


## JUNE 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Honey Corn Breakfast Bread (V)</b>  <b>Cheese Stick Choice (V)</b>  Seasonal Fresh Fruit (VE)	<b>French Toast Sticks (V)</b>  Seasonal Fresh Fruit (VE)	<b>Zucchini Carrot Breakfast Bread (V)</b>  Seasonal Fresh Fruit (VE)	<b>Egg and Cheese on a Whole Grain Croissant (V)</b>  Seasonal Fresh Fruit (VE)	<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
10	11	12	13	14
<b>Banana Muffin (V)</b>  <b>Cheese Stick Choice (V)</b>  Seasonal Fresh Fruit (VE)	<b>Rise and Shine Waffles (V)</b>  Seasonal Fresh Fruit (VE)	<b>French Toast Sticks (V)</b>  Seasonal Fresh Fruit (VE)	<b>Egg and Cheese on a Buttermilk Biscuit (V)</b>  Seasonal Fresh Fruit (VE)	<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

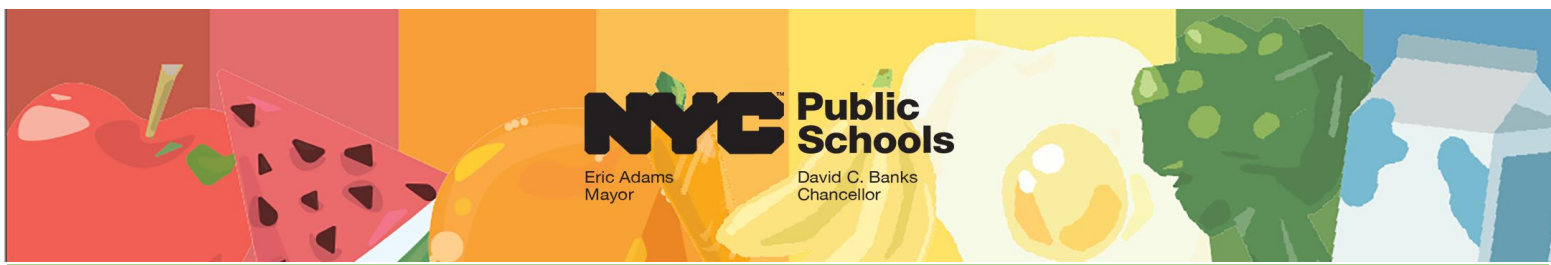
<b>Blueberry Muffin (V)</b>  <b>Cheese Stick Choice (V)</b>  Seasonal Fresh Fruit (VE)	<b>Buttermilk Pancakes (V)</b>  Seasonal Fresh Fruit (VE)	<b>Egg and Cheese on a Whole Grain Croissant (V)</b>  Seasonal Fresh Fruit (VE)	<b>Rise and Shine Waffles (V)</b>  Seasonal Fresh Fruit (VE)	<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
24	25	Last Day of Classes 26	27	28
<b>Apple Cinnamon Breakfast Bread (V)</b>  <b>Cheese Stick Choice (V)</b>  Seasonal Fresh Fruit (VE)	<b>French Toast Sticks (V)</b>  Seasonal Fresh Fruit (VE)	<b>Egg and Cheese on a Buttermilk Biscuit (V)</b>  Seasonal Fresh Fruit (VE)	<b>Cinnamon Burst Pancakes (V)</b>  Seasonal Fresh Fruit (VE)	<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)

	 <p style="font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>
<b>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</b>	

<p style="text-align: center;"><b>Milk</b></p> <p>1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p style="text-align: center;"><b>Breakfast After the Bell Grab and Go</b></p> <p>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p style="text-align: center;"><b>OFFERED DAILY</b></p> <p style="text-align: center;"><small>Options may vary by location</small></p> <p><b>Cold Cereal Choices</b> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)</p> <p><b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p> <p><b>Condiments</b> Syrup (VE)</p>	<p style="font-size: x-small;">OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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**ATTENTION:**

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Honey Corn Breakfast Bread (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>French Toast Sticks (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Zucchini Carrot Breakfast Bread (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Whole Grain Croissant (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p><b>Banana Muffin (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Rise and Shine Waffles (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>French Toast Sticks (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

<p><b>Blueberry Muffin (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Buttermilk Pancakes (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Whole Grain Croissant (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Rise and Shine Waffles (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Apple Cinnamon Breakfast Bread (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>French Toast Sticks (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Cinnamon Burst Pancakes (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
			 <p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><i>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</i></p>

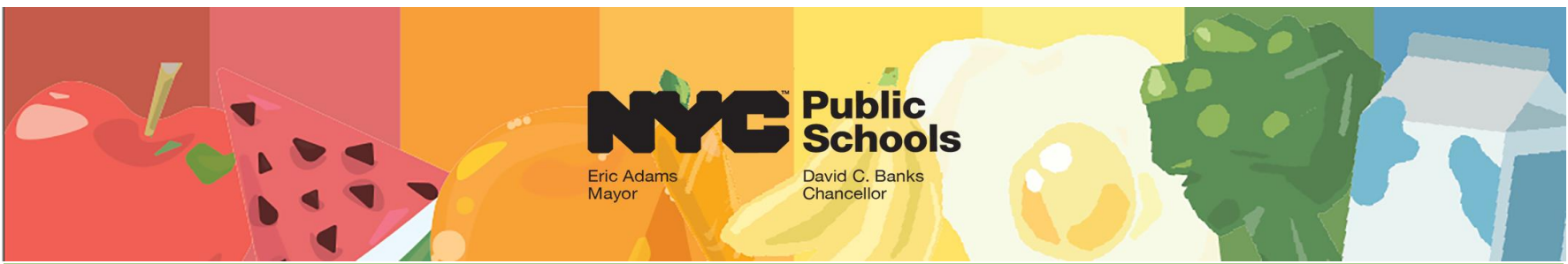
<p><b>Milk</b> 1% Low-fat (V) Fat Free (V) <b>Fat Free Chocolate (V)</b> <small>Alternative options are available upon request</small></p>	<p><b>Breakfast After the Bell Grab and Go</b></p> <p><b>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</b></p>	<p><b>OFFERED DAILY</b></p> <p>Options may vary by location</p> <p><b>Cold Cereal Choices</b> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)</p>	<p><b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p> <p><b>Condiments</b> Syrup (VE)</p>
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OFNS has an extensive Prohibitive Ingredients List available at:



**ATTENTION:**

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p style="color: green;">Honey Corn Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Assorted Granola (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: white;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: white;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Apple Sauce (VE)</p>	<p style="color: green;">Banana Muffin (V)</p> <p>Colby Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Assorted Granola (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: white;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: white;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

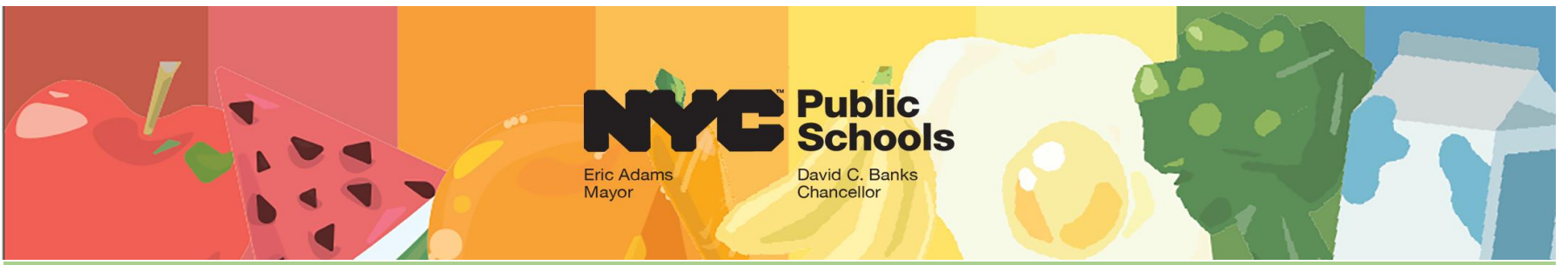
## SUMMER MENU KICKOFF

<p>Frosted Mini Wheats</p> <p>Honey Grahams (V)</p> <p>Plain or Strawberry Banana Apple Sauce (VE)</p>	<p style="color: green;">Blueberry Muffin (V)</p> <p>Cheddar Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Cinnamon Burst Pancakes (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: white;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: white;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
24	25	Last Day of Classes 26	27	28
<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p style="color: green;">Apple Cinnamon Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Multigrain Oats (V)</p> <p>Honey Graham Cracker (V)</p> <p>Applesauce (VE)</p>	<p style="color: white;">Whole Grain Croissant (V)</p> <p style="color: white;">Mozzarella Cheese Stick (V)</p> <p style="color: white;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
			 <p style="font-size: small; color: green; text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	

<p><b>Milk</b></p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p style="font-size: x-small;">Alternative options are available upon request</p>	<p>Breakfast After the Bell Grab and Go</p> <p>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p style="text-align: center;"><b>OFFERED DAILY</b></p> <p style="font-size: x-small;">Options may vary by location</p> <p><b>Cold Cereal Choices</b></p> <p style="font-size: x-small;">Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)</p>	<p><b>Seasonal Fresh Fruit</b></p> <p style="font-size: x-small;">Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p> <p><b>Condiments</b></p> <p style="font-size: x-small;">Syrup (VE)</p>	<p style="font-size: x-small;">OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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**ATTENTION:**

