	Mayo	Adams r Schools David C. Banks Chancellor Schools David C. Banks Chancellor		
Monday	Tuesday	Wednesday	Thursday	Friday
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	6	7	1 Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
11 Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	12 Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	13 Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	14 Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
18	19	20	21	22
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
25	26	27	28	Good Friday 29
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) <u>Condiments</u> Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal Products. Vegan also excludes honey
 Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



NCC Public Bridering David G. Banks MARCH 2024: High School Breakfast Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
	<u>*</u>			1	
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
4	5	6	7	8	
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
11	12	13	14	15	
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
18	19	20	21	22	
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	

25	26	27	28	Good Friday 29
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY Options may vary by location Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)	Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) <u>Condiments</u> Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
		ATTENTION:		

ATTENTION:

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Image: Construction of the second					
Monday	Tuesday	Wednesday	Thursday	Friday	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.				1 Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
4	5	6	7	8	
Toasted Oats (V) Blueberry Granola (V) Applesauce (VE)	Blueberry Muffin (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
11	12	13	14	15	
Frosted Mini Wheats Blueberry Granola (V) Strawberry Banana Apple Sauce (VE)	Honey Corn Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
18	19	20	21	22	
Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Banana Muffin (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
25	26	27	28	Good Friday 29	

Toasted Oats (V) Blueberry Granola (V) Applesauce (VE)	Blueberry Muffin (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) <u>Condiments</u> Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
• Vegan Item (VE): A plant-b		ATTENTION: ents CANNOT be Offered CH0 e grains, vegetables, legumes,		es any eggs, dairy and animal

Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



ME PROUDLY SUPPORT, ICOULY ARVESTED OR PROUDE POOR GREEN. Image: Support Support Choice (V) Image: Support Full Offering Appe Sauce (VE) Vogurt Choice (V) 4 5 6 7 5 6 7 6 7 1 7 Soft Roll (V) Hot Oatmeal (VE) 9 Full Offering Peaches (VE) Full Offering Part Offering Soft Roll (V) 11 12 12 13 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 12 13 14 11 14 12 14 14 14 14 15 14 14 16 15 14 17 16 16 16		MARCH 202	4: Puree Brog	kfast Monu	
Are PROUDLY SUPPORT L COCALLY SUPPORT CALL REVY ORK TEBS ROWCH, HARVESTED OR RROWCH, HARVESTED OR REVISION ORGEN, ALL REVY ORK TEBS Blueberry Muffin (V) Fruit Offening Peaches (VE) 5 6 7 Blueberry Muffin (V) Yogurt Choice (V) Hot Datmeal (V) Fruit Offening Peaches (VE) Egg Omelet on a 	Monday				Friday
Blueberry Muffin (V) Yogurt Choice (V) Hot Datmeal (V) Fruit Offering Peaches (VE) Egg Omelet on a Soft Roll (V) Hot Datmeal (V) Fruit Offering Peaches (VE) Egg Omelet on a Soft Roll (V) Hot Datmeal (V) Fruit Offering Peaches (VE) Banana Muffin (V Yogurt Choice (V) Hot Datmeal (V) Fruit Offering Peaches (VE) Banana Muffin (V Yogurt Choice (V) Hot Datmeal (V) Fruit Offering Peaches (VE) Banana Muffin (V Yogurt Choice (V) Hot Datmeal (V) Banana Muffin (V Yogurt Ch	GROWN, HARVESTED OR PRODUCED FOOD.				Fruit Offering
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Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Pears (VE) Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE) Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE) Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) 18 19 20 21 Blueberry Muffin (V) Yogurt Choice (V) Egg Omelet on a Soft Roll (V) Fruit Offering Pears (VE) Egg Omelet on a Soft Roll (V) Banana Muffin (V Yogurt Choice (V) 18 19 20 21 Blueberry Muffin (V) Yogurt Choice (V) Egg Omelet on a Soft Roll (V) Croissant (V) Yogurt Choice (V) Egg Omelet on a Soft Roll (V) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE) Egg Omelet on a Soft Roll (V) Banana Soft Roll (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Bananas (VE) Second Educed (VE) Fruit Offering Pears (VE) Fruit Offering Souce (VE) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V)	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) Fruit Offering	Fruit Offering
Yogurt Choice (V) Hot Oatmeal (V)Bit o Datmeal (V) Fruit Offering Peaches (VE)Yogurt Choice (V) Hot Oatmeal (V)Hot Oatmeal (V) Hot Oatmeal (V)Yogurt Choice (V) Hot Oatmeal (V)Yogurt Choice (V) Hot Oatmeal (V)Hot Oatmeal (V) Hot Oatmeal (V)Yogurt Choice (V) Hot Oatmeal (V)Hot Oatmeal (V) Fruit Offering Pears (VE)Fruit Offering Pears (VE)Fruit Offering Pears (VE)Yogurt Choice (V) Hot Oatmeal (V)Hot Oatmeal (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V)Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V)Banana Muffin (V 	11	12	13	14	
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE) Fruit Offering Flavored Apple Sauce (VE) Fruit Offering Pears (VE) Fruit Offering Bananas (VE) Fruit Offering Bananas (VE) Fruit Offering Apple Sauce (VE) 25 26 27 28 Good Friday Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Fruit Offering Peaches (VE) Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE) Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Peaches (VE) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Bananas (VE) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Bananas (VE) Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Bananas (VE) Banana Muffin (V Yogurt Choice (VE) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) Fruit Offering	Hot Oatmeal (VE)
Yogurt Choice (V) Hot Oatmeal (V)Soft Roll (V) Hot Oatmeal (V)Yogurt Choice (V) Fruit Offering Pears (VE)Hot Oatmeal (V) Fruit Offering Bananas (VE)Yogurt Choice (V) Fruit Offering Apple Sauce (VE)Yogurt Choice (V) Fruit Offering Yogurt Choice (V)Hot Oatmeal (V) Fruit Offering Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) 	18	19	20	21	
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V)Croissant (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Pears (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (VE)Milk 1% Low-fat (V)Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Oranges, Mandarins,Options may vary by locationAssorted YogurtsOFNS has an extensive Prohibitive Ingredients available at:	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) Fruit Offering	Hot Oatmeal (VE)
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V)Croissant (V) Yogurt Choice (V) Hot Oatmeal (V)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Pears (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)Banana Muffin (V Yogurt Choice (V) Hot Oatmeal (V) 	25	26	27	28	Good Friday
MilkSeasonal Fresh Fruit Apples, Apple Slices,Options may vary by locationAssorted YogurtsOFNS has an extensive Prohibitive Ingredients1% Low-fat (V)Oranges, Mandarins,by locationAssorted Yogurtsavailable at:	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i>	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) <i>Fruit Offering</i>
MilkSeasonal Fresh Fruit Apples, Apple Slices,Options may vary by locationAssorted YogurtsOFNS has an extensive Prohibitive Ingredients1% Low-fat (V)Oranges, Mandarins,by locationAssorted Yogurtsavailable at:					
Condiments Condiments Cold Cereal Choices Alternative options are available upon request Alternative options are Alternative options options are Alternative options options options are Alternative options opting the presequations options options options opting to the presex	1% Low-fat (V) Fat Free (V) at Free Chocolate (V) Alternative options are	Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) <u>Condiments</u>	Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE)	<u>Alternate Fruit</u> Peaches, Pineapples	OFNS has an extensive Prohibitive Ingredients Lis available at:



