i>Salad Bar</i> Leafy Green Salad Bar	<i>Salad Bar</i> Pizza Bar	<i>Salad Bar</i> Leafy Green Salad Bar
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
		Plastic Free		Zesty Chickpea Stew (VE)
Pizza by the Slice (V)	Veggie Burger (VE) Veggie Cheeseburger (V)	<u>Lunch Day</u> Garlic and Tomato	Zucchini Parmigiana (V)	Three Cheese Grilled Cheese (V)
Kid Friendly Kale Salad (V)	Whole Wheat Bun	Panini (V)	Spaghetti Marinara (VE)	Kachumber Salad (VE)*
Salad Bar	Seasoned Wedge Fries (VE)	Baby Carrots (VE)	Basil Corn Salad (VE)	Flatbread (VE)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Classic Toppings	Salad Bar Plastic Free Lunch Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Mediterranean Bar
26	27	28	29	
5 15 15: 40	Teriyaki	White Bean and	Red White and Green Panini (V)	
French Bread Pizza (V)	Veggie Nuggets (VE)	Pasta Primavera (VE)	Seasoned Wedge Fries (VE)	
Garlicky Green Bean (VE)	Ginger Carrots (V)	Crispy Broccoli (V)	Balsamic Chickpea Salad (V)	
Salad Bar	Brown Rice (VE) Salad Bar	Salad Bar	Salad Bar	
Welcome Back Bar	Leafy Green Salad Bar	Rainbow Bar	Classic Toppings	Friday
Monday • Peanut Butter and/or Sunflower Seed Butter &	Tuesday • Peanut Butter and/or Supfleyer Seed Butter 8	Wednesday • Peanut Butter and/or Supflower Seed Butter 8	Thursday Peanut Butter and/or Sunflower Seed Butter &	Friday • Peanut Butter and/or Supflower Sood Butter 8
Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)
 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)
		OFFERED DAILY		

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: J.H.S. & Middle School Lunch Menu