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- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Puree Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		Anniversary Day 6		Clerical Day 7	
<b>Blueberry Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Peaches (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Apple Sauce (VE)		Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Pears (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)		<b>Banana Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (VE) <i>Fruit Offering</i> Apple Sauce (VE)	
10		11		12		13		14	
<b>Blueberry Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Peaches (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Apple Sauce (VE)		Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Pears (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)		<b>Banana Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (VE) <i>Fruit Offering</i> Apple Sauce (VE)	
Eid al-Adha 17		18		Juneteenth 19		20		21	
<b>Blueberry Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Peaches (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Apple Sauce (VE)		Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Pears (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)		<b>Banana Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (VE) <i>Fruit Offering</i> Apple Sauce (VE)	
24		25		Last Day of Classes 26		27		28	
<b>Blueberry Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Peaches (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Apple Sauce (VE)		Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Pears (VE)		Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)		<b>Banana Muffin (V)</b> Yogurt Choice (V) Hot Oatmeal (VE) <i>Fruit Offering</i> Apple Sauce (VE)	
						WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

**Condiments**  
Syrup (VE)

**OFFERED DAILY**

Options may vary by location

**Cold Cereal Choices**  
Shredded Wheat  
Multi-Grain Oats (VE)  
Toasted Oats (VE)  
Oat Circles (VE)  
Cinnamon Flakes (VE)

**Assorted Yogurts**

**Alternate Fruit**  
Peaches, Pineapples  
Pears, Applesauce

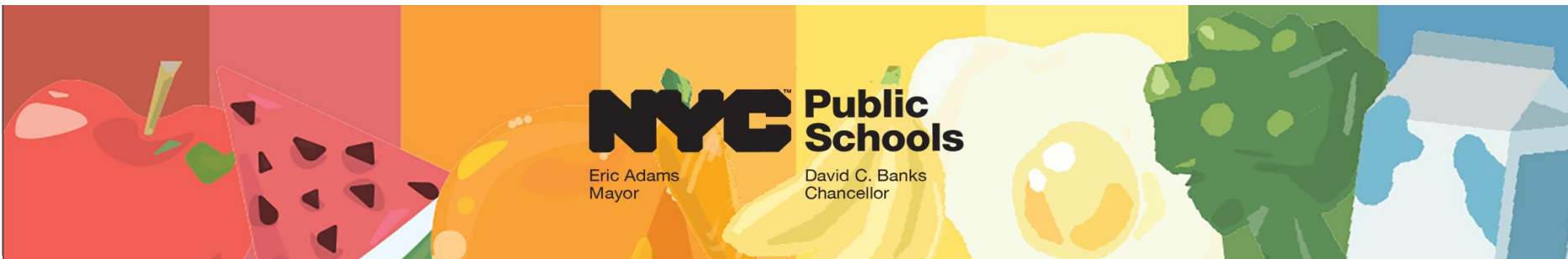
OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

**ATTENTION:**

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Yogurt Choice (V)</b> Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	<b>Rise and Shine Waffles (V)</b> Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	<b>Zucchini Carrot Breakfast Bread (V)</b> Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	<b>Egg and Cheese on a Whole Grain Croissant (V)</b> Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
10	11	12	13	14
<b>Banana Muffin (V)</b> Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	<b>Rise and Shine Waffles (V)</b> Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	<b>French Toast Sticks (V)</b> Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	<b>Egg and Cheese on a Soft Roll (V)</b> Assorted Fruits and Applesauce (VE) Milk (V)	<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
Eid al-Adha 17	18	Juneteenth 19	20	21
<b>Blueberry Muffin (V)</b> Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	<b>Buttermilk Pancakes (V)</b> Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	<b>Egg and Cheese on a Whole Grain Croissant (V)</b> Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	<b>Rise and Shine Waffles (V)</b> Assorted Fruits and Applesauce (VE) Milk (V)	<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE) <b>Hot Oatmeal (VE)</b> Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
24	25	Last Day of Classes 26	27	28
<b>Apple Cinnamon Breakfast Bread (V)</b> Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	<b>French Toast Sticks (V)</b> Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	<b>Egg and Cheese on a Buttermilk Biscuit (V)</b> Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	<b>Cinnamon Burst Pancakes (V)</b> Assorted Fruits and Applesauce (VE) Milk (V)	<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE) <b>Hot Oatmeal (VE)</b> Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
			<p style="text-align: center; font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	

**Milk**  
**Whole Milk (V)**  
 Alternative options are available upon request  
 (V) Indicates Vegetarian  
 (VE) Indicates Vegan

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

**Other Fruits**  
 Apple Sauce, Sliced Peaches, Diced Pears, Pineapples

**OFFERED DAILY**

**Cold Cereal Choices**  
 Multi-Grain Oats (VE)  
 Toasted Oats (VE)  
 Oat Circles (VE)  
 Cinnamon Flakes (VE)

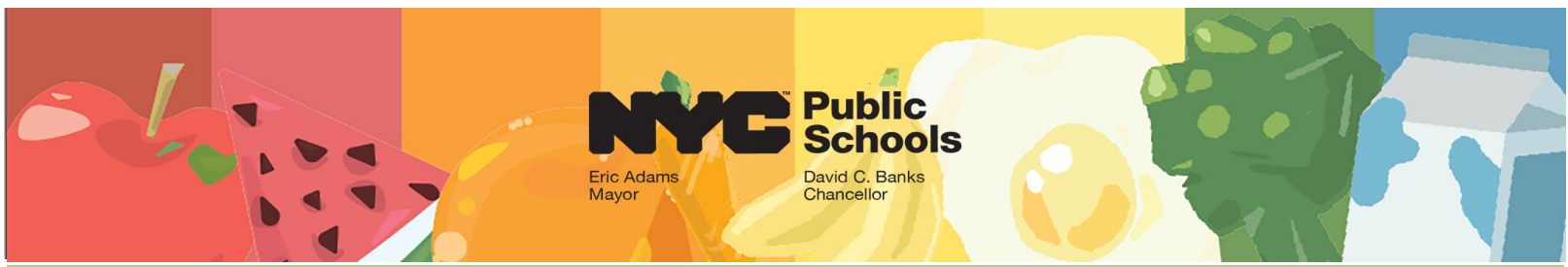
Options may vary by location

**Assorted Yogurts**

**Condiments**  
 Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



## JUNE 2024: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Honey Corn Breakfast Bread (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Rise and Shine Waffles (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Zucchini Carrot Breakfast Bread (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Whole Grain Croissant (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p><b>Banana Muffin (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Rise and Shine Waffles (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>French Toast Sticks (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Blueberry Muffin (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Buttermilk Pancakes (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Whole Grain Croissant (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Rise and Shine Waffles (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Apple Cinnamon Breakfast Bread (V)</b></p> <p><b>Cheese Stick Choice (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>French Toast Sticks (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Cinnamon Burst Pancakes (V)</b></p> <p>Seasonal Fresh Fruit (VE)</p>	<p><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
			 <p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><b>Fresh New York Bagel Assortment</b> Cinnamon Raisin (VE) Plain (VE)</p> <p><b>Fresh New York Bagel Stick Assortment</b> French Toast (VE) Cinnamon Raisin (VE) Plain (VE)</p>

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

**Breakfast After the Bell Grab and Go**

**Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)**


**Options may vary by location**

**Cold Cereal Choices**  
Multi-Grain Oats (VE)  
Toasted Oats (VE)  
Oat Circles (VE)  
Cinnamon Flakes (VE)

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

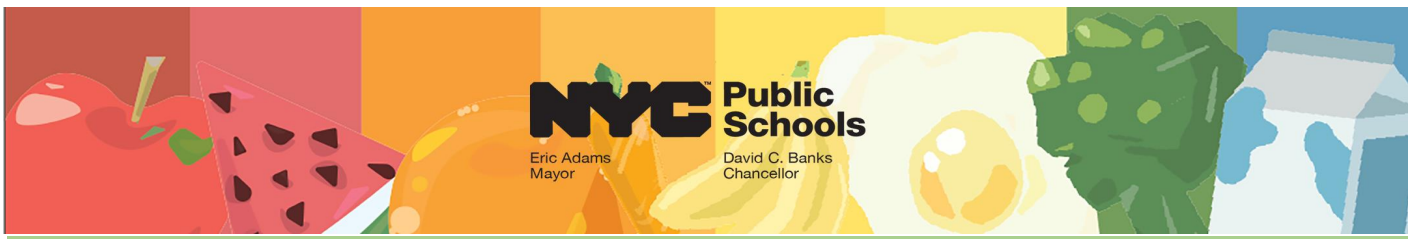
**Condiments**  
Syrup (VE)

**OFNS has an extensive Prohibitive Ingredients List available at:**



**ATTENTION:**

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>CHEF CHOICE</b> or <b>Pizza by the Slice (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Dumplings</b></p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Manicotti (V)</b> in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p> <p>Bread Stick (V)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Turkey Burger</b></p> <p><b>Turkey Cheeseburger</b> Whole Wheat Bun</p> <p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p><b>CHEF CHOICE</b> or <b>French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Veggie Nugget (VE)</b> Dipping Sauce</p> <p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>CHEF CHOICE</b> or <b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Tender Melt</b></p> <p>Ciabatta Bread</p> <p>Superhero Spinach (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Cajun Pinto Beans (VE)</b> with Brown Rice (VE)</p> <p><b>Southwest Burrito (V)</b></p> <p>Spiced Sweet Potatoes (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

