

FEBRUARY 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><div>Fresh New York Bagel Assortment</div><div>Cinnamon Raisin (VE) Plain (VE)</div></div>	<div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div>		<div><div>Chef Choice or Egg and Cheese on a Whole Grain Croissant (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Assorted Fresh NY Bagels (VE)</div><div>served with Cream Cheese (V) & Jelly (VE)</div><div>Seasonal Fresh Fruit (VE)</div></div>
5	6	7	8	9
<div><div>Chef Choice or Banana Muffin (V)</div><div>Cheese Stick Choice (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Chef Choice or Rise and Shine Waffles (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Chef Choice or Zucchini Carrot Breakfast Bread (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Chef Choice or Egg and Cheese on a Buttermilk Biscuit (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Assorted Fresh NY Bagels (VE)</div><div>served with Cream Cheese (V) & Jelly (VE)</div><div>Seasonal Fresh Fruit (VE)</div></div>
12	13	14	15	16
<div><div>Blueberry Muffin (V)</div><div>Cheese Stick Choice (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Buttermilk Pancakes (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Apple Cinnamon Breakfast Bread (V)</div><div>Mozzarella Cheese Stick (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Rise and Shine Waffles (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Assorted Fresh NY Bagels (VE)</div><div>served with Cream Cheese (V) & Jelly (VE)</div><div>Seasonal Fresh Fruit (VE)</div></div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div><div>Honey Corn Breakfast Bread (V)</div><div>Cheese Stick Choice (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Rise and Shine Waffles (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Zucchini Carrot Breakfast Bread (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Egg and Cheese on a Whole Grain Croissant (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Assorted Fresh NY Bagels (VE)</div><div>served with Cream Cheese (V) & Jelly (VE)</div><div>Seasonal Fresh Fruit (VE)</div></div>
26	27	28	29	
<div><div>Banana Muffin (V)</div><div>Cheese Stick Choice (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Rise and Shine Waffles (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Zucchini Carrot Breakfast Bread (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	<div><div>Egg and Cheese on a Buttermilk Biscuit (V)</div><div>Hot Oatmeal (V)</div><div>Seasonal Fresh Fruit (VE)</div></div>	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Options may vary
by location

Cold Cereal Choice

Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

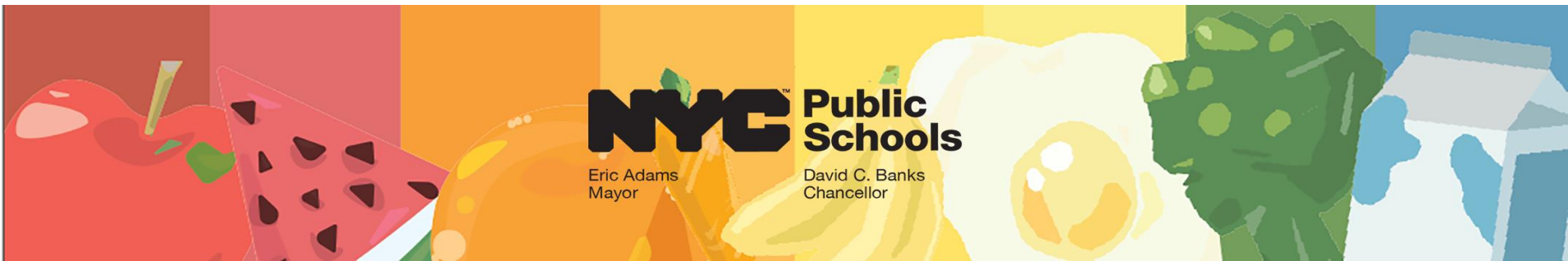
**OFNS has an extensive
Prohibitive Ingredients List
available at:**




ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

<div><div><div><div><div><div></div><div>NYC</div><div>Public Schools</div></div><div><div>Eric Adams</div><div>Mayor</div></div><div><div>David C. Banks</div><div>Chancellor</div></div></div></div><div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div></div></div></div>				
FEBRUARY 2024: High School Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</div>	<div><div><div><div></div><div>PRIDE OF NEW YORK</div></div><div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div></div></div>		<div>Chef Choice or Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
5	6	7	8	9
<div>Chef Choice or Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Chef Choice or Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Chef Choice or Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Chef Choice or Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
12	13	14	15	16
<div>Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
26	27	28	29	
<div>Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	
<div><div><div><div><div><div><div><div><div><div><div></div><div>Milk</div><div>1% Low-fat (V)</div><div>Fat Free (V)</div><div>Fat Free Chocolate (V)</div><div>Alternative options are available upon request</div></div></div><div><div>Breakfast After the Bell Grab and Go</div><div>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</div></div></div></div><div><div><div><div><div><div><div><div><div><div><div></div><div>Options may vary by location</div></div></div><div><div>Cold Cereal Choices</div><div>Shredded Wheat</div><div>Multi-Grain Oats (VE)</div><div>Toasted Oats (VE)</div><div>Oat Circles (VE)</div><div>Cinnamon Flakes (VE)</div></div></div></div><div><div>Seasonal Fresh Fruit</div><div>Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</div><div>Condiments</div><div>Syrup (VE)</div></div></div><div><div>OFNS has an extensive Prohibitive Ingredients List available at:</div><div><div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>				
<div>ATTENTION:</div> <div><div>• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey</div><div>• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products</div></div>				
<div><div><div><div><div><div></div><div>O.F.N.S.</div><div>Office of Food & Nutrition Services</div></div><div><div>DEAR SCHOOL</div><div>FOOD ALLIANCE</div></div></div></div><div>Menu subject to change. Our menus are pork free.</div></div></div>				



FEBRUARY 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>			<div>Zucchini Carrot Breakfast Bread (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
5	6	7	8	9
<div>Multigrain Oats (V)</div> <div>Honey Graham Cracker (V)</div> <div>Applesauce (VE)</div>	<div>Banana Muffin (V)</div> <div>Colby Cheese Stick (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Yogurt Choice (V)</div> <div>Assorted Granola (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
12	13	14	15	16
<div>Toasted Oats (V)</div> <div>Blueberry Granola (V)</div> <div>Applesauce (VE)</div>	<div>Blueberry Muffin (V)</div> <div>Cheddar Cheese Stick (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Cinnamon Burst Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Frosted Mini Wheats</div> <div>Blueberry Granola (V)</div> <div>Strawberry Banana Apple Sauce (VE)</div>	<div>Honey Corn Breakfast Bread (V)</div> <div>Cheddar Cheese Stick (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Yogurt Choice (V)</div> <div>Assorted Granola (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
26	27	28	29	
<div>Multigrain Oats (V)</div> <div>Honey Graham Cracker (V)</div> <div>Applesauce (VE)</div>	<div>Honey Corn Breakfast Bread (V)</div> <div>Colby Cheese Stick (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Yogurt Choice (V)</div> <div>Assorted Granola (V)</div> <div>Raisins (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Options may vary
by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:




ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>			<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Bananas (VE)</div>	<div>Banana Muffin (V)</div> <div>Hot Oatmeal (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>
5	6	7	8	9
<div>Blueberry Muffin (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Croissant (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Pears (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Bananas (VE)</div>	<div>Banana Muffin (V)</div> <div>Hot Oatmeal (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>
12	13	14	15	16
<div>Blueberry Muffin (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Croissant (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Pears (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Bananas (VE)</div>	<div>Banana Muffin (V)</div> <div>Hot Oatmeal (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Blueberry Muffin (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Croissant (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Pears (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Bananas (VE)</div>	<div>Banana Muffin (V)</div> <div>Hot Oatmeal (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>
26	27	28	29	
<div>Blueberry Muffin (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Croissant (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Pears (VE)</div>	<div>Egg Omelet on a Soft Roll (V)</div> <div>Hot Oatmeal (V)</div> <div>Fruit Offering Bananas (VE)</div>	

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

Seasonal Fresh Fruit

Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

Condiments

Syrup (VE)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices

Shredded Wheat

Multi-Grain Oats (VE)

Toasted Oats (VE)

Oat Circles (VE)

Cinnamon Flakes (VE)

Assorted Yogurts

Alternate Fruit

Peaches, Pineapples

Pears, Applesauce

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p></div>			Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
5	6	7	8	9
Banana Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Soft Roll (V) Hot Oatmeal (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
12	13	14	15	16
Blueberry Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Apple Cinnamon Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
26	27	28	29	
Banana Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Soft Roll (V) Hot Oatmeal (V) Assorted Fruits and Applesauce (VE) Milk (V)	

Milk

Whole Milk (V)

Alternative options are available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit

Apple Slices, Blueberries, Oranges, Mandarins, and Bananas (VE)

Other Fruits

Apple Sauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices

Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Options may vary by location

Assorted Yogurts

Condiments

Syrup (VE)

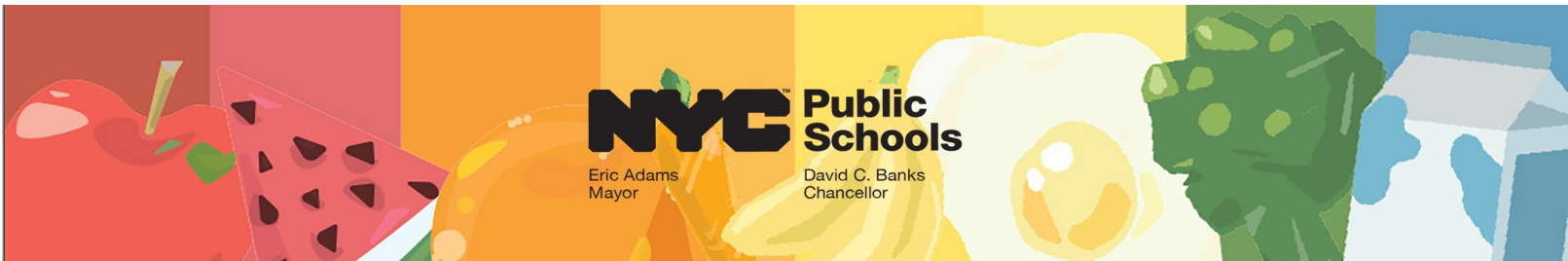
OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.

<div><div><div><div><div><div></div><div>NYC</div><div>Public Schools</div></div><div><div>Eric Adams</div><div>Mayor</div></div><div><div>David C. Banks</div><div>Chancellor</div></div></div></div><div><div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><div></div><div></div><div></div></div></div></div></div></div>				
FEBRUARY 2024: Pre-K - 8 Vegetarian Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</div>	<div><div><div><div><div></div><div>PRIDE OF NEW YORK</div></div><div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div></div></div></div>		<div>Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
5	6	7	8	9
<div>Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
12	13	14	15	16
<div>Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Cinnamon Burst Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</div>
26	27	28	29	
<div>Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	<div>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</div>	
<div><div><div><div><div><div><div></div><div>Milk</div><div>1% Low-fat (V)</div><div>Fat Free (V)</div><div>Fat Free Chocolate (V)</div><div>Alternative options are available upon request</div></div></div><div><div><div>Breakfast After the Bell Grab and Go</div><div>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</div></div></div><div><div><div>Options may vary by location</div><div><div>Cold Cereal Choices</div><div>Multi-Grain Oats (VE)</div><div>Toasted Oats (VE)</div><div>Oat Circles (VE)</div><div>Cinnamon Flakes (VE)</div></div></div><div><div><div>Seasonal Fresh Fruit</div><div>Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</div><div>Condiments</div><div>Syrup (VE)</div></div></div><div><div><div>OFNS has an extensive Prohibitive Ingredients List available at:</div><div><div></div></div></div></div></div></div></div></div></div>				
<div><div>ATTENTION:</div><div><div>• All Pre-K Students CANNOT be Offered CHOCOLATE MILK</div><div>• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey</div><div>• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products</div></div></div>				
<div><div><div><div><div></div><div>O.F.N.S.</div><div>Office of Food & Nutrition Services</div></div><div><div>NYC</div><div>SCHOOL FOOD ALLIANCE</div></div></div><div>Menu subject to change. Our menus are pork free.</div></div></div>				