1	NUAKT 2024. J.	.Π.S. α Miluule	Concor Lancin	Meria
Monday	Tuesday	Wednesday	Thursday	Friday
			1	
4				
			Chef Choice	
OF ONE ON			or Turkey Burger	Kidney Bean
			Turkey burger	Rajma* (VE)
			Turkey	rtajilia (VL)
10			Cheeseburger	Three Cheese Grilled
(EM)			Whole Wheat Bun	Cheese (V)
			Fish and Cheese	Kachumber Salad (VE)*
WE PROUDLY SUPPORT			Sandwich Whole Wheat Bun	Kachumber Salad (VE)
LOCALLY SOURCED, GROWN, HARVESTED OR			Whole Wheat Ball	Flatbread (VE)
PRODUCED FOOD.			Herb Roasted Potatoes (VE)	0 / / 0
ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
5	6	7	•	
•	•	,	•	•
Chef Choice	Chef Choice	Chef Choice	Chef Choice	
or	or	or	or	Cajun Pinto Beans (VE)
French Bread Pizza (V)	Caribbean Style Beef	Mozzarella Sticks	Chicken Tender Melt	with Brown Rice (VE)
	Patty	with marinara sauce (VE)	Whole Wheat Bun	Three Cheese Grilled
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Roasted Zucchini (VE)	Superhero Spinach (VE)	Cheese (V)
				Spiced Sweet Potatoes (VE)
Salad Bar				opiced oweet Folatoes (VE)
Pizza Bar				
(With Balsamic	Salad Bar Rainbow Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
Chickpea Salad)				
12	13	14	15	16
			Crispy Chicken Bites	White Bean and
Sicilian Slice Pizza (V)			with Dipping Sauce	Pasta Primavera (VE)
	Soft Turkey Taco	Manicotti (V)	Jollof Cauliflower (V)*	
Italian Green Beans (VE)	-	in Marinara		Three Cheese Grilled Cheese (V)
	Street Style Corn (V)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	G110000 (1)
		Oreamed Opinion (*)	Wouge Fries (VL)	Crispy Broccoli (V)
Salad Bar			Dinner Roll (V)	
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Fiesta Bar	Leafy Green Salad Bar	Rainbow Bar	Leafy Green Salad Bar
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
			Turkey Burger	
		Plastic Free		Kidnov Boon
		Lunch Day	Turkey	Kidney Bean Rajma* (VE)
Pizza by the Slice (V)	Fiesta Quesadilla (V)	Lunch Day	Cheeseburger Whole Wheat Bun	Rajilla (VE)
	r iesta Quesauma (V)	Garlic and Tomato		Three Cheese Grilled
Kid Friendly Kale Salad (V)	Fiesta Black Beans (VE)	Panini (V)	Fish and Cheese	Cheese (V)
	Served with Salsa (VE)		Sandwich	Kachumber Calcal (1/5)*
		Baby Carrots (VE)	Whole Wheat Bun	Kachumber Salad (VE)*
Salad Bar			Herb Roasted Potatoes (VE)	Flatbread (VE)
Pizza Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
(With Balsamic Chickpea Salad)	Leafy Green Salad Bar	Plastic Free Lunch Bar	Classic Toppings	Mediterranean Bar
26		28		
French Bread Pizza (V)	Caribbean Style Beef	Mozzarella Sticks	Chicken Tender Melt	
	Patty	with marinara sauce (VE)	Superhero Spinach (VE)	
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Roasted Zucchini (VE)	oupornoro opinacii (VE)	
Salad Bar				
Pizza Bar				
(With Balsamic	Salad Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	
Chickpea Salad)	Rainbow Bar Tuesdav		Thursday	Friday
Monday • Peanut Butter and/or	• Peanut Butter and/or	Wednesday • Peanut Butter and/or	• Peanut Butter and/or	<u>Friday</u> • Peanut Butter and/or
Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &
Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)
Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese
Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)
Alternative options are
available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and

animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Chef Choice or Charlespare (VE) Garticky Green Bean (VE) Salad Bar Pizza Bar (With Balsamic Chickpes Salad Bar Pizza Bar Pizza Bar (With Balsamic Chickpes Salad Bar Pizza Bar (With Balsamic Chickpes Salad Bar Pizza Bar Pi	HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Herb Roasted Potatoes (VE) Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
Chef Choice or French Bread Pizza (V) Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Seaso		6	7		
Salad Bar (With Balsamic Chickpes Salad) 12 13 14 15 16 Sicilian Slice Pizza (V) Italian Green Beans (VE) Soft Turkey Taco Street Style Corn (V) Salad Bar Pizza Bar (With Balsamic Chickpes Salad) Salad Bar Pizza Bar (With Balsamic Chickpes Salad) Midwinter Recess 19 Midwinter Recess 20 Midwinter Recess 21 Midwinter Recess 22 Midwinter Recess 23 Midwinter Recess 24 Midwinter Recess 25 Midwinter Recess 26 Midwinter Recess 27 Midwinter Recess 27 Midwinter Recess 28 Midwinter Recess 29 Midwinter Recess 20 Midwinter Recess 21 Midwinter Recess 22 Midwinter Recess 23 Midwinter Recess 24 Midwinter Recess 25 Midwinter Recess 26 Midwinter Recess 26 Midwinter Recess 27 Midwinter Recess 27 Midwinter Recess 28 Midwinter Recess 29 Midwinter Recess 20 Midwinter Re	or French Bread Pizza (V)	or Caribbean Style Beef Patty	Chef Choice or Mozzarella Sticks with marinara sauce (VE)	Chef Choice or Chicken Tender Melt Whole Wheat Bun	with Brown Rice (VE) Three Cheese Grilled
Sicilian Slice Pizza (V) Italian Green Beans (VE) Soft Turkey Taco Street Style Corn (V) Salad Bar Pizza Bar (With Balsamic Chickpes Salad) Pizza by the Slice (V) Salad Bar Pizza Bar (With Balsamic Chickpes Balad) Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE) Salad Bar Pizza Bar (With Balsamic Chickpes Salad) Salad Bar Chickpes Salad) Salad Bar Leafy Green Salad Bar Pizza Bar (With Balsamic Chickpes Salad) Salad Bar Classic Toppings Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE) Salad Bar (With Balsamic Chickpes Salad) Salad Bar Relinbow Bar Salad Bar Classic Toppings Chickpen Tender Melt Superhero Spinach (VE) Chicken Tender Melt Superhero Spinach (VE) Salad Bar Relinbow Bar	Pizza Bar (With Balsamic				Salad Bar
Sicilian Slice Pizza (V) Italian Green Beans (VE) Soft Turkey Taco Street Style Corn (V) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Pizza by the Slice (V) Fiesta Quesadilla (V) Fiesta Black Beans (VE) Salad Bar Pizza Bar (With Salsamic Chickpea Salad) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar Leafy Green Salad Bar Rajma* (VE) Midwinter Recess 22 Midwinter Recess 22 Midwinter Recess 22 Midwinter Recess 22 Midwinter Recess 23 Midwinter Recess 22 Midwinter Recess 23 Midwinter Recess 24 Midwinter Recess 25 Midwinter Recess 26 Midwinter Recess 26 Midwinter Recess 27 Turkey Cheeseburger Turkey Cheeseburger Whole Wheat Bun Herb Roadsed Potatoes (VE) Salad Bar (With Balsamic Chickpea Salad) Salad Bar (With Balsamic Chickpea Salad) Caribbean Style Beef Patty Garlicky Green Bean (VE) Salad Bar (With Balsamic Chickpea Salad) Salad Bar (Rajmbow Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar (Rajmbow Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar (Rajmbow Bar Ribbow Bar Ribbow Bar Chickpea Salad) Salad Bar (Rajmbow Bar Ribbow Bar Ribbow Bar Chickpea Salad) Salad Bar (Rajmbow Bar Ribbow Bar Ribbow Bar Ribbow Bar Chickpea Salad) Salad Bar (Rajmbow Bar Ribbow Bar Chickpea Salad) Salad Bar (Rajmawara (VE) Three Cheese Gri					
(With Balsamic Chickpea Salad) Fiesta Bar Midwinter Recess 19 Midwinter Recess 20 Midwinter Recess 21 Midwinter Recess 21 Midwinter Recess 22 Midwinter Recess 23 Turkey Burger Turkey Cheeseburger Whole Wheat Bun Fiesta Black Beans (VE) Served with Salsa (VE) Served with Salsa (VE) Served with Salsa (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Zef 27 Zef 28 Salad Bar Caribbean Style Beef Patty Garlicky Green Bean (VE) Seasoned Wedge Fries (VE) Salad Bar Pizza Bar Pizza Bar Pizza Bar Pizza Bar Salad Bar Pizza Bar Chickpea Salad) Salad Bar Pizza Bar Salad Bar Rainbow Bar Salad Bar Rainbow Bar	Sicilian Slice Pizza (V) Italian Green Beans (VE)	Soft Turkey Taco	Manicotti (V) in Marinara	Crispy Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V)
Pizza by the Slice (V) Kid Friendly Kale Salad (V) Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Carribbean Style Beef Patty Garlicky Green Bean (VE) Seasoned Wedge Fries (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar Rainbow Bar Rinbow Bar Kidney Bean Rajma* (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Kachumber Salad (VE)* Flatbread (VE) Kachumber Salad (VE)* Kachumber Sal	(With Balsamic Chickpea Salad)	Fiesta Bar	Leafy Green Salad Bar	Rainbow Bar	Leafy Green Salad Bar
French Bread Pizza (V) Caribbean Style Beef Patty Garlicky Green Bean (VE) Seasoned Wedge Fries (VE) Seasoned Wedge Fries (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad) Salad Bar Rainbow Bar Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE) Superhero Spinach (VE) Salad Bar Salad Bar Rainbow Bar Rainbow Bar Rainbow Bar	Kid Friendly Kale Salad (V) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	Fiesta Black Beans (VE) Served with Salsa (VE) Salad Bar Leafy Green Salad Bar	Lunch Day Garlic and Tomato Panini (V) Baby Carrots (VE) Salad Bar Plastic Free Lunch Bar	Turkey Cheeseburger Whole Wheat Bun Fish and Cheese Sandwich Whole Wheat Bun Herb Roasted Potatoes (VE) Salad Bar Classic Toppings	Rajma* (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) Salad Bar Mediterranean Bar
Caribbean Style Beef Patty Garlicky Green Bean (VE) Seasoned Wedge Fries (VE) Seasoned Wedge Fries (VE) Roasted Zucchini (VE) Superhero Spinach (VE)	26	27	28	29	
Chickpea Salad) Rainbow Bar Pizza Bar Rainbow Bar	Garlicky Green Bean (VE) Salad Bar	, ,	with marinara sauce (VE)		
	,				
					Friday