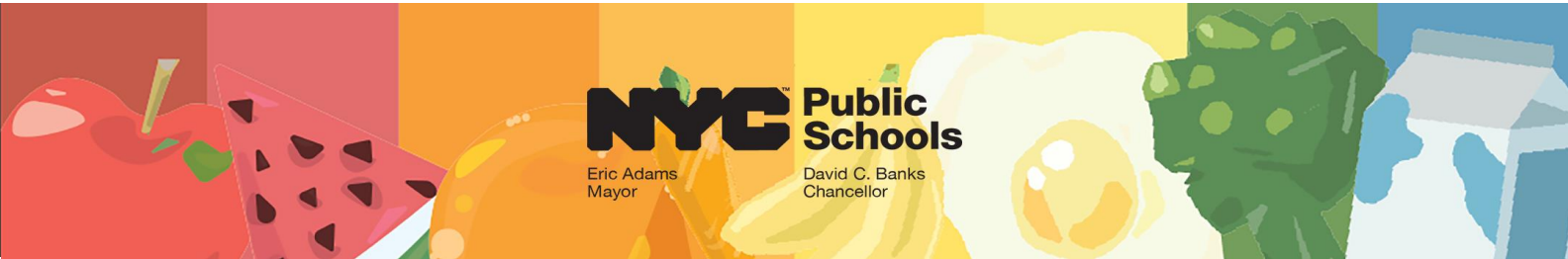
## SUMMER MENU KICKOFF

<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p>Dinner Roll (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p><b>Hamburger or Cheeseburger</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p><b>Southwest Burrito (V)</b></p> <p>Green Garden Salad (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p><i>Plastic Free Lunch Day</i></p> <p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p>Garlic Knot (V)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Summer Squash (VE)</p>
<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>

<p><b>Milk</b></p> <p>1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p><small>Alternative options are available upon request</small></p>	<p><b>ATTENTION:</b></p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;"> </div>
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\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE)	<b>Chicken Caesar Wrap</b> Marinated Bean Salad (VE) Lemon Arugula Salad (V)	<b>Balsamic Chicken Grab and Go Salad</b> Basil Corn Salad (VE) Served with Salsa (VE)	<b>Superhero Spinach Wrap (V)</b> Broccoli Salad (V)	<b>Italian Veggie Grab &amp; Go Salad (VE)</b> Italian Marinated Cucumber Salad (VE)
10	11	12	13	14
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE) Served with Salsa (VE)	<b>BBQ Crispy Chicken Grab and Go Salad</b> Cilantro Black Bean Salad (VE)	<b>Chicken Tender Wrap</b> Dipping Sauce Classic Potato Salad (V)	<b>Mediterranean Chicken Pasta Salad</b> Green Garden Salad (VE)	<b>Chickpea and Pimento Wrap (VE)</b> Fresh Cilantro Healthy Coleslaw (V)
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

<b>Assorted Cold Vegetarian Option (V)</b> Balsamic Chickpea Salad (V)	<b>Crispy Chicken Grab and Go Salad</b> Asian Red Cabbage Slaw (V)	<b>Chicken Caesar Wrap</b> Lemon Arugula Salad (V)	<b>Chicken Salad Hoagie</b> Basil Corn Salad (V) Crunchy Carrot Sticks (VE)	<b>Black Bean Wrap (VE)</b> Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
24	25	Last Day of Classes 26	27	28
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE)	<b>Chimichurri Chicken Wrap</b> Classic Potato Salad (VE)	<b>Balsamic Chicken Grab and Go Salad</b> Marinated Bean Salad (VE) Served with Salsa (VE)	<b>Chicken Tender Wrap</b> Broccoli Salad (V)	<b>Italian Veggie Grab &amp; Go Salad (VE)</b> Italian Marinated Cucumber Salad (VE) Cheese Sandwich (V)
			 <p style="text-align: center; font-size: small;">                         WE PROUDLY SUPPORT                          LOCALLY SOURCED,                          GROWN, HARVESTED OR                          PRODUCED FOOD.                          ALL NEW YORK ITEMS                          ARE HIGHLIGHTED IN GREEN                     </p>	

<b>Monday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Tuesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Wednesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Thursday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Friday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
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**Milk**

1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

**ATTENTION:**

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

OFNS has an extensive Prohibitive Ingredients List available at:

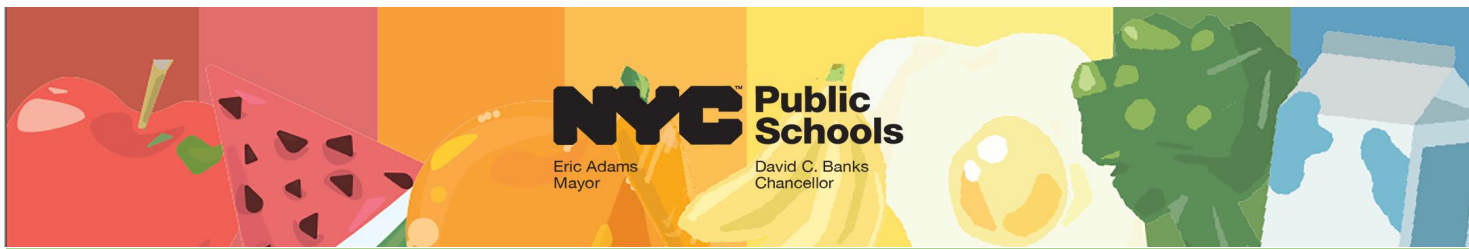


**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products





## JUNE 2024: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p>Hot Bean Salad (VE)</p>	<p><b>Chicken Dumplings</b></p> <p>Garlic Teriyaki Green Beans (V)</p>	<p><b>Manicotti (V)</b> in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p>	<p><b>Crispy Chicken Sandwich</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p>
10	11	12	13	14
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Italian Chickpeas (VE)</p> <p>Crunchy Carrot Sticks (VE)</p>	<p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Roasted Zucchini (VE)</p>	<p><b>Chicken Tender Melt</b> Whole Wheat Bun</p> <p>Superhero Spinach (VE)</p>	<p><b>Cajun Pinto Bean (VE)</b> with Brown Rice (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Spiced Sweet Potatoes (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Seasoned Chickpeas (VE)</p> <p>Italian Green Bean (VE)</p>	<p><b>Crispy Chicken Bites</b></p> <p>Sweet Potato Wedge Fries (VE)</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Baked Broccoli (V)</p> <p>Marinara Sauce (VE)</p>	<p><b>Crispy Chicken Sandwich</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p>Hot Bean Salad (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (VE)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Summer Squash (VE)</p>
<div style="text-align: center;">  <p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p> </div>				

<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>
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**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

**ATTENTION:**

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Fish &amp; Cheese Sandwich</b>  Broccoli With Garlic & Oil (VE)  <i>Fruit Offering</i> Flavored Apple Sauce (VE)	<b>Crispy Chicken Sandwich</b>  Sweet Plantains (VE)  <i>Fruit Offering</i> Pears (VE)	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Spiced Sweet Potatoes (VE)  <i>Fruit Offering</i> Peaches (VE)	<b>Italian Chicken Tenders</b>  Soft Cooked Penne (VE)  Roasted Cauliflower (VE)  <i>Fruit Offering</i> Apple Sauce (VE)	<b>Manicotti (V)</b>  Marinated White Beans (VE)  <i>Fruit Offering</i> Bananas (VE)
10	11	12	13	14
<b>Braised Tuna with Tomato Sauce</b>  Broccoli With Garlic & Oil (VE)  Soft Roll (VE)  <i>Fruit Offering</i> Flavored Apple Sauce (VE)	<b>Crispy Chicken Sandwich</b>  Sweet Plantains (VE)  <i>Fruit Offering</i> Pears (VE)	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Carrots (VE)  <i>Fruit Offering</i> Peaches (VE)	<b>Ranch Chicken Tenders</b>  Soft Cooked Penne (VE)  Roasted Cauliflower (VE)  <i>Fruit Offering</i> Apple Sauce (VE)	<b>Manicotti (V)</b>  Marinated White Beans (VE)  <i>Fruit Offering</i> Bananas (VE)
Eid al-Adha 17	18	Juneteenth 19	20	21
<b>Fish &amp; Cheese Sandwich</b>  Broccoli With Garlic & Oil (VE)  <i>Fruit Offering</i> Flavored Apple Sauce (VE)	<b>Crispy Chicken Sandwich</b>  Sweet Plantains (VE)  <i>Fruit Offering</i> Pears (VE)	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Spiced Sweet Potatoes (VE)  <i>Fruit Offering</i> Peaches (VE)	<b>Italian Chicken Tenders</b>  Soft Cooked Penne (VE)  Roasted Cauliflower (VE)  <i>Fruit Offering</i> Apple Sauce (VE)	<b>Manicotti (V)</b>  Marinated White Beans (VE)  <i>Fruit Offering</i> Bananas (VE)
24	25	Last Day of Classes 26	27	28
<b>Braised Tuna with Tomato Sauce</b>  Broccoli With Garlic & Oil (VE)  Soft Roll (VE)  <i>Fruit Offering</i> Flavored Apple Sauce (VE)	<b>Crispy Chicken Sandwich</b>  Sweet Plantains (VE)  <i>Fruit Offering</i> Pears (VE)	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Carrots (VE)  <i>Fruit Offering</i> Peaches (VE)	<b>Ranch Chicken Tenders</b>  Soft Cooked Penne (VE)  Roasted Cauliflower (VE)  <i>Fruit Offering</i> Apple Sauce (VE)	<b>Manicotti (V)</b>  Marinated White Beans (VE)  <i>Fruit Offering</i> Bananas (VE)
			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Daily Lunch Specials</b>  <ul style="list-style-type: none"> <li>• Hummus and Soft Roll (VE)</li> <li>• 8 oz. Yogurt (V)</li> <li>• Tuna</li> </ul> Options may vary by location