<div><div><div><div><div><div></div><div>NYC</div><div>Public Schools</div></div><div><div>Eric Adams</div><div>Mayor</div></div><div><div>David C. Banks</div><div>Chancellor</div></div></div><div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div></div></div></div></div>				
FEBRUARY 2024: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><div></div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div>			<div>Chef Choice or Turkey Burger Turkey Cheeseburger Whole Wheat Bun Fish and Cheese Sandwich Whole Wheat Bun Herb Roasted Potatoes (VE) Salad Bar Classic Toppings</div>	<div>Kidney Bean Rajma* (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) Salad Bar Mediterranean Bar</div>
5	6	7	8	9
<div>Chef Choice or French Bread Pizza (V) Garlicky Green Bean (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Chef Choice or Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar</div>	<div>Chef Choice or Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE) Salad Bar Pizza Bar</div>	<div>Chef Choice or Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE) Salad Bar Rainbow Bar</div>	<div>Cajun Pinto Beans (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE) Salad Bar Fiesta Bar</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V) Italian Green Beans (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Soft Turkey Taco Street Style Corn (V) Salad Bar Fiesta Bar</div>	<div>Manicotti (V) in Marinara Creamed Spinach (V) Salad Bar Leafy Green Salad Bar</div>	<div>Crispy Chicken Bites with Dipping Sauce Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V) Salad Bar Rainbow Bar</div>	<div>White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) Salad Bar Leafy Green Salad Bar</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Pizza by the Slice (V) Kid Friendly Kale Salad (V) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE) Salad Bar Leafy Green Salad Bar</div>	<div>Plastic Free Lunch Day Garlic and Tomato Panini (V) Baby Carrots (VE) Salad Bar Plastic Free Lunch Bar</div>	<div>Turkey Burger Turkey Cheeseburger Whole Wheat Bun Fish and Cheese Sandwich Whole Wheat Bun Herb Roasted Potatoes (VE) Salad Bar Classic Toppings</div>	<div>Kidney Bean Rajma* (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) Salad Bar Mediterranean Bar</div>
26	27	28	29	
<div>French Bread Pizza (V) Garlicky Green Bean (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar</div>	<div>Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE) Salad Bar Pizza Bar</div>	<div>Chicken Tender Melt Superhero Spinach (VE) Salad Bar Rainbow Bar</div>	<div>Manicotti</div>
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
<div><div><div><div><div><div>Milk</div><div>1% Low-fat (V)</div><div>Fat Free (V)</div><div>Fat Free Chocolate (V)</div><div>Alternative options are available upon request</div></div></div><div><div>ATTENTION:</div><div>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</div></div><div><div>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</div></div><div><div>Seasonal Fresh Fruit</div><div>Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</div></div><div><div>OFNS has an extensive Prohibitive Ingredients List available at:</div><div></div></div></div></div></div>				
* Recipes created in collaboration with OFNS and the Chef Council				
<div>• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey</div> <div>• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products</div>				
<div><div><div>O.F.N.S.</div><div>OFFICE OF FOOD & NUTRITION SERVICES</div></div><div><div>DEEP SCHOOL</div><div>FOOD ALLIANCE</div></div></div> <div>Menu subject to change. Our menus are pork free.</div>				



FEBRUARY 2024: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p></div>			<div>Superhero Spinach Wrap (V)</div> <div>Broccoli Salad (V)</div>	<div>Italian Veggie Grab & Go Salad (VE)</div> <div>Italian Marinated Cucumber Salad (VE)</div>
5	6	7	8	9
<div>Assorted Cold Vegetarian Option (V)</div> <div>Crunchy Carrot Sticks (VE)</div> <div>Served with Salsa (VE)</div>	<div>BBQ Crispy Chicken Grab and Go Salad</div> <div>Cilantro Black Bean Salad (VE)</div>	<div>Chicken Tender Wrap Dipping Sauce</div> <div>Classic Potato Salad (V)</div>	<div>Mediterranean Chicken Pasta Salad</div> <div>Green Garden Salad (VE)</div>	<div>Chickpea and Pimento Wrap (VE)</div> <div>Fresh Cilantro Healthy Coleslaw (V)</div>
12	13	15	15	16
<div>Assorted Cold Vegetarian Option (V)</div> <div>Balsamic Chickpea Salad (V)</div>	<div>Crispy Chicken Grab and Go Salad</div> <div>Asian Red Cabbage Slaw (V)</div>	<div>Chimichurri Chicken Wrap</div> <div>Confetti Corn Salad (VE)</div>	<div>Chicken Salad Hoagie</div> <div>Kid Friendly Kale Salad (V)</div> <div>Pinto Bean Salad (VE)</div>	<div>Black Bean Wrap (VE)</div> <div>Fresh Tomato Salad (V)</div> <div>Served with Salsa (VE)</div> <div>Cheese Sandwich (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Assorted Cold Vegetarian Option (V)</div> <div>Crunchy Carrot Sticks (VE)</div>	<div>Chicken Caesar Wrap</div> <div>Marinated Bean Salad (VE)</div> <div>Lemon Arugula Salad (V)</div>	<div>Balsamic Chicken Grab and Go Salad</div> <div>Basil Corn Salad (VE)</div> <div>Crispy Tortillas (VE) Served with Salsa (VE)</div>	<div>Superhero Spinach Wrap (V)</div> <div>Broccoli Salad (V)</div>	<div>Italian Veggie Grab & Go Salad (VE)</div> <div>Italian Marinated Cucumber Salad (VE)</div>
26	27	28	29	
<div>Assorted Cold Vegetarian Option (V)</div> <div>Crunchy Carrot Sticks (VE)</div> <div>Served with Salsa (VE)</div>	<div>BBQ Crispy Chicken Grab and Go Salad</div> <div>Cilantro Black Bean Salad (VE)</div>	<div>Chicken Tender Wrap Dipping Sauce</div> <div>Classic Potato Salad (V)</div>	<div>Mediterranean Chicken Pasta Salad</div> <div>Green Garden Salad (VE)</div>	
<div>Monday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Tuesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Wednesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Thursday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Friday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

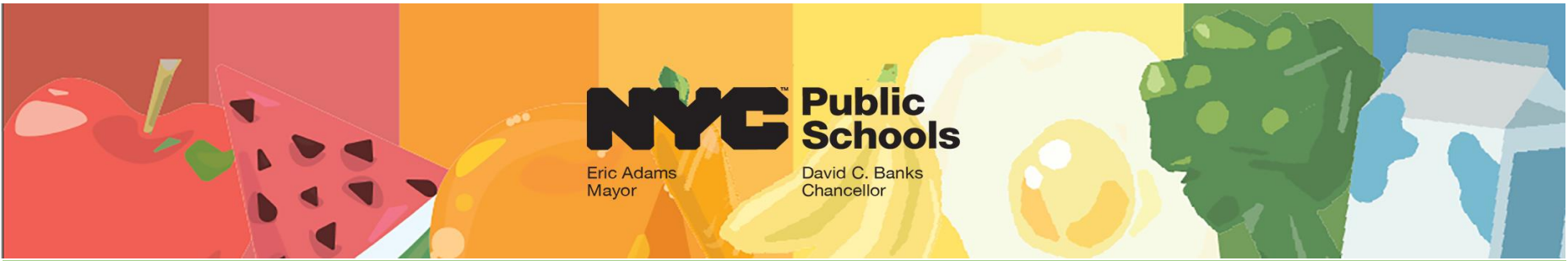
OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