Public Schools David C. Banks Eric Adams Mayor Chancellor MARCH 2024: Infant - Toddler Breakfast Menu Wednesday Thursday Monday Tuesday **Friday Fresh NY Bagel Half (VE)** served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) WE PROUDLY SUPPORT LOCALLY SOURCED, **Seasonal Fresh Fruit GROWN, HARVESTED OR** or Diced Pears (VE) **PRODUCED FOOD.** Milk (V) **ALL NEW YORK ITEMS** ARE HIGHLIGHED IN GREEN. 7 4 5 6 8 **Fresh NY Rise and Shine Apple Cinnamon Buttermilk Bagel Half (VE) Blueberry Muffin (V) Breakfast Bread (V)** Waffles (V) Pancakes (V) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (VE) **Seasonal Fresh Fruit or Diced** Seasonal Fresh Fruit or Seasonal Fresh Fruit or Seasonal Fresh Fruit or **Pineapples (VE)** Flavored Applesauce (VE) Sliced Peaches (VE) **Seasonal Fresh Fruit Applesauce (VE)** Milk (V) Milk (V) Milk (V) or Diced Pears (VE) Milk (V) Milk (V) 14 11 12 13 15 **Fresh NY** Egg and Cheese on a **Rise and Shine Zucchini Carrot Bagel Half (VE) Yogurt Choice (V)** Whole Grain Waffles (V) **Breakfast Bread (V)** served with **Croissant (V)** Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (VE) **Seasonal Fresh Fruit or Diced Seasonal Fresh Fruit or** Seasonal Fresh Fruit or **Pineapples (VE) Seasonal Fresh Fruit or** Flavored Applesauce (VE) Sliced Peaches (VE) **Seasonal Fresh Fruit** Milk (V) Applesauce (VE) Milk (V) or Diced Pears (VE) Milk (V) Milk (V) Milk (V) 19 21 18 20 22 **Fresh NY Rise and Shine** Egg and Cheese on a **Bagel Half (VE) Banana Muffin (V)** French Toast Sticks (V) Waffles (V) Soft Roll (V) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (V) Hot Oatmeal (VE) **Seasonal Fresh Fruit or Diced Seasonal Fresh Fruit or Assorted Fruits and Seasonal Fresh Fruit or Pineapples (VE)** Sliced Peaches (VE) **Seasonal Fresh Fruit Applesauce (VE)** Flavored Applesauce (VE) Milk (V) Milk (V) or Diced Pears (VE) Milk (V) Milk (V)

25	26	27	28	Good Friday 29
Blueberry Muffin (V)	Buttermilk Pancakes (V)	Apple Cinnamon Breakfast Bread (V)	Rise and Shine Waffles (V)	Fresh NY Bagel Half (VE) served with
Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (V)	Hot Oatmeal (V)	Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE)
Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> Whole Milk (V)	Seasonal Fresh Fruit Apple Slices, Blueberries, Oranges, Mandarins, and	<u>Cold Cereal Choices</u> Multi-Grain Oats (VE)	Options may vary by location	Prohibitive Ingredients List available at:
Alternative options are available upon request	Bananas (VE)	Toasted Oats (VE)	Assorted Yogurts	
(V) Indicates Vegetarian (VE) Indicates Vegan	<u>Other Fruits</u> Apple Sauce, Sliced Peaches, Diced Pears, Pineapples	Oat Circles (VE) Cinnamon Flakes (VE)	<u>Condiments</u> Syrup (VE)	

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



Menu subject to change. Our menus are pork free.

Milk (V)

Public Public Barde C. Banks David C. Banks MARCH 2024: Pre-K - 8 Vegetarian Breakfast Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
				1	
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
4	5	6	7	8	
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
11	12	13	14	15	
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
18	19	20	21	22	
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	

25	26	27	28	Good Friday 29
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY Options may vary by location <u>Cold Cereal Choices</u> Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) <u>Condiments</u> Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