**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available  
  
(V) Indicates Vegetarian  
(VE) Indicates Vegan

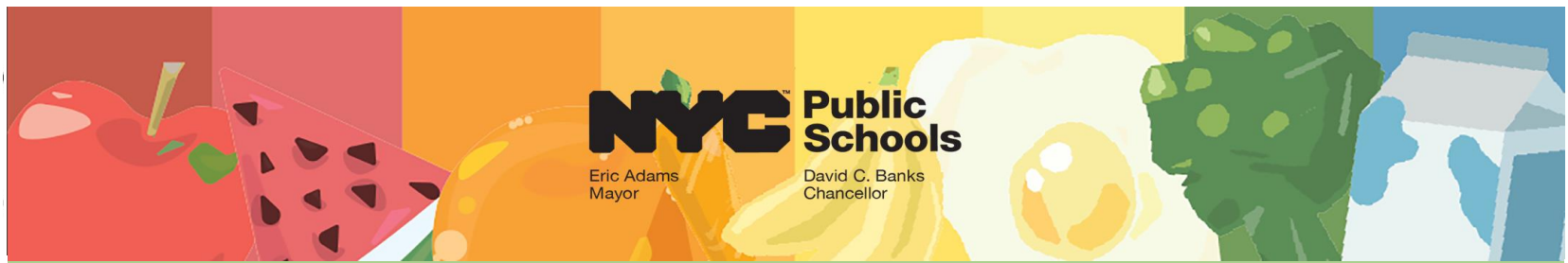
Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree



## JUNE 2024: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Pizza by the Slice (V)</b></p> <p>Seasoned Chickpeas (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p><b>Chicken Dumplings</b></p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p><b>Manicotti (V)</b> with marinara sauce (VE)</p> <p>Steamed Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p><b>Turkey Burger</b> Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p><b>Veggie Burger (V)</b></p> <p>Italian Marinated Cucumber Salad (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
10	11	12	13	14
<p><b>French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Roasted Zucchini (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p><b>Chicken Tenders</b></p> <p>Superhero Spinach (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p><b>Veggie Nuggets (VE)</b> with Dipping Sauce</p> <p>Spiced Sweet Potatoes (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p><b>Dinner Roll (V)</b></p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p><b>Cheesy Garlic Pizza (V)</b> with marinara sauce (VE)</p> <p>Creamed Spinach (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p><b>Hamburger or Cheeseburger</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p><b>Homemade Grilled Cheese (VE)</b></p> <p>Steamed Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Seasoned Chickpeas (VE)</p> <p>Garlicky Green Bean (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p><b>Chicken Tenders</b> with Dipping Sauce</p> <p>Steamed Cauliflower (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Steamed Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p><b>Soft Turkey Taco</b></p> <p>Steamed Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p><b>Veggie Burger (V)</b></p> <p>Summer Squash (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
			 <p style="text-align: center; font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p style="text-align: center;"><b>Daily Lunch Specials</b></p> <ul style="list-style-type: none"> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Hummus and Crackers (VE)</li> <li>• 4 oz. Yogurt (V)</li> <li>• Tuna Sandwich</li> </ul> <p style="text-align: center; font-size: x-small;">Options may vary by location</p>

**Milk\***  
Whole Milk (V)  
\*Alternative options are available upon request

**ATTENTION:**

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

**Other Fruits**  
Apple Sauce, Sliced Peaches, Diced Pears, Pineapples (VE)

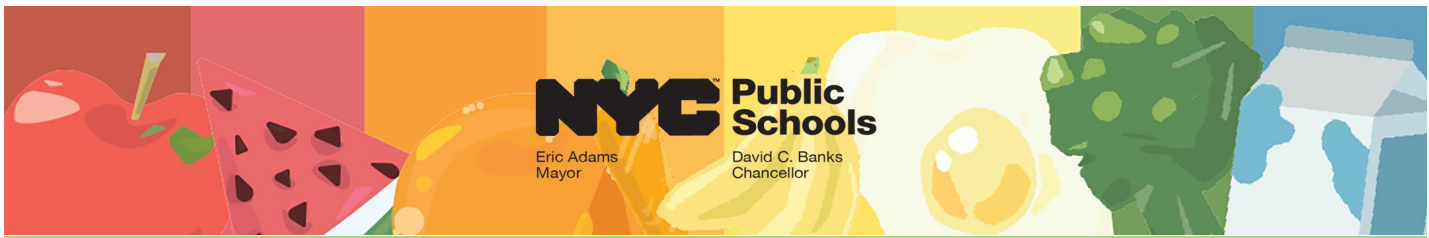
OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.  
Consistencies upon request: puree, mashed and finely chopped.

**\* Recipes created in collaboration with OFNS and the Chef Council**

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Pizza by the Slice (V)</b> Kid Friendly Kale Salad (V)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Veggie Burger (VE)</b> <b>Veggie Cheeseburger (V)</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Classic Toppings</p>	<p><b>Manicotti (V)</b> in Marinara</p> <p>Baby Carrots (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Leafy Green Salad Bar</p>	<p><b>Zucchini Parmigiana (V)</b></p> <p>Spaghetti Marinara (VE)</p> <p>Basil Corn Salad (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Leafy Green Salad Bar</p>	<p><b>Zesty Chickpea Stew (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Mediterranean Bar</p>
10	11	12	13	14
<p><b>French Bread Pizza (V)</b> Garlicky Green Bean (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Teriyaki Veggie Nuggets (VE)</b></p> <p>Ginger Carrots (V)</p> <p>Brown Rice (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Leafy Green Salad Bar</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Crispy Broccoli (V)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Rainbow Bar</p>	<p><b>Red White and Green Panini (V)</b></p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Classic Toppings</p>	<p><b>Cajun Pinto Bean (VE)</b> with Brown Rice (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Italian Green Beans (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Big City Bean Taco (VE)</b></p> <p>Street Style Corn (V)</p> <p>Served with Salsa (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Fiesta Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Baby Carrots (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Plastic Free Lunch Bar</p>	<p><b>Mozzarella Sticks (V)</b> with Marinara Sauce (VE)</p> <p>Superhero Spinach (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Pizza Bar</p>	<p><b>Guisado Kidney Beans (VE)*</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Brown Rice (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p style="color: purple; font-weight: bold; text-align: center;">Salad Bar Leafy Green Salad Bar</p>
24	25	Last Day of Classes 26	27	28
<p><b>Pizza by the Slice (V)</b> Kid Friendly Kale Salad (V)</p>	<p><b>Veggie Burger (VE)</b> <b>Veggie Cheeseburger (V)</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Manicotti (V)</b> in Marinara</p> <p>Baby Carrots (VE)</p>	<p><b>Zucchini Parmigiana (V)</b></p> <p>Spaghetti Marinara (VE)</p> <p>Basil Corn Salad (VE)</p> <p>Chickpea Salad (VE)</p>	<p><b>Zesty Chickpea Stew (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p>
<p style="text-align: center; font-weight: bold; color: green;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>				
<p><u>Monday</u></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><u>Tuesday</u></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><u>Wednesday</u></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><u>Thursday</u></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><u>Friday</u></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>

Milk

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

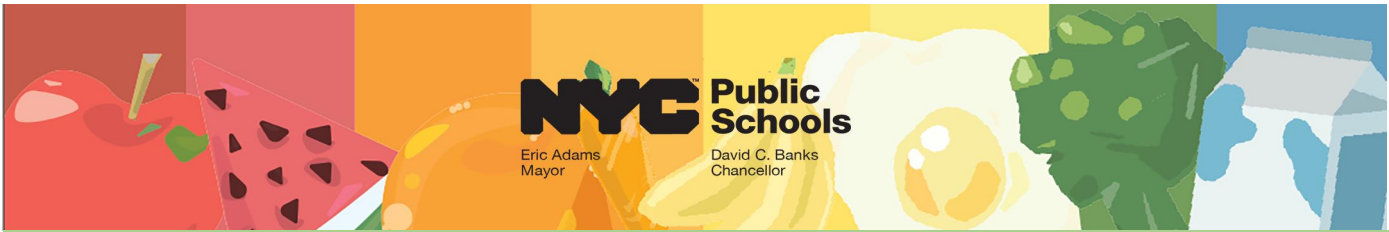
Seasonal Fresh Fruit

Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>CHEF CHOICE</b> or <b>Pizza by the Slice (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Dumplings</b></p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Manicotti (V)</b> in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p> <p style="color: green;">Bread Stick (V)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Turkey Burger</b></p> <p><b>Turkey Cheeseburger</b> Whole Wheat Bun</p> <p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p style="color: green;">Herb Roasted Potatoes (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Classic Toppings</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p><b>CHEF CHOICE</b> or <b>French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Veggie Nugget (VE)</b> Dipping Sauce</p> <p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p><b>CHEF CHOICE</b> or <b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Tender Melt</b> Ciabatta Bread</p> <p>Superhero Spinach (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Cajun Pinto Beans (VE)</b> with Brown Rice (VE)</p> <p>Southwest Burrito (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Fiesta Bar</p>
17	18	19	20	21

## SUMMER MENU KICKOFF

<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p style="color: green;">Dinner Roll (V)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p><b>Hamburger or Cheeseburger</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Classic Toppings</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28

<p><b>Sicilian Slice Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p style="color: red;"><i>Plastic Free Lunch Day</i></p> <p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p style="color: green;">Garlic Knot (V)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Summer Squash (VE)</p>
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WE PROUDLY SUPPORT  
LOCALLY SOURCED,  
GROWN, HARVESTED OR  
PRODUCED FOOD.  
ALL NEW YORK ITEMS  
ARE HIGHLIGHTED IN GREEN.