<div><div><div><div><div><div></div><div>NYC</div><div>Public Schools</div></div><div><div>Eric Adams</div><div>Mayor</div></div><div><div>David C. Banks</div><div>Chancellor</div></div></div><div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div></div></div></div></div>				
FEBRUARY 2024: Pre-K - 8 Express Hot Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><div></div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div>			<div>Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)</div>	<div>Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)</div>
5	6	7	8	9
<div>Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)</div>	<div>Caribbean Style Beef Patty Seasoned Wedge Fries (VE)</div>	<div>Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)</div>	<div>Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)</div>	<div>Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)</div>	<div>Soft Turkey Taco Street Style Corn (V) Served with Salsa (VE)</div>	<div>Manicotti (V) in Marinara Creamed Spinach (V)</div>	<div>Crispy Chicken Bites Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)</div>	<div>White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)</div>	<div>Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE)</div>	<div>Garlic and Tomato Panini (V) Baby Carrots (VE)</div>	<div>Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)</div>	<div>Kidney Bean Rajma* (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE)</div>
26	27	28	29	
<div>Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)</div>	<div>Caribbean Style Beef Patty Seasoned Wedge Fries (VE)</div>	<div>Mozzarella Sticks with marinara sauce (VE) Roasted Zucchini (VE)</div>	<div>Chicken Tender Melt Whole Wheat Bun Superhero Spinach (VE)</div>	
<div>Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>
<div>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</div>	<div>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</div>	<div>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</div>	<div>Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</div>	<div>OFNS has an extensive Prohibitive Ingredients List available at: </div>
* Recipes created in collaboration with OFNS and the Chef Council				
<div>• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey</div> <div>• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products</div>				
<div>O.F.N.S. OFFICE OF FOOD & NUTRITION SERVICES</div> <div>DEPT. OF EDUCATION</div> <div>NYC PUBLIC SCHOOLS</div>			Menu subject to change. Our menus are pork free.	



FEBRUARY 2024: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Daily Lunch Specials</div> <div><ul style="list-style-type: none">• Hummus and Soft Roll (VE)• 8 oz. Yogurt (V)• Tuna</div> <div>Options may vary by location</div>	<div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>	<div></div>	<div>Italian Chicken Tenders</div> <div>Soft Cooked Penne (VE)</div> <div>Roasted Cauliflower (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>	<div>Manicotti (V)</div> <div>Marinated White Beans (VE)</div> <div>Fruit Offering Bananas (VE)</div>
5	6	7	8	9
<div>Braised Tuna with Tomato Sauce</div> <div>Broccoli With Garlic & Oil (VE)</div> <div>Soft Roll (VE)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Crispy Chicken Sandwich</div> <div>Sweet Plantains (VE)</div> <div>Fruit Offering Pears (VE)</div>	<div>100% Beef Hamburgers & Cheeseburgers</div> <div>Carrots (VE)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Ranch Chicken Tenders</div> <div>Soft Cooked Penne (VE)</div> <div>Roasted Cauliflower (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>	<div>Manicotti (V)</div> <div>Marinated White Beans (VE)</div> <div>Fruit Offering Bananas (VE)</div>
12	13	14	15	16
<div>Fish & Cheese Sandwich</div> <div>Broccoli With Garlic & Oil (VE)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Crispy Chicken Sandwich</div> <div>Sweet Plantains (VE)</div> <div>Fruit Offering Pears (VE)</div>	<div>100% Beef Hamburgers & Cheeseburgers</div> <div>Honey Butternut Squash (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Italian Chicken Tenders</div> <div>Soft Cooked Penne (VE)</div> <div>Roasted Cauliflower (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>	<div>Manicotti (V)</div> <div>Marinated White Beans (VE)</div> <div>Fruit Offering Bananas (VE)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Braised Tuna with Tomato Sauce</div> <div>Broccoli With Garlic & Oil (VE)</div> <div>Soft Roll (VE)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Crispy Chicken Sandwich</div> <div>Sweet Plantains (VE)</div> <div>Fruit Offering Pears (VE)</div>	<div>100% Beef Hamburgers & Cheeseburgers</div> <div>Carrots (VE)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Ranch Chicken Tenders</div> <div>Soft Cooked Penne (VE)</div> <div>Roasted Cauliflower (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>	<div>Manicotti (V)</div> <div>Marinated White Beans (VE)</div> <div>Fruit Offering Bananas (VE)</div>
26	27	28	29	
<div>Fish & Cheese Sandwich</div> <div>Broccoli With Garlic & Oil (VE)</div> <div>Fruit Offering Flavored Apple Sauce (VE)</div>	<div>Crispy Chicken Sandwich</div> <div>Sweet Plantains (VE)</div> <div>Fruit Offering Pears (VE)</div>	<div>100% Beef Hamburgers & Cheeseburgers</div> <div>Honey Butternut Squash (V)</div> <div>Fruit Offering Peaches (VE)</div>	<div>Italian Chicken Tenders</div> <div>Soft Cooked Penne (VE)</div> <div>Roasted Cauliflower (VE)</div> <div>Fruit Offering Apple Sauce (VE)</div>	

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available


(V) Indicates Vegetarian (VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit

Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree

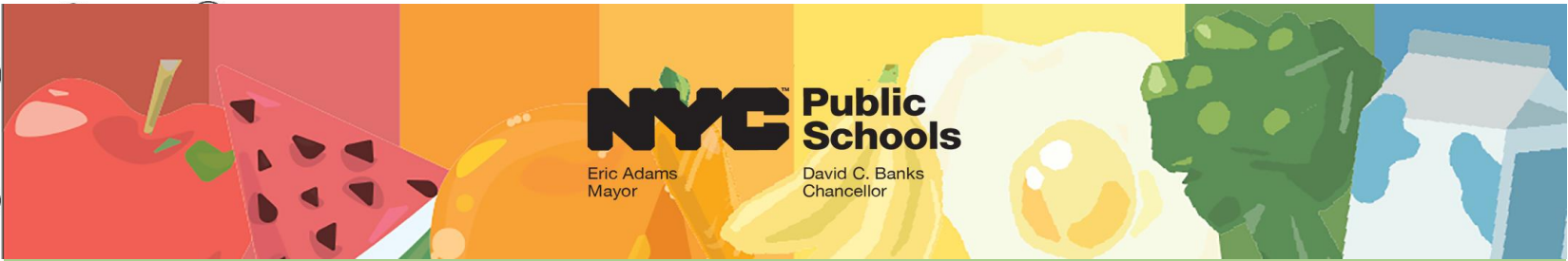
O.F.N.S.