		24: Pre-K - 8 Lu		
Monday	Tuesday	Wednesday	Thursday	Friday
		Jeconocia	, including	1
VE PROUDLY SUPPORT CALLY SOURCED, GROWN				Cajun Pinto Beans (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS E HIGHLIGHED IN GREEN.				<i>Salad Bar</i> Fiesta Bar
4	5	6	7	8
icilian Slice Pizza (V)			Crispy Chicken Bites with Dipping Sauce	White Bean and Pasta Primavera (VE)
talian Green Beans (VE)	Soft Turkey Taco Street Style Corn (V)	Manicotti (V) in Marinara Creamed Spinach (V)	Jollof Cauliflower (V) [*] Sweet Potato Wedge Fries (VE)	Three Cheese Grilled Cheese (V)
Salad Bar Pizza Bar			Dinner Roll (V)	Crispy Broccoli (V)
(With Balsamic Chickpea Salad) 11	Salad Bar Fiesta Bar 12	Salad Bar Leafy Green Salad Bar 13	Salad Bar Rainbow Bar 14	Salad Bar Leafy Green Salad Bar 15
	12		Turkey Burger	15
Pizza by the Slice (V)	Fiesta Quesadilla (V)	<u>Plastic Free</u> <u>Lunch Day</u>	Turkey Cheeseburger	Kidney Bean Rajma (VE)
id Friendly Kale Salad (V)	Fiesta Black Beans (VE)	Garlic and Tomato Panini (V)	Whole Wheat Bun Fish and Cheese	Three Cheese Grilled Cheese (V)
Salad Bar	Served with Salsa (VE)	Baby Carrots (VE)	Sandwich Whole Wheat Bun	Kachumber Salad (VE)* Flatbread (VE)
Pizza Bar (With Balsamic Chickpea Salad) 18	Salad Bar Leafy Green Salad Bar 19	Salad Bar Plastic Free Lunch Bar 20	Herb Roasted Potatoes (VE) Salad Bar Classic Toppings 21	Salad Bar Mediterranean Bar 22
rench Bread Pizza (V)	Veggie Nugget (VE) Dipping Sauce	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
Garlicky Green Bean (VE)	Caribbean Style Beef Patty	Roasted Zucchini (VE)	Superhero Spinach (VE)	Southwest Burrito (V)
Salad Bar Pizza Bar	Seasoned Wedge Fries (VE)	Garlic Knot (V)		Spiced Sweet Potatoes (VE)
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Rainbow Bar	Salad Bar Pizza Bar	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Fiesta Bar
25	26	27	28	Good Friday 29
icilian Slice Pizza (V)	Soft Turkey Taco	Manicotti (V) in Marinara	Caribbean Spiced Jerk Chicken Thighs*	White Bean and Pasta Primavera (VE)
talian Green Beans (VE)	Crispy Chicken Bites	Creamed Spinach (V)	Jollof Cauliflower (V)* Sweet Potato	Three Cheese Grilled Cheese (V)
	Street Style Corn (V) Seasoned Wedge Fries (VE)	Bread Stick (V)	Wedge Fries (VE)	Crispy Broccoli (V)
Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	Seasoned wedge Fries (VE) Salad Bar Fiesta Bar	<i>Salad Bar</i> Leafy Green Salad Bar	Salad Bar Rainbow Bar	<i>Salad Bar</i> Leafy Green Salad Bar
nday anut Butter and/or	• Peanut Butter and/or	• Peanut Butter and/or		Friday • Peanut Butter and/or
flower Seed Butter & / (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)	Sunflower Seed Butter & Jelly (VE)
mmus and Crackers (V) t or Cold Cheese dwich (V)	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 		 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) at Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:



Image: Construction of the second state of the second s					
Monday	Tuesday	Wednesday	Thursday	Friday	
67			,, ,	1	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.				Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)	
4	5	6	7	8	
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)	
11	12	13	14	15	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE) Lemon Arugula Salad (V)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)	
18	19	20	21	22	
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)	

25	26	27	28	Good Friday 29	
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)	
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	
Milk N N StarFree (V) Fat Free Chocolate (V) Alternative options are available upon requestATTENTION:OFNS Menus Support Seasonal Fresh Fruit and Vegetables when availableSeasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)OFNS has an extensive prohibitive Ingredients List available at:					
* Recipes created in collaboration with OFNS and the Chef Council					
• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey					

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



	Eric / Mayo	Adams br	S	
		-	Hot Lunch Me	
Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORt LOCALLY SOURCED, RROWN, HARVESTED ORD, RROWN, HARVESTED ORD, ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	5	6	7	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Soft Turkey Taco Street Style Corn (V) Served with Salsa (VE)	Manicotti (V) in Marinara Creamed Spinach (V) 13	Crispy Chicken Bites Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)	Crispy Chicken Sandwich Whole Wheat Bun Fiesta Black Beans (VE) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE)
18 Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)	19 Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	20 Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE)	21 Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	22 Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)
25 Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	26 Crispy Chicken Bites Street Style Corn (V)	27 Manicotti (V) in Marinara Creamed Spinach (V)	28 Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	Good Friday29White Bean and Pasta Primavera (VE)Three Cheese Grilled Cheese (V)Crispy Broccoli (V)
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese 	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	based food that consist of what animal p	products. Vegan also exclude	mes, nuts, and/or fruit; and e	
				Menu subject to change. Our menus are pork free.