 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)
 Hummus and Crackers
 Hot or Cold Chasses

Hummus and Crackers (V)
 Hot or Cold Cheese
 Sandwich (V)

<u>Milk</u>

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are

available upon request

ATTENTION:

Peanut Butter and/or

Jelly (VE)

Sandwich (V)

Sunflower Seed Butter &

Hummus and Crackers (V)Hot or Cold Cheese

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Peanut Butter and/or

Jelly (VE)

Sandwich (V)

Sunflower Seed Butter &

Hummus and Crackers (V)Hot or Cold Cheese

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Peanut Butter and/or

Jelly (VE)

Sandwich (V)

Sunflower Seed Butter &

Hummus and Crackers (V)Hot or Cold Cheese

OFNS has an extensive Prohibitive Ingredients List available at:

 Peanut Butter and/or Sunflower Seed Butter &

Hummus and Crackers (V)Hot or Cold Cheese

Jelly (VE)

Sandwich (V)



* Recipes created in collaboration with OFNS and the Chef Council

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
5	6	7	8	9
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
12	13	14	15	16
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Crispy Tortillas (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
26	27	28	29	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)
5	6	7	8	9
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)
12	13	14	15	16
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Soft Turkey Taco Street Style Corn (V) Served with Salsa (VE)	Manicotti (V) in Marinara Creamed Spinach (V)	Crispy Chicken Bites Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)	Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)
26	27	28	29	
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Hot Confetti Corn (VE)	Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)	
Monday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	Wednesday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	Thursday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) OFNS has an extensive