Office of Food & Nutrition Services

URBAN SCHOOL

FOOD ALLIANCE

Menu subject to change. Our menus are pork free.



FEBRUARY 2024: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Daily Lunch Specials</div> <div><ul style="list-style-type: none">• Hot or Cold Cheese Sandwich (V)• Hummus and Crackers (VE)• 4 oz. Yogurt (V)• Tuna Sandwich</div> <div>Options may vary by location</div>	<div></div> <div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>		<div>Turkey Burger Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</div>	<div>Veggie Burger (V)</div> <div>Italian Marinated Cucumber Salad (VE)</div> <div>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</div>
5	6	7	8	9
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Mozzarella Sticks (V) with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</div>	<div>Chicken Tenders</div> <div>Superhero Spinach (VE)</div> <div>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</div>	<div>Veggie Nuggets (VE) with Dipping Sauce</div> <div>Butternut Squash (V)</div> <div>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V)</div> <div>Italian Green Beans (VE)</div> <div>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</div>	<div>Soft Turkey Taco</div> <div>Steamed Corn (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Manicotti (V) with marinara sauce (VE)</div> <div>Creamed Spinach (V)</div> <div>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</div>	<div>Chicken Bites with Dipping Sauce</div> <div>Sweet Potato Wedge Fries (VE)</div> <div>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</div>	<div>Homemade Grilled Cheese (VE)</div> <div>Steamed Broccoli (VE)</div> <div>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Pizza by the Slice (V)</div> <div>Seasoned Chickpeas (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Fiesta Quesadilla (V)</div> <div>Steamed Cauliflower (VE)</div> <div>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</div>	<div>Cheesey Garlic Bread (V)</div> <div>Steamed Carrot Coins (VE)</div> <div>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</div>	<div>Turkey Burger Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</div>	<div>Veggie Burger (V)</div> <div>Italian Marinated Cucumber Salad (VE)</div> <div>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</div>
26	27	28	29	
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</div>	<div>Mozzarella Sticks (V) with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</div>	<div>Chicken Tenders</div> <div>Superhero Spinach (VE)</div> <div>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</div>	

Milk*
Whole Milk (V)
*Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apple Slices, Oranges, Mandarins, and Bananas (VE)

Other Fruits

Apple Sauce, Sliced Peaches, Diced Pears, Pineapples (VE)

OFNS has an extensive Prohibitive Ingredients List available at:




PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.
Consistencies upon request: puree, mashed and finely chopped.

* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

FEBRUARY 2024: Pre-K - 8 Vegetarian Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
						1		2	
<div><p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p></div>						<div>Zucchini Parmigiana (V)</div> <div>Spaghetti Marinara (VE)</div> <div>Basil Corn Salad (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>		<div>Zesty Chickpea Stew (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>	
5		6		7		8		9	
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div> <div>(With Balsamic Chickpea Salad)</div>		<div>Teriyaki Veggie Nuggets (VE)</div> <div>Ginger Carrots (V)</div> <div>Brown Rice (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>		<div>White Bean and Pasta Primavera (VE)</div> <div>Crispy Broccoli (V)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>		<div>Red White and Green Panini (V)</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>		<div>Cajun Pinto Bean (VE) with Brown Rice (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Honey Butternut Squash (V)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>	
12		13		14		15		16	
<div>Sicilian Slice Pizza (V)</div> <div>Italian Green Beans (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div> <div>(With Balsamic Chickpea Salad)</div>		<div>Big City Bean Taco (VE)</div> <div>Street Style Corn (V)</div> <div>Served with Salsa (VE)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>		<div>Manicotti (V) in Marinara</div> <div>Creamed Spinach (V)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>		<div>Mozzarella Sticks (V) with Marinara Sauce (VE)</div> <div>Superhero Spinach (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div>		<div>Guisado Kidney Beans (VE)*</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Brown Rice (VE)</div> <div>Roasted Carrot Coins (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>	
Midwinter Recess 19		Midwinter Recess 20		Midwinter Recess 21		Midwinter Recess 22		Midwinter Recess 23	
<div>Pizza by the Slice (V)</div> <div>Kid Friendly Kale Salad (V)</div> <div>Salad Bar</div> <div>Pizza Bar</div> <div>(With Balsamic Chickpea Salad)</div>		<div>Veggie Burger (VE)</div> <div>Veggie Cheeseburger (V)</div> <div>Whole Wheat Bun</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>		<div>Plastic Free Lunch Day</div> <div>Garlic and Tomato Panini (V)</div> <div>Baby Carrots (VE)</div> <div>Salad Bar</div> <div>Plastic Free Lunch Bar</div>		<div>Zucchini Parmigiana (V)</div> <div>Spaghetti Marinara (VE)</div> <div>Basil Corn Salad (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>		<div>Zesty Chickpea Stew (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>	
26		27		28		29			
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Welcome Back Bar</div>		<div>Teriyaki Veggie Nuggets (VE)</div> <div>Ginger Carrots (V)</div> <div>Brown Rice (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>		<div>White Bean and Pasta Primavera (VE)</div> <div>Crispy Broccoli (V)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>		<div>Red White and Green Panini (V)</div> <div>Seasoned Wedge Fries (VE)</div> <div>Balsamic Chickpea Salad (V)</div> <div>Salad Bar</div> <div>Classic Toppings</div>			
<div>Monday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>		<div>Tuesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>		<div>Wednesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>		<div>Thursday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>		<div>Friday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

**OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available**

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

FEBRUARY 2024: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<div></div> <div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>			1	2
			<div>Chef Choice or Turkey Burger</div> <div>Turkey Cheeseburger Whole Wheat Bun</div> <div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>
	5	6	7	8
<div>Chef Choice or French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Chef Choice or Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Chef Choice or Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div>	<div>Chef Choice or Chicken Tender Melt Whole Wheat Bun</div> <div>Superhero Spinach (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Cajun Pinto Beans (VE) with Brown Rice (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Spiced Sweet Potatoes (VE)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V)</div> <div>Italian Green Beans (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Soft Turkey Taco</div> <div>Street Style Corn (V)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>	<div>Manicotti (V) in Marinara</div> <div>Creamed Spinach (V)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>	<div>Crispy Chicken Bites with Dipping Sauce</div> <div>Sweet Potato Wedge Fries (VE)</div> <div>Dinner Roll (V)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>White Bean and Pasta Primavera (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Crispy Broccoli (V)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Pizza by the Slice (V)</div> <div>Kid Friendly Kale Salad (V)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Fiesta Quesadilla (V)</div> <div>Fiesta Black Beans (VE)</div> <div>Served with Salsa (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>	<div>Plastic Free Lunch Day</div> <div>Garlic and Tomato Panini (V)</div> <div>Baby Carrots (VE)</div> <div>Salad Bar</div> <div>Plastic Free Lunch Bar</div>	<div>Turkey Burger</div> <div>Turkey Cheeseburger Whole Wheat Bun</div> <div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>
26	27	28	29	
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div>	<div>Chicken Tender Melt</div> <div>Superhero Spinach (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	
Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