	Fric A Mayor			
	MARCH 2	024: Puree Lui	nch Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
Daily Lunch Specials • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			1 Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
4 Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering Flavored Apple Sauce (VE)	5 Crispy Chicken Sandwich Sweet Plantains (VE) <i>Fruit Offering</i> Pears (VE)	6 100% Beef Hamburgers & Cheeseburgers Carrots (VE) <i>Fruit Offering</i> Peaches (VE)	7 Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Apple Sauce (VE)	8 Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
11	12	13	14	15
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) <i>Fruit Offering</i> Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) <i>Fruit Offering</i> Pears (VE)	100% Beef Hamburgers & Cheeseburgers Spiced Sweet Potatoes (VE) <i>Fruit Offering</i> Peaches (VE)	Italian Chicken TendersSoft Cooked Penne (VE)Roasted Cauliflower (VE)Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
18	19	20	21	22
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) <i>Fruit Offering</i> Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) <i>Fruit Offering</i> Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) <i>Fruit Offering</i> Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
25	26	27	28	Good Friday 29
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) <i>Fruit Offering</i> Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) <i>Fruit Offering</i> Pears (VE)	100% Beef Hamburgers & Cheeseburgers Spiced Sweet Potatoes (VE) <i>Fruit Offering</i> Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available (V) Indicates Vegetarian (VE) Indicates Vegan	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree



	Eric A Mayo MARCH 2024:			
Monday	Tuesday	Wednesday	Thursday	Friday
Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers (VE) • 4 oz. Yogurt (V) • Tuna Sandwich Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			1 Veggie Nuggets (VE) with Dipping Sauce Spiced Sweet Potatoes (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
4	5	6	7	8
Sicilian Slice Pizza (V) Italian Green Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Soft Turkey Taco Diced Plantains (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Manicotti (V) with marinara sauce (VE) Creamed Spinach (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
11	12	13	14	15
Pizza by the Slice (V) Seasoned Chickpeas (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fiesta Quesadilla (V) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Cheesy Garlic Pizza (V) Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Turkey Burger Whole Wheat Bun Herb Roasted Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Burger (V) Italian Marinated Cucumber Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
18	19	20	21	22
French Bread Pizza (V) Garlicky Green Bean (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Tenders Superhero Spinach (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce Spiced Sweet Potatoes (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)

25	26	27	28	Cood Friday 20
25	26	27	28	Good Friday 29
Sicilian Slice Pizza (V) Italian Green Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Soft Turkey Taco Diced Plantains (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Manicotti (V) with marinara sauce (VE) Creamed Spinach (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
<u>Milk*</u> Whole Milk (V) *Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apple Slices, Oranges, Mandarins, and Bananas (VE) <u>Other Fruits</u> Apple Sauce, Sliced Peaches, Diced Pears, Pineapples (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
PLEASE NOTE: 1 % and Fat	Free Milk is available to studer Consistencies up	nts 2 years and over. Whole M provided by the parent. on request: puree, mashed an		24 months. Formula is to be
	* Recipes created in	collaboration with OFNS a	and the Chef Council	