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>

<p style="text-align: center;"><b>Milk</b></p> <p style="text-align: center;">1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p style="font-size: x-small;">Alternative options are available upon request</p>	<p style="text-align: center;"><b>ATTENTION:</b></p> <p style="font-size: x-small;">All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p style="font-size: x-small;">OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="font-size: x-small;">OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;"> </div>
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\* Recipes created in collaboration with OFNS and the Chef Council

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- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>CHEF CHOICE</b> or <b>Pizza by the Slice (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Dumplings</b></p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Manicotti (V)</b> in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p> <p><i>Bread Stick (V)</i></p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Turkey Burger</b></p> <p><b>Turkey Cheeseburger</b> <i>Whole Wheat Bun</i></p> <p><b>Fish and Cheese Sandwich</b> <i>Whole Wheat Bun</i></p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p><b>CHEF CHOICE</b> or <b>French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Veggie Nugget (VE)</b> Dipping Sauce</p> <p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>CHEF CHOICE</b> or <b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Tender Melt</b> <i>Ciabatta Bread</i></p> <p>Superhero Spinach (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Cajun Pinto Beans (VE)</b> with Brown Rice (VE)</p> <p><b>Southwest Burrito (V)</b></p> <p>Spiced Sweet Potatoes (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p><i>Dinner Roll (V)</i></p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>Fish and Cheese Sandwich</b> <i>Whole Wheat Bun</i></p> <p><b>Hamburger or Cheeseburger</b> <i>Whole Wheat Bun</i></p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28

<p><b>Sicilian Slice Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p style="color: red;"><b><i>Plastic Free Lunch Day</i></b></p> <p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p><i>Garlic Knot (V)</i></p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Summer Squash (VE)</p>
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LOCALLY SOURCED, GROWN,  
HARVESTED OR  
PRODUCED FOOD.  
ALL NEW YORK ITEMS  
ARE HIGHLIGHTED IN GREEN.

<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>
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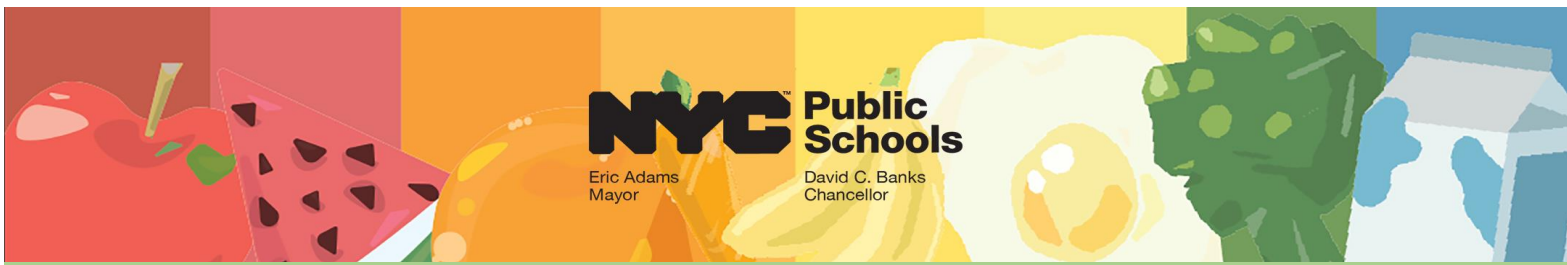
<p style="text-align: center;"><b>Milk</b></p> <p style="text-align: center;">1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p style="font-size: small;">Alternative options are available upon request</p>	<p style="text-align: center;"><b>ATTENTION:</b></p> <p style="font-size: small;">All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p style="font-size: small;">OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="font-size: small;"><b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p>
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- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE)	<b>Chicken Caesar Wrap</b> Marinated Bean Salad (VE) Lemon Arugula Salad (V)	<b>Balsamic Chicken Grab and Go Salad</b> Basil Corn Salad (VE) Served with Salsa (VE)	<b>Superhero Spinach Wrap (V)</b> Broccoli Salad (V)	<b>Italian Veggie Grab &amp; Go Salad (VE)</b> Italian Marinated Cucumber Salad (VE)
10	11	12	13	14
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE) Served with Salsa (VE)	<b>BBQ Crispy Chicken Grab and Go Salad</b> Cilantro Black Bean Salad (VE)	<b>Chicken Tender Wrap</b> Dipping Sauce Classic Potato Salad (V)	<b>Mediterranean Chicken Pasta Salad</b> Green Garden Salad (VE)	<b>Chickpea and Pimento Wrap (VE)</b> Fresh Cilantro Healthy Coleslaw (V)
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

24	25	Last Day of Classes 26	27	28
<b>Assorted Cold Vegetarian Option (V)</b> Balsamic Chickpea Salad (V)	<b>Crispy Chicken Grab and Go Salad</b> Asian Red Cabbage Slaw (V)	<b>Chicken Caesar Wrap</b> Lemon Arugula Salad (V)	<b>Chicken Salad Hoagie</b> Basil Corn Salad (V)	<b>Black Bean Wrap (VE)</b> Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
<b>Assorted Cold Vegetarian Option (V)</b> Crunchy Carrot Sticks (VE)	<b>Chimichurri Chicken Wrap</b> Classic Potato Salad (VE) Marinated Bean Salad (VE)	<b>Balsamic Chicken Grab and Go Salad</b> Basil Corn Salad (VE) Served with Salsa (VE)	<b>Chicken Tender Wrap</b> Broccoli Salad (V)	<b>Italian Veggie Grab &amp; Go Salad (VE)</b> Italian Marinated Cucumber Salad (VE) Cheese Sandwich (V)
 WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.				

<b>Monday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Tuesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Wednesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Thursday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<b>Friday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
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**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request


**OFFERED DAILY**

OFNS Menu Support  
Seasonal Fresh Fruit and Vegetables  
when available

Assorted Dressings

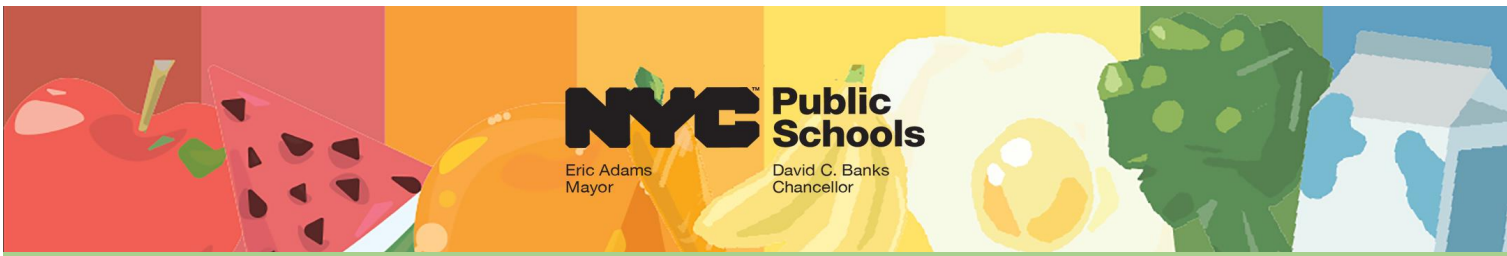
**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Sicilian Slice Pizza (V)</b></p> <p><b>Hot Bean Salad (VE)</b></p>	<p><b>Chicken Dumplings</b></p> <p>Garlic Teriyaki Green Beans (V)</p>	<p><b>Manicotti (V) in Marinara</b></p> <p>Roasted Fresh Tomatoes (VE)</p>	<p><b>Crispy Chicken Sandwich</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kid Friendly Kale Salad (V)</p> <p>Flatbread (VE)</p>
10	11	12	13	14
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Italian Chickpeas (VE)</p>	<p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Mozzarella Sticks (V) with marinara sauce (VE)</b></p> <p>Roasted Zucchini (VE)</p>	<p><b>Chicken Tender Melt</b> Whole Wheat Bun</p> <p>Superhero Spinach (VE)</p>	<p><b>Cajun Pinto Bean (VE) with Brown Rice (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Spiced Sweet Potatoes (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Seasoned Chickpeas (VE)</p>	<p><b>Crispy Chicken Bites</b></p> <p>Sweet Potato Wedge Fries (VE)</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Baked Broccoli (V)</p> <p>Marinara Sauce (VE)</p>	<p><b>Crispy Chicken Sandwich</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Italian Green Bean (VE)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p>Hot Bean Salad (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p><b>Mozzarella Sticks (V) with marinara sauce (VE)</b></p> <p>Crispy Broccoli (VE)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Summer Squash (VE)</p>
 <p style="text-align: center; font-weight: bold; font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>				
<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>