<p><u>Milk</u></p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p>Alternative options are available upon request</p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p><u>Seasonal Fresh Fruit</u></p> <p>Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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*** Recipes created in collaboration with OFNS and the Chef Council**

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
 <p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>			Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
5	6	7	8	9
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
12	13	14	15	16
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Crispy Tortillas (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
26	27	28	29	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

OFFERED DAILY

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

FEBRUARY 2024: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div><p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p></div>			<div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Seasoned Wedge Fries (VE)</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Southwest Burrito (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div>
5	6	7	8	9
<div>Sicilian Slice Pizza (V)</div> <div>Italian Chickpeas (VE)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div>	<div>Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div>	<div>Chicken Tender Melt Whole Wheat Bun</div> <div>Superhero Spinach (VE)</div>	<div>Cajun Pinto Bean (VE) with Brown Rice (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Spiced Sweet Potatoes (VE)</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V)</div> <div>Seasoned Chickpeas (VE)</div> <div>Italian Green Bean (VE)</div>	<div>Soft Turkey Taco</div> <div>Street Style Corn (V)</div> <div>Served with Salsa (VE)</div>	<div>Manicotti (V) in Marinara</div> <div>Creamed Spinach (V)</div>	<div>Crispy Chicken Bites</div> <div>Jollof Cauliflower (V)*</div> <div>Sweet Potato Wedge Fries (VE)</div> <div>Dinner Roll (V)</div>	<div>White Bean and Pasta Primavera (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Crispy Broccoli (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Sicilian Slice Pizza (V)</div> <div>Kid Friendly Kale Salad (V)</div> <div>Hot Bean Salad (VE)</div>	<div>Fiesta Quesadilla (V)</div> <div>Fiesta Black Beans (VE)</div> <div>Served with Salsa (VE)</div>	<div>Garlic and Tomato Panini (V)</div> <div>Baby Carrots (VE)</div>	<div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Seasoned Wedge Fries (VE)</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Southwest Burrito (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div>
26	27	28	29	
<div>Sicilian Slice Pizza (V)</div> <div>Italian Chickpeas (VE)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Hot Confetti Corn (VE)</div>	<div>Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div>	<div>Chicken Tender Melt Whole Wheat Bun</div> <div>Superhero Spinach (VE)</div>	
<div>Monday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Tuesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Wednesday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Thursday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>	<div>Friday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div> <div>• Hummus and Crackers (V)</div> <div>• Hot or Cold Cheese Sandwich (V)</div>

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products




FEBRUARY 2024: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<div></div> <div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>			1	2
			<div>Chef Choice or Turkey Burger</div> <div>Turkey Cheeseburger Whole Wheat Bun</div> <div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>
5	6	7	8	9
<div>Chef Choice or French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Chef Choice or Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Chef Choice or Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div>	<div>Chef Choice or Chicken Tender Melt Whole Wheat Bun</div> <div>Superhero Spinach (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Cajun Pinto Beans (VE) with Brown Rice (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Honey Butternut Squash (V)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>
12	13	14	15	16
<div>Sicilian Slice Pizza (V)</div> <div>Italian Green Beans (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Soft Turkey Taco</div> <div>Street Style Corn (V)</div> <div>Served with Salsa (VE)</div> <div>Salad Bar</div> <div>Fiesta Bar</div>	<div>Manicotti (V) in Marinara</div> <div>Creamed Spinach (V)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>	<div>Crispy Chicken Bites with Dipping Sauce</div> <div>Jollof Cauliflower (V)*</div> <div>Sweet Potato Wedge Fries (VE)</div> <div>Dinner Roll (V)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>White Bean and Pasta Primavera (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Crispy Broccoli (V)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Pizza by the Slice (V)</div> <div>Kid Friendly Kale Salad (V)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Fiesta Quesadilla (V)</div> <div>Fiesta Black Beans (VE)</div> <div>Served with Salsa (VE)</div> <div>Salad Bar</div> <div>Leafy Green Salad Bar</div>	<div>Garlic and Tomato Panini (V)</div> <div>Baby Carrots (VE)</div> <div>Salad Bar</div> <div>Plastic Free Lunch Bar</div>	<div>Turkey Burger</div> <div>Turkey Cheeseburger Whole Wheat Bun</div> <div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Herb Roasted Potatoes (VE)</div> <div>Salad Bar</div> <div>Classic Toppings</div>	<div>Kidney Bean Rajma* (VE)</div> <div>Three Cheese Grilled Cheese (V)</div> <div>Kachumber Salad (VE)*</div> <div>Flatbread (VE)</div> <div>Salad Bar</div> <div>Mediterranean Bar</div>
26	27	28	29	
<div>French Bread Pizza (V)</div> <div>Garlicky Green Bean (VE)</div> <div>Salad Bar</div> <div>Pizza Bar (With Balsamic Chickpea Salad)</div>	<div>Caribbean Style Beef Patty</div> <div>Seasoned Wedge Fries (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	<div>Mozzarella Sticks with marinara sauce (VE)</div> <div>Roasted Zucchini (VE)</div> <div>Salad Bar</div> <div>Pizza Bar</div>	<div>Chicken Tender Melt</div> <div>Superhero Spinach (VE)</div> <div>Salad Bar</div> <div>Rainbow Bar</div>	
<div>Monday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Tuesday</div> <div>• Pizza (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Wednesday</div> <div>• Pizza (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Thursday</div> <div>• Pizza (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>	<div>Friday</div> <div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)</div>

<p><u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p><u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)</p>
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OFNS has an extensive Prohibitive Ingredients List available at:





FEBRUARY 2024: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
5	6	7	8	9
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)
12	13	14	15	16
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
26	27	28	29	
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