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



	Eric A Mayo	Adams br	S	
Monday	ARCH 2024: Pr Tuesday	Wednesday	Thursday	Friday
wonday	Tuesday	Weanesday	Indisday	Thay
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	5	6	7	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE Salad Bar Fiesta Bar
Sicilian Slice Pizza (V)	Big City Bean Taco (VE)		Mozzarolla Sticke (11)	Guisado Kidney Beans (VE)*
	Street Style Corn (V)	Manicotti (V) in Marinara	Mozzarella Sticks (V) with Marinara Sauce (VE)	Three Cheese Grilled Cheese (V)
Italian Green Beans (VE)	Served with Salsa (VE)	Creamed Spinach (V)	Superhero Spinach (VE)	Brown Rice (VE)
Salad Bar Pizza Bar				Roasted Carrot Coins (VE)
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Pizza Bar	Salad Bar Leafy Green Salad Bar
11	12	13	14	
Pizza by the Slice (V) Kid Friendly Kale Salad (V)	Veggie Burger (VE) Veggie Cheeseburger (V) Whole Wheat Bun Seasoned Wedge Fries (VE)	<u>Plastic Free</u> <u>Lunch Day</u> Garlic and Tomato Panini (V) Baby Carrots (VE)	Zucchini Parmigiana (V) Spaghetti Marinara (VE) Basil Corn Salad (VE)	Zesty Chickpea Stew (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)*
Salad Bar Pizza Bar				Flatbread (VE)
(With Balsamic Chickpea Salad)	Salad Bar Classic Toppings	Salad Bar Plastic Free Lunch Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Mediterranean Bar
18	19	20	21	
French Bread Pizza (V) Garlicky Green Bean (VE) Salad Bar	Teriyaki Veggie Nuggets (VE) Ginger Carrots (V) Brown Rice (VE)	White Bean and Pasta Primavera (VE) Crispy Broccoli (V)	Red White and Green Panini (V) Seasoned Wedge Fries (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad) 25	Leafy Green Salad Bar 26	Rainbow Bar 27	Classic Toppings 28	Fiesta Bar Good Friday
Sicilian Slice Pizza (V) Italian Green Beans (VE) Salad Bar	Big City Bean Taco (VE) Street Style Corn (V) Served with Salsa (VE)	Manicotti (V) in Marinara Creamed Spinach (V)	Mozzarella Sticks (V) with Marinara Sauce (VE) Superhero Spinach (VE)	Guisado Kidney Beans (VE)* Three Cheese Grilled Cheese (V) Brown Rice (VE) Roasted Carrot Coins (VE
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad) <u>Ionday</u> Recent Butter and/or	Fiesta Bar Tuesday	Leafy Green Salad Bar Wednesday		Leafy Green Salad Bar Friday
Peanut Butter and/or Sunflower Seed Butter & elly (VE)	• Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) 	Jelly (VE)	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)
Hummus and Crackers (V) Hot or Cold Cheese andwich (V)	• Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	Hot or Cold Cheese	 Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients Lis available at:
	* Recipes created in	collaboration with OFNS a	and the Chef Council	
	-based food that consist of v and animal ood that consist of whole gra	products. Vegan also exclu	ides honey	
O.F.N.S.				Menu subject to chang Our menus are pork fre

With Brown Rick (W) Subtract Subject Sub		Mayo			
Vision Result Vision Result Vision Result Vision Result Vision Result Vision Result Vision Result Soft Turkey Taco Result Soft Turkey Taco Result Soft Turkey Taco Result Manifold Wision Result Soft Turkey Taco Result Manifold Wision Result With Result Result Statial Bar Pace Ber With Result Soft Turkey Taco Result Result Wision Result Soft Turkey Taco Result Result Wision Result Manifold Wision Result With Result Result With Result Result With Result Result Soft Turkey Taco Result Result Wision Result Manifold Wision Result With Result Result With Result Result Soft Turkey Taco Result Result Result Result Result Result Soft Turkey Taco Result Result Result Result Result Result Result Result Result Result Result Result Result Result Result					
Skillian Silce Pizza (v) Soft Turkey Taco Manicotti (v) In Manicon Select Skyle Con (v) Manicotti (v) In Manicon Select Skyle Con (v) Three Cheese Grilled Skillan Ginen Bans (VE) Statad Bar Salad Bar Salad Bar Salad Bar Salad Bar Pizza Bar Turkey Bansen Salad Bar Salad Bar Salad Bar Salad Bar Pizza bar Turkey Burger Turkey Burger Kidney Bansen Salad Bar Pizza bar Feeta Bard Bar Salad Bar Turkey Burger Kidney Bans Pizza bar Feeta Bard Bar Salad Bar Turkey Burger Kidney Ban Salad Bar Salad Bar Salad Bar Turkey