**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)

Alternative options are available upon request

**ATTENTION:**

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

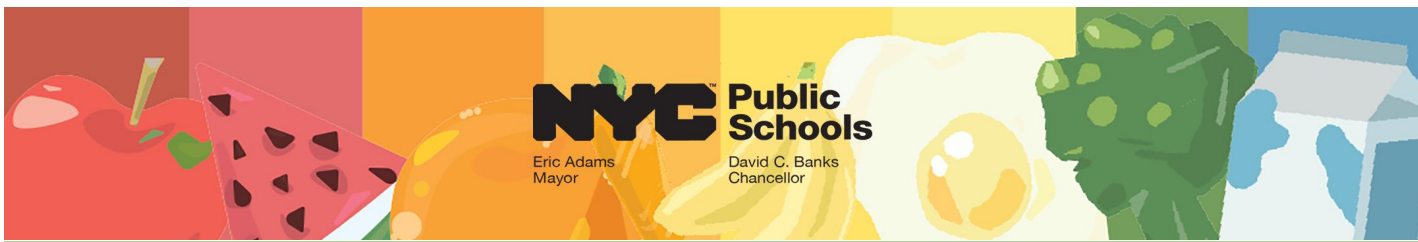
OFNS has an extensive Prohibitive Ingredients List available at:



\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products





## JUNE 2024: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>CHEF CHOICE or Pizza by the Slice (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE or Chicken Dumplings</b></p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE or Manicotti (V) in Marinara</b></p> <p>Roasted Fresh Tomatoes (VE)</p> <p>Bread Stick (V)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE or Turkey Burger</b></p> <p>Turkey Cheeseburger Whole Wheat Bun</p> <p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p><b>CHEF CHOICE or French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE or Veggie Nugget (VE)</b> Dipping Sauce</p> <p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>CHEF CHOICE or Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>CHEF CHOICE or Chicken Tender Melt</b> Ciabatta Bread</p> <p>Superhero Spinach (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Cajun Pinto Beans (VE)</b> with Brown Rice (VE)</p> <p>Southwest Burrito (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p>Dinner Roll (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p><b>Hamburger or Cheeseburger</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p>Garlic Knot (V)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Three Cheese Grilled Cheese (V)</p> <p>Summer Squash (VE)</p>
<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>				



<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Mozzarella Sticks (V)</li> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Seasoned Wedge Fries (VE)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Pizza (V)</li> <li>• Chicken Tenders</li> <li>• Chicken Dumplings</li> <li>• Mozzarella Sticks (V)</li> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Pizza (V)</li> <li>• Chicken Tenders</li> <li>• Chicken Dumplings</li> <li>• Mozzarella Sticks (V)</li> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Seasoned Wedge Fries (VE)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Pizza (V)</li> <li>• Chicken Dumplings</li> <li>• Mozzarella Sticks (V)</li> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Seasoned Wedge Fries (VE)</li> </ul>
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**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

**ATTENTION:**  
All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

OFNS has an extensive Prohibitive Ingredients List available at:

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

\* Recipes created in collaboration with OFNS and the Chef Council

• **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
10	11	12	13	14
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)
Eid al-Adha 17	18	Juneteenth 19	20	21
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
24	25	Last Day of Classes 26	27	28
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menu Support  
 Seasonal Fresh Fruit and Vegetables  
 when available

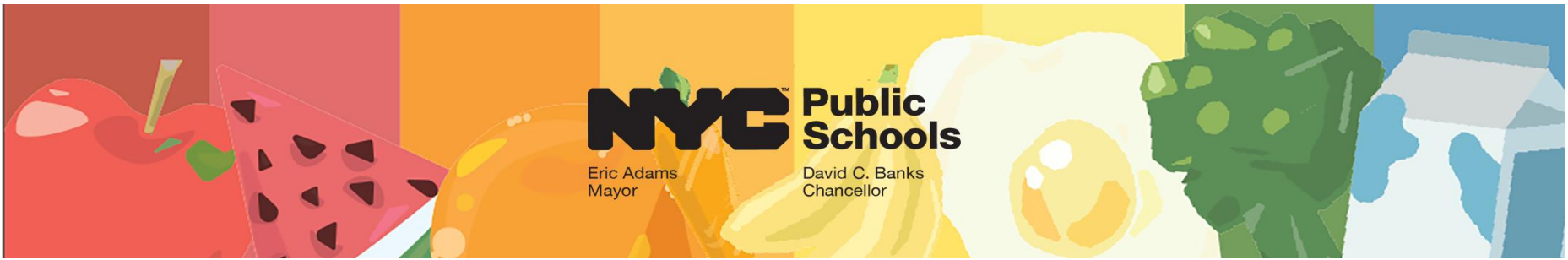
**All Fruit**  
 Offerings are 1 cup

**Seasonal Fresh Fruit**  
 Apples, Apple Slices,  
 Oranges, Peaches,  
 Mandarins, Watermelon,  
 Pears, Bananas, and  
 Strawberries (VE)

OFNS has an extensive  
**Prohibitive Ingredients List**  
 available at:

• **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
10	11	12	13	14
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
Eid al-Adha 17	18	Juneteenth 19	20	21
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
24	25	Last Day of Classes 26	27	28
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
			 WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

**Milk**  
Whole Milk (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

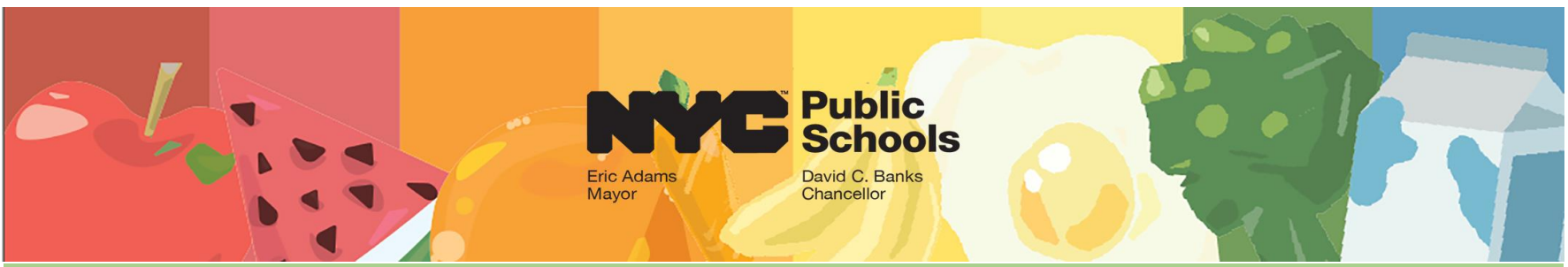
Seasonal Fresh Fruit  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



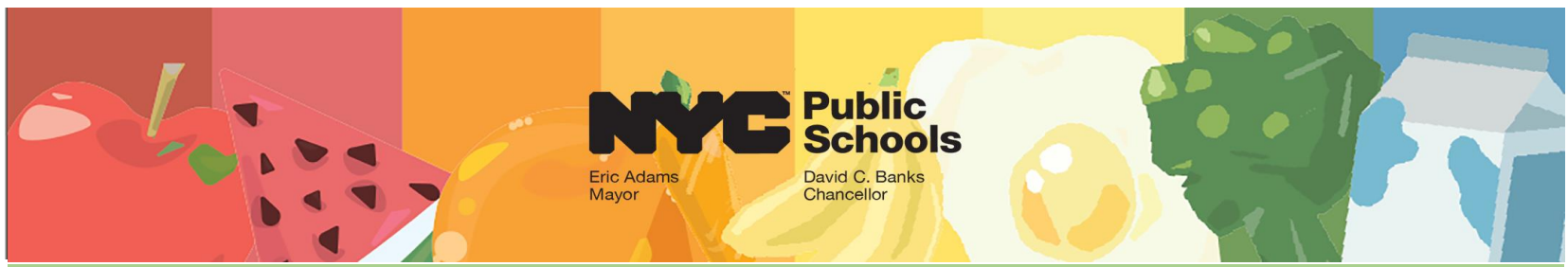
## JUNE 2024: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<b>Grab and Go Cheese Plate (V)</b>  Italian Green Beans (VE)	<b>Crispy Chicken Grab and Go Salad</b>  Asian Red Cabbage Slaw (V)	<b>Chicken Salad Hoagie</b>  Kid Friendly Kale Salad (V)	<b>Chimichurri Chicken Wrap</b>  Confetti Corn Salad (VE)	<b>Black Bean Wrap (VE)</b>  Fresh Tomato Salad (V)
10	11	12	13	14
<b>Red, White and Green Panini (V)</b>  Balsamic Chickpea Salad (V)	<b>Balsamic Chicken Grab and Go Salad</b>  Served with Salsa (VE)	<b>Curried Chicken Wrap Dipping Sauce</b>  Fresh Tomato Salad (V)	<b>Sesame Noodle Bowl</b>  Broccoli Salad (V)	<b>Italian Veggie Grab &amp; Go Salad (VE)</b>  Italian Marinated Cucumber Salad (VE)
Eid al-Adha 17	18	Juneteenth 19	20	21
<b>Superhero Spinach Wrap (V)</b>  Broccoli Salad (V)	<b>Chicken Tender Wrap Dipping Sauce</b>  Classic Potato Salad (V)	<b>BBQ Crispy Chicken Grab and Go Salad</b>  Cilantro Black Bean Salad (VE)	<b>Mediterranean Chicken Pasta Salad</b>  Green Garden Salad (V)	<b>Chickpea and Pimento Wrap (VE)</b>  Fresh Cilantro Healthy Coleslaw (V)
24	25	Last Day of Classes 26	27	28
<b>Grab and Go Cheese Plate (V)</b>  Italian Green Beans (VE)	<b>Crispy Chicken Grab and Go Salad</b>  Asian Red Cabbage Slaw (V)	<b>Chicken Salad Hoagie</b>  Kid Friendly Kale Salad (V)	<b>Chimichurri Chicken Wrap</b>  Confetti Corn Salad (VE)	<b>Black Bean Wrap (VE)</b>  Fresh Tomato Salad (V)
			  WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Daily Supper Specials</b>  <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Hummus and Crackers Grab &amp; Go (V)</li> </ul> Options may vary by location