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



	FEBRUAR'	Y 2024: Food C	ourt Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
*			1	2
OF ON			Chef Choice	
			or Turkey Burger	Kidney Bean
NEW 10			Turkey Cheeseburger	Rajma* (VE) Three Cheese Grilled
			Whole Wheat Bun Fish and Cheese	Cheese (V)
WE PROUDLY SUPPORT LOCALLY SOURCED,			Sandwich Whole Wheat Bun	Kachumber Salad (VE)*
GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS			Herb Roasted Potatoes (VE) Salad Bar	Flatbread (VE) Salad Bar
ARE HIGHLIGHED IN GREEN.			Classic Toppings	Mediterranean Bar
5	6	7	8	9
Chef Choice	Chef Choice	Chef Choice		Cajun Pinto Beans (VE)
or French Bread Pizza (V)	or Caribbean Style Beef	or Mozzarella Sticks	Chef Choice or	with Brown Rice (VE) Three Cheese Grilled
Garlicky Green Bean (VE)	Patty Seasoned Wedge Fries (VE)	with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt Whole Wheat Bun	Cheese (V)
	3	(\-)	Superhero Spinach (VE)	Honey Butternut Squash (V)
Salad Bar Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Rainbow Bar	Pizza Bar	Rainbow Bar	Fiesta Bar
12	13	14	15	16
Sicilian Slice Pizza (V)			Crispy Chicken Bites with Dipping Sauce	White Bean and
	Soft Turkey Taco	Manicotti (V) in Marinara	Jollof Cauliflower (V)*	Pasta Primavera (VE)
Italian Green Beans (VE)	Street Style Corn (V) Served with Salsa (VE)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	Three Cheese Grilled Cheese (V)
Salad Bar Pizza Bar	Salad Bar	Salad Bar	Dinner Roll (V)	Crispy Broccoli (V) Salad Bar
(With Balsamic Chickpea Salad)	Fiesta Bar	Leafy Green Salad Bar	Salad Bar Rainbow Bar	Leafy Green Salad Bar
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
			Turkey Burger	
			Turkey	Kidney Bean Rajma* (VE)
Pizza by the Slice (V)	Fiesta Quesadilla (V)	Garlic and Tomato	Cheeseburger Whole Wheat Bun	Three Cheese Grilled
	Fiesta Black Beans (VE)	Panini (V)	Fish and Cheese Sandwich	Cheese (V)
Kid Friendly Kale Salad (V)	Served with Salsa (VE)	Baby Carrots (VE)	Whole Wheat Bun	Kachumber Salad (VE)*
Salad Bar Pizza Bar	Salad Bar	Salad Bar	Herb Roasted Potatoes (VE) Salad Bar	Flatbread (VE)
(With Balsamic Chickpea Salad)	Leafy Green Salad Bar	Plastic Free Lunch Bar	Classic Toppings	Salad Bar Mediterranean Bar
26	27	28	29	
French Bread Pizza (V)	Caribbean Style Beef Patty	Mozzarella Sticks with marinara sauce (VE)	Chicken Tender Melt	
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Roasted Zucchini (VE)	Superhero Spinach (VE)	
Salad Bar Pizza Bar				
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Pizza Bar	<i>Salad Bar</i> Rainbow Bar	
Monday	Tuesday	Wednesday	Thursday	Friday
Peanut Butter and/or Sunflower Seed Butter &	Pizza (V)Peanut Butter and/or	Pizza (V) Peanut Butter and/or	Pizza (V) Peanut Butter and/or	Peanut Butter and/or Sunflower Seed Butter &
Jelly (VE) • Hummus and Crackers (V)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Jelly (VE) • Hummus and Crackers (V)
Hot or Cold Cheese Sandwich (V)	Hummus and Crackers (V) Hot or Cold Cheese	Hummus and Crackers (V) Hot or Cold Cheese	• Hummus and Crackers (V)	Hot or Cold Cheese Sandwich (V)
Dandwich (v)	Sandwich (V)	Sandwich (V)	Sandwich (V)	Candwich (V)
				OFNS has an extensive

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

O.F.N.S. TIFOOD



FEBRUARY 2024: After School Snack Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	6	7	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	
12	13	14	15	16	
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)	
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23	
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	
26	27	28	29		
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)		

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit
Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF THE WYON		Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
5	6	7	8	9
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
12	13	14	15	16
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
26	27	28	29	
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	

Milk
Whole Milk (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







FEBRUARY 2024: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	,		1	2
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V)
5	6	7	8	9
Red, White and Green Panini (V) Balsamic Chickpea Salad (V)	Balsamic Chicken Grab and Go Salad Served with Salsa (VE)	Curried Chicken Wrap Dipping Sauce Fresh Tomato Salad (V)	Sesame Noodle Bowl Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
12	13	14	15	16
Grab and Go Cheese Plate (V) Italian Green Beans (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Mediterranean Chicken Pasta Salad Green Garden (V)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Superhero Spinach Wrap (V) Broccoli Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V)
26	27	28	29	
Red, White and Green Panini (V) Balsamic Chickpea Salad (V)	Balsamic Chicken Grab and Go Salad Served with Salsa (VE)	Curried Chicken Wrap Dipping Sauce Fresh Tomato Salad (V)	Sesame Noodle Bowl Broccoli Salad (V)	