All Fruit
Offerings are 1 cup

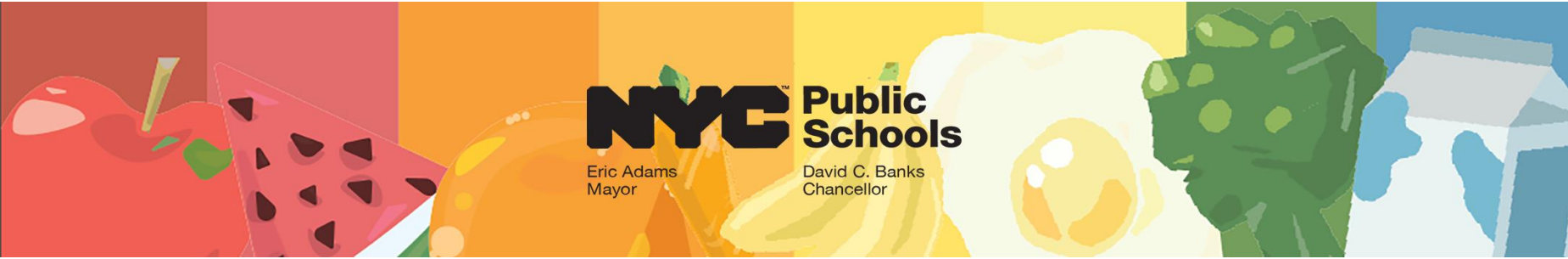
Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



• **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
5	6	7	8	9
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
12	13	14	15	16
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
26	27	28	29	
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	

Milk
Whole Milk (V)
Alternative options are available upon request

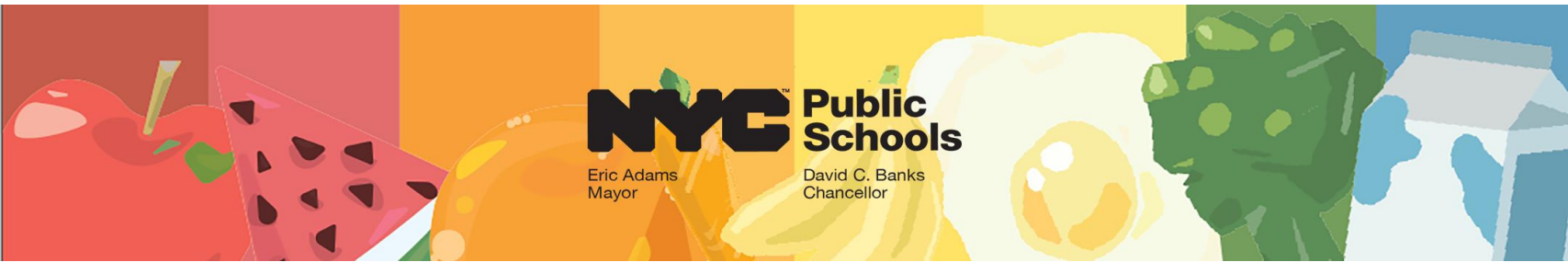
OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

OFNS has an extensive
Prohibitive Ingredients List
available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Daily Supper Specials</div> <div><div>• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)</div><div>• Hot or Cold Cheese Sandwich (V)</div><div>• Hummus and Crackers Grab & Go (V)</div></div> <div>Options may vary by location</div>	<div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div>		<div>Chimichurri Chicken Wrap</div> <div>Confetti Corn Salad (VE)</div>	<div>Black Bean Wrap (VE)</div> <div>Fresh Tomato Salad (V)</div>
5	6	7	8	9
<div>Red, White and Green Panini (V)</div> <div>Balsamic Chickpea Salad (V)</div>	<div>Balsamic Chicken Grab and Go Salad</div> <div>Served with Salsa (VE)</div>	<div>Curried Chicken Wrap Dipping Sauce</div> <div>Fresh Tomato Salad (V)</div>	<div>Sesame Noodle Bowl</div> <div>Broccoli Salad (V)</div>	<div>Italian Veggie Grab & Go Salad (VE)</div> <div>Italian Marinated Cucumber Salad (VE)</div>
12	13	14	15	16
<div>Grab and Go Cheese Plate (V)</div> <div>Italian Green Beans (VE)</div>	<div>Chicken Tender Wrap Dipping Sauce</div> <div>Classic Potato Salad (V)</div>	<div>BBQ Crispy Chicken Grab and Go Salad</div> <div>Cilantro Black Bean Salad (VE)</div>	<div>Mediterranean Chicken Pasta Salad</div> <div>Green Garden (V)</div>	<div>Chickpea and Pimento Wrap (VE)</div> <div>Fresh Cilantro Healthy Coleslaw (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Superhero Spinach Wrap (V)</div> <div>Broccoli Salad (V)</div>	<div>Crispy Chicken Grab and Go Salad</div> <div>Asian Red Cabbage Slaw (V)</div>	<div>Chicken Salad Hoagie</div> <div>Kid Friendly Kale Salad (V)</div>	<div>Chimichurri Chicken Wrap</div> <div>Confetti Corn Salad (VE)</div>	<div>Black Bean Wrap (VE)</div> <div>Fresh Tomato Salad (V)</div>
26	27	28	29	
<div>Red, White and Green Panini (V)</div> <div>Balsamic Chickpea Salad (V)</div>	<div>Balsamic Chicken Grab and Go Salad</div> <div>Served with Salsa (VE)</div>	<div>Curried Chicken Wrap Dipping Sauce</div> <div>Fresh Tomato Salad (V)</div>	<div>Sesame Noodle Bowl</div> <div>Broccoli Salad (V)</div>	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Daily Supper Specials</div> <div><ul style="list-style-type: none">• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)• Hot or Cold Cheese Sandwich (V)• Hummus and Crackers Grab & Go (V)</div> <div>Options may vary by location</div>	<div><div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div></div>		<div>Pizza (V)</div> <div>Corn, Peas and Carrots (VE)</div>	<div>Veggie Nuggets (VE) with Dipping Sauce (V)</div> <div>Seasoned Wedge Fries (VE)</div> <div>Dinner Roll (VE)</div>
5	6	7	8	9
<div>Mozzarella Sticks (V) Marinara Sauce (VE)</div> <div>Crispy Broccoli (V)</div>	<div>Turkey Burger Whole Wheat Bun</div> <div>Crisp Sweet Potato Waffle Fries (VE)</div>	<div>Garlic and Tomato Panini (V)</div> <div>Roasted Zucchini (VE)</div>	<div>Pizza (V)</div> <div>Superhero Spinach (VE)</div>	<div>Veggie Burger (VE) Whole Wheat Bun</div> <div>Seasoned Wedge Fries (VE)</div>
12	13	14	15	16
<div>Manicotti in Marinara Sauce (V)</div> <div>Italian Green Beans (VE)</div>	<div>Hamburgers & Cheeseburgers Whole Wheat Bun</div> <div>Cilantro Healthy Coleslaw (V)</div>	<div>Crispy Chicken Bites with Dipping Sauce</div> <div>Seasoned Wedge Fries (VE)</div>	<div>Soft Turkey Taco</div> <div>Street Style Corn (V)</div>	<div>Pizza (V)</div> <div>Parmigiana Spinach (V)</div>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<div>Homemade Grilled Cheese Sandwich (V)</div> <div>Crispy Broccoli (V)</div>	<div>Fish and Cheese Sandwich Whole Wheat Bun</div> <div>Baked Sweet Potato Wedge Fries (VE)</div>	<div>Chicken Tenders</div> <div>Slow Roasted Baby Carrots (V)</div> <div>Dinner Roll (V)</div>	<div>Pizza (V)</div> <div>Corn, Peas and Carrots (VE)</div>	<div>Veggie Nuggets (VE) with Dipping Sauce (V)</div> <div>Seasoned Wedge Fries (VE)</div> <div>Dinner Roll (VE)</div>
26	27	28	29	
<div>Mozzarella Sticks (V) Marinara Sauce (VE)</div> <div>Crispy Broccoli (V)</div>	<div>Turkey Burger Whole Wheat Bun</div> <div>Crisp Sweet Potato Waffle Fries (VE)</div>	<div>Garlic and Tomato Panini (V)</div> <div>Roasted Zucchini (VE)</div>	<div>Pizza (V)</div> <div>Superhero Spinach (VE)</div>	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