### OFFERED DAILY

<p style="text-align: center;"><b>Milk</b></p> <p style="text-align: center;">1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p style="font-size: small;">Alternative options are available upon request</p>	<p style="text-align: center;">OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="text-align: center;">Assorted Dressings</p> <p style="text-align: center;"><b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p>	<p style="font-size: small;">OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Homemade Grilled Cheese Sandwich (V)</b></p> <p>Crispy Broccoli (V)</p>	<p><b>Crispy Chicken Sandwich</b> <i>Whole Wheat Bun</i></p> <p>Baked Sweet Potato Wedge Fries (VE)</p>	<p><b>Chicken Tenders</b></p> <p>Slow Roasted Baby Carrots (V)</p> <p><i>Garlic Knot (V)</i></p>	<p><b>Pizza (V)</b></p> <p>Corn, Peas and Carrots (VE)</p>	<p><b>Veggie Nuggets (VE)</b> with Dipping Sauce (V)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Dinner Roll (VE)</i></p>
10	11	12	13	14
<p><b>Mozzarella Sticks (V)</b> Marinara Sauce (VE)</p> <p>Crispy Broccoli (V)</p>	<p><b>Turkey Burger</b> <i>Whole Wheat Bun</i></p> <p>Crisp Sweet Potato Waffle Fries (VE)</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Roasted Zucchini (VE)</p>	<p><b>Pizza (V)</b></p> <p>Italian Green Beans (VE)</p>	<p><b>Veggie Burger (VE)</b> <i>Whole Wheat Bun</i></p> <p>Seasoned Wedge Fries (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Manicotti</b> in Marinara Sauce (V)</p> <p>Superhero Spinach (VE)</p>	<p><b>Hamburgers &amp; Cheeseburgers</b> <i>Whole Wheat Bun</i></p> <p>Cilantro Healthy Coleslaw (V)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Soft Turkey Taco</b></p> <p>Street Style Corn (V)</p>	<p><b>Pizza (V)</b></p> <p>Parmigiana Spinach (V)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Homemade Grilled Cheese Sandwich (V)</b></p> <p>Crispy Broccoli (V)</p>	<p><b>Crispy Chicken Sandwich</b> <i>Whole Wheat Bun</i></p> <p>Baked Sweet Potato Wedge Fries (VE)</p>	<p><b>Chicken Tenders</b></p> <p>Slow Roasted Baby Carrots (V)</p> <p><i>Garlic Knot (V)</i></p>	<p><b>Pizza (V)</b></p> <p>Corn, Peas and Carrots (VE)</p>	<p><b>Veggie Nuggets (VE)</b> with Dipping Sauce (V)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Dinner Roll (VE)</i></p>
			 <p style="font-size: small; text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><b>Daily Supper Specials</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Hummus and Crackers Grab &amp; Go (V)</li> </ul> <p style="font-size: x-small;">Options may vary by location</p>

**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)

Alternative options are available upon request

**OFFERED DAILY**


OFNS Menu Support  
Seasonal Fresh Fruit and Vegetables  
when available

Assorted Dressings

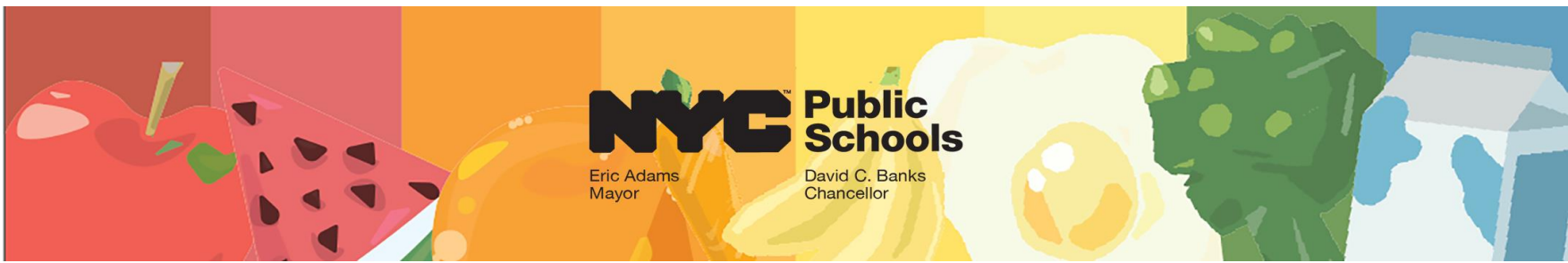
**Seasonal Fresh Fruit**

Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>Homemade Grilled Cheese Sandwich (V)</b></p> <p>Baked Sweet Potato Wedge Fries (VE)</p>	<p><b>Vegetarian Quesadilla (V)</b> served with Salsa (VE)</p> <p>Fiesta Black Beans (VE)</p>	<p><b>Mozzarella Sticks (VE)</b></p> <p>Green Garden Salad (VE)</p>	<p><b>Pizza (V)</b></p> <p>Roasted Zucchini (VE)</p>	<p><b>Veggie Nuggets (VE)</b> with Dipping Sauce (V)</p> <p>Seasoned Wedge Fries (VE)</p> <p><b>Dinner Roll (VE)</b></p>
10	11	12	13	14
<p><b>Mozzarella Sticks (V)</b> Marinara Sauce (VE)</p> <p>Crispy Broccoli (V)</p>	<p><b>Super Hero Spinach Wrap (V)</b></p> <p>Baked Beans (VE)</p>	<p><b>Pizza (V)</b></p> <p>Roasted Chickpeas With Basil Pesto (V)</p>	<p><b>Three Cheese Grilled Cheese (V)</b></p> <p><b>Street Style Corn (V)</b></p>	<p><b>Veggie Burger (VE)</b> or <b>Veggie Cheeseburger(V)</b> <b>Whole Wheat Bun</b></p> <p>Seasoned Wedge Fries (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21
<p><b>Red White and Green Panini (V)</b></p> <p>Seasoned Wedge Fries (VE)</p>	<p><b>Manicotti (V)</b> with marinara sauce (VE)</p> <p>Seasoned Fresh Green Beans (V)</p>	<p><b>Black Bean and Plantain Power Bowl (VE)</b> with Brown Rice (VE)</p>	<p><b>Pizza (V)</b></p> <p>Crispy Broccoli (V)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p>Roasted Fresh Tomatoes (VE)</p>
24	25	Last Day of Classes 26	27	28
<p><b>Homemade Grilled Cheese Sandwich (V)</b></p> <p>Baked Sweet Potato Wedge Fries (VE)</p>	<p><b>Vegetarian Quesadilla (V)</b> served with Salsa (VE)</p> <p>Fiesta Black Beans (VE)</p>	<p><b>Mozzarella Sticks (VE)</b></p> <p>Green Garden Salad (VE)</p>	<p><b>Pizza (V)</b></p> <p>Roasted Zucchini (VE)</p>	<p><b>Veggie Nuggets (VE)</b> with Dipping Sauce (V)</p> <p>Seasoned Wedge Fries (VE)</p> <p><b>Dinner Roll (VE)</b></p>
			 <p><b>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</b></p>	<p><b>Daily Supper Specials</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Hummus and Crackers Grab &amp; Go (V)</li> </ul> <p>Options may vary by location</p>

### OFFERED DAILY

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

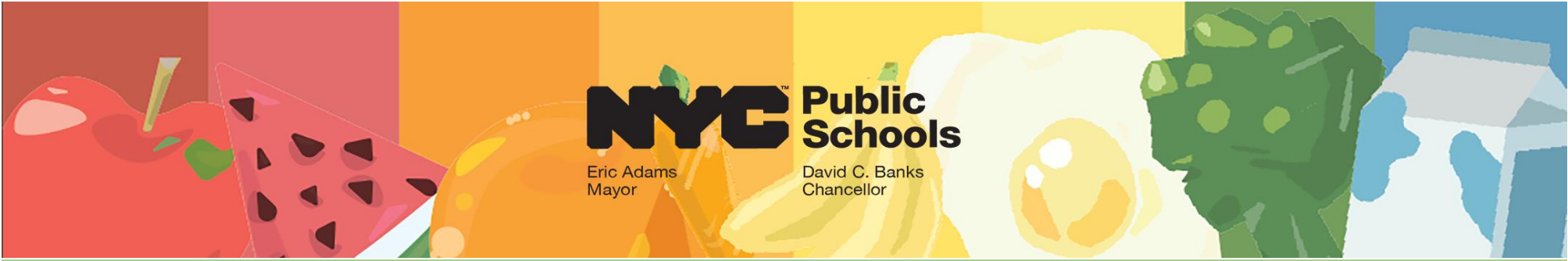
Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