OFFERED DAILY

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive **Prohibitive Ingredients List** available at:



- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Pizza (V) Corn, Peas and Carrots (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
5	6	7	8	9
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Turkey Burger Whole Wheat Bun Crisp Sweet Potato Waffle Fries (VE)	Garlic and Tomato Panini (V) Roasted Zucchini (VE)	Pizza (V) Superhero Spinach (VE)	Veggie Burger (VE) Whole Wheat Bun Seasoned Wedge Fries (VE)
12	13	14	15	16
Manicotti in Marinara Sauce (V) Italian Green Beans (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Cilantro Healthy Coleslaw (V)	Crispy Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE)	Soft Turkey Taco Street Style Corn (V)	Pizza (V) Parmigiana Spinach (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Homemade Grilled Cheese Sandwich (V) Crispy Broccoli (V)	Fish and Cheese Sandwich Whole Wheat Bun Baked Sweet Potato Wedge Fries (VE)	Chicken Tenders Slow Roasted Baby Carrots (V) Dinner Roll (V)	Pizza (V) Corn, Peas and Carrots (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
26	27	28	29	
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Turkey Burger Whole Wheat Bun Crisp Sweet Potato Waffle Fries (VE)	Garlic and Tomato Panini (V) Roasted Zucchini (VE)	Pizza (V) Superhero Spinach (VE)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



[•] **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

[•] Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	,		1	2
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Pizza (V) Roasted Zucchini (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
5	6	7	8	9
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Super Hero Spinach Wrap (V) Baked Beans (VE)	Pizza (V) Roasted Chickpeas With Basil Pesto (V)	Three Cheese Grilled Cheese (V) Street Style Corn (V)	Veggie Burger (VE) or Veggie Cheeseburger(V) Whole Wheat Bun Seasoned Wedge Fries (VE)
12	13	14	15	16
Red White and Green Panini (V) Seasoned Wedge Fries (VE)	Manicotti (V) with marinara sauce (VE) Seasoned Fresh Green Beans (V)	Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)	Pizza (V) Crispy Broccoli (V)	White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Homemade Grilled Cheese Sandwich (V) Baked Sweet Potato Wedge Fries (VE)	Vegetarian Quesadilla (V) served with Salsa (VE) Fiesta Black Beans (VE)	Mozzarella Sticks (VE) Green Garden Salad (VE)	Pizza (V) Roasted Zucchini (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
26	27	28	29	
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Super Hero Spinach Wrap (V) Baked Beans (VE)	Pizza (V) Roasted Chickpeas With Basil Pesto (V)	Three Cheese Grilled Cheese (V) Street Style Corn (V)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are

available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products









FEBRUARY 2024: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Honey Corn Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE) Milk (V)	Banana Muffin (V) Fresh Fruit (VE) Milk (V)	Blueberry Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



O.F.N.S. TIFOOD ALLIANDE







FEBRUARY 2024: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Honey Corn Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE) Milk (V)	Buttermilk Pancakes (V) Fresh Fruit (VE) Milk (V)	Blueberry Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



O.F.N.S. INFOOD A LL LANCE







FEBRUARY 2024: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Assorted Cold Sandwiches and Wraps Confetti Corn Salad (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Italian Green Beans (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Carrot Sticks (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Fresh Fruit (VE) Milk (V)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



O.F.N.S. INFOOD A LL LANCE







FEBRUARY 2024: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Grilled Cheese Sandwich (V) Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Baked Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Crispy Chicken Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



O.F.N.S. TIFOOD A L L I A N C E