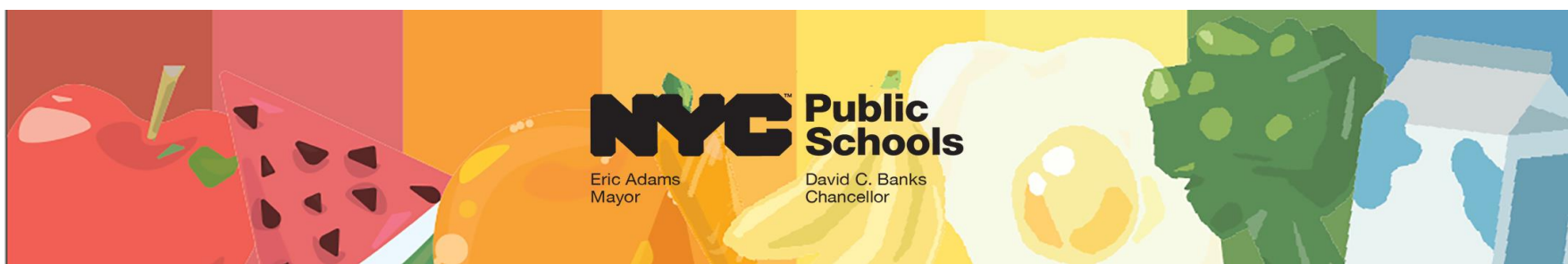
**OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available**

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)



- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<div>Daily Supper Specials</div> 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OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

**OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available**

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



FEBRUARY 2024: Saturday Cold Morning Snack Menu

[illegible]

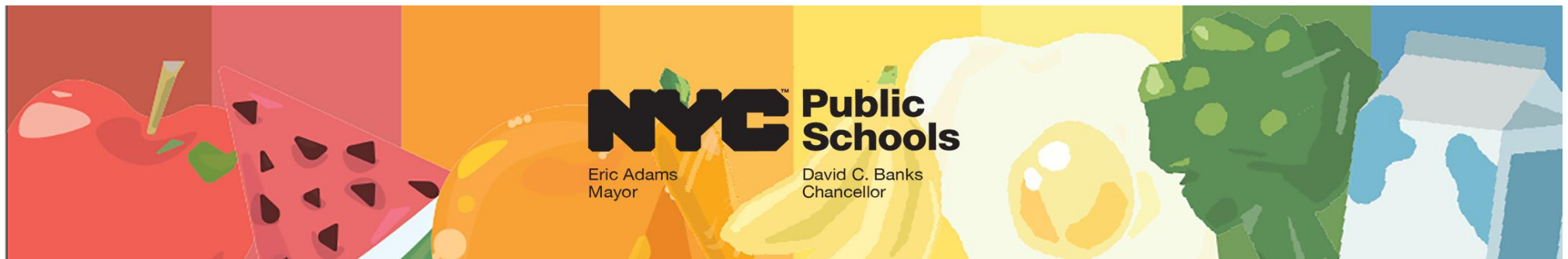
Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**





FEBRUARY 2024: Saturday Hot Morning Snack Menu

[illegible]

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:





FEBRUARY 2024: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Assorted Cold Sandwiches and Wraps Confetti Corn Salad (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Italian Green Beans (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Carrot Sticks (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Fresh Fruit (VE) Milk (V)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

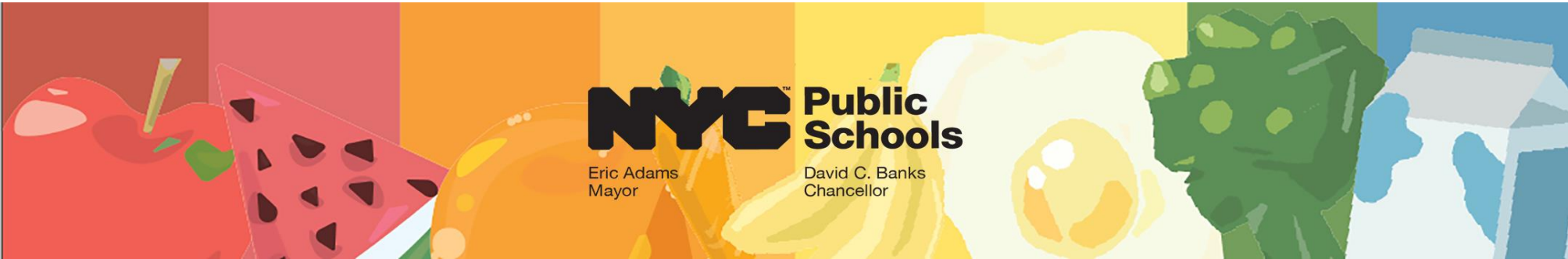
OFFERED DAILY

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:





FEBRUARY 2024: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
3	10	17	24	
Grilled Cheese Sandwich (V) Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Baked Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Crispy Chicken Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