## JUNE 2024: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<p><b>Honey Corn Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Cinnamon Burst Pancakes (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Banana Muffin (V)</b></p> <p>Milk (V)</p>	<p><b>Blueberry Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Honey Corn Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>

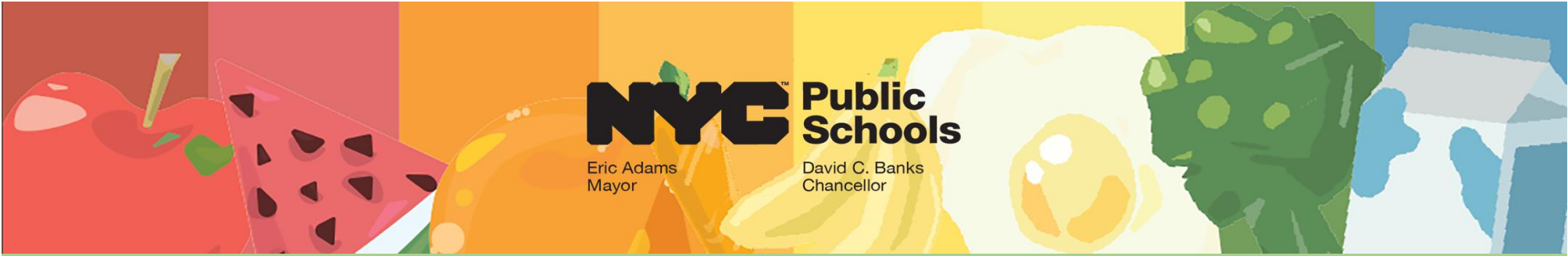
**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

(V) Indicates Vegetarian  
 (VE) Indicates Vegan

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:





## JUNE 2024: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<p><b>Honey Corn Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Cinnamon Burst Pancakes (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Buttermilk Pancakes (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Blueberry Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>	<p><b>Honey Corn Breakfast Bread (V)</b></p> <p>Fresh Fruit (VE) Milk (V)</p>

**Milk**  
**1% Low-fat (V)**  
**Fat Free (V)**  
**Fat Free Chocolate (V)**  
 Alternative options are available upon request

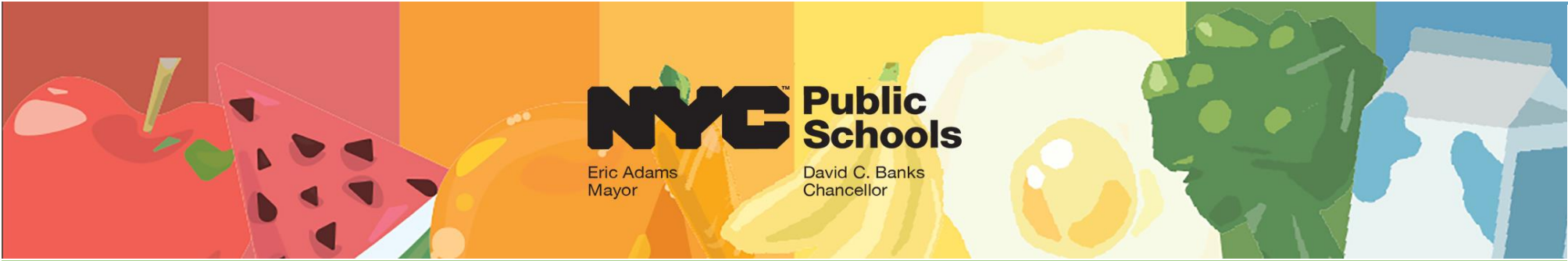
**OFNS has an extensive Prohibitive Ingredients List available at:**



(V) Indicates Vegetarian  
(VE) Indicates Vegan

**Seasonal Fresh Fruit**  
**Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)**





## JUNE 2024: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<b>Assorted Cold Sandwiches and Wraps</b> Confetti Corn Salad (VE) Fresh Fruit (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b> Italian Green Beans (VE) Fresh Fruit (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b> Carrot Sticks (VE) Fresh Fruit (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b> Broccoli Salad (V) Fresh Fruit (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b> Confetti Corn Salad (VE) Fresh Fruit (VE) Milk (V)

**OFFERED DAILY**

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
**Fat Free Chocolate (V)**  
 Alternative options are available upon request

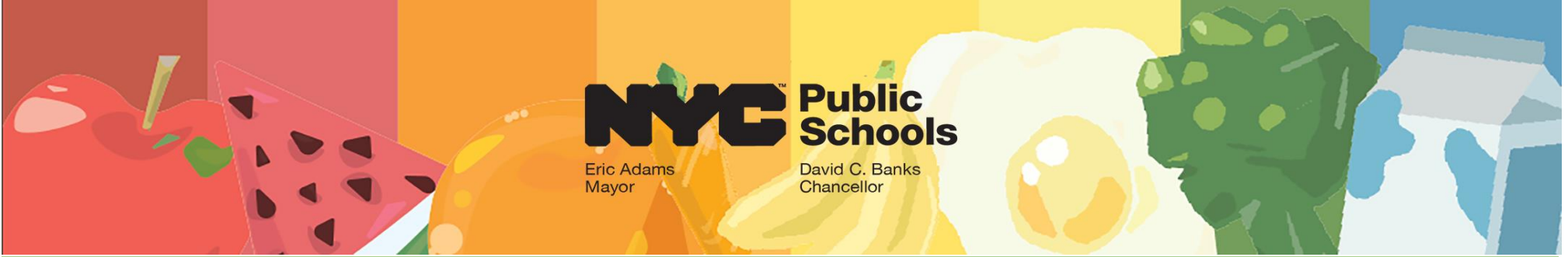
(V) Indicates Vegetarian  
 (VE) Indicates Vegan

**Assorted Dressings**

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

**OFNS has an extensive Prohibitive Ingredients List available at:**





## JUNE 2024: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<b>Grilled Cheese Sandwich (V)</b>  Seasoned Wedge Fries (VE)  Fresh Fruit (VE) Milk (V)	<b>Hamburgers &amp; Cheeseburgers</b>  Baked Sweet Potato Waffle Fries (VE)  Fresh Fruit (VE) Milk (V)	<b>Baked Mozzarella Sticks (V)</b> Marinara Sauce (VE)  Crispy Broccoli (V)  Fresh Fruit (VE) Milk (V)	<b>Crispy Chicken Sandwich</b> <b>Whole Wheat Bun</b>  Seasoned Wedge Fries (VE)  Fresh Fruit (VE) Milk (V)	<b>Grilled Cheese Sandwich (V)</b>  Seasoned Wedge Fries (VE)  Fresh Fruit (VE) Milk (V)

### OFFERED DAILY

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

(V) Indicates Vegetarian  
 (VE) Indicates Vegan

Assorted Dressings

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:





### JUNE 2023: Summer Truck Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	Anniversary Day 6	Clerical Day 7	8
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V) Fresh Fruit (VE)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V) Fresh Fruit (VE)	Chicken Caesar Wrap Lemon Arugula Salad (V) Fresh Fruit (VE)	Chicken Salad Hoagie Basil Corn Salad (V) Fresh Fruit (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Fresh Fruit (VE)	Curried Chicken Wrap Ranch Carrots Snacker (V) Fresh Fruit (VE)
9	10	11	12	13	14	15
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Chimichurri Chicken Wrap Classic Potato Salad (VE) Fresh Fruit (VE)	Balsamic Chicken Grab and Go Salad Marinated Bean Salad (VE) Fresh Fruit (VE)	Chicken Tender Wrap Broccoli Salad (V) Fresh Fruit (VE)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE) Fresh Fruit (VE)	Curried Chicken Wrap Ranch Carrots Snacker (VE) Fresh Fruit (VE)
16	Eid al-Adha 17	18	Juneteenth 19	20	21	22
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V) Fresh Fruit (VE)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V) Fresh Fruit (VE)	Chicken Caesar Wrap Lemon Arugula Salad (V) Fresh Fruit (VE)	Chicken Salad Hoagie Basil Corn Salad (V) Fresh Fruit (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Fresh Fruit (VE)	Curried Chicken Wrap Ranch Carrots Snacker (VE) Fresh Fruit (VE)
23	24	25	Last Day of Classes 26	27	28	29
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Fresh Fruit (VE)	Chimichurri Chicken Wrap Classic Potato Salad (VE) Fresh Fruit (VE)	Balsamic Chicken Grab and Go Salad Marinated Bean Salad (VE) Fresh Fruit (VE)	Chicken Tender Wrap Broccoli Salad (V) Fresh Fruit (VE)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE) Fresh Fruit (VE)	Curried Chicken Wrap Ranch Carrots Snacker (VE) Fresh Fruit (VE)
30						
Chicken Salad Hoagie Crunchy Carrot Sticks (VE) Fresh Fruit (VE)				WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN		

**Milk\***  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Peaches, Pears, Plums, Mandarins, Bananas, Strawberries, and Watermelon (VE)

**Condiments**  
Mustard  
Mayonnaise

**ATTENTION:**  
• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey  
• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

\*Alternative options are available upon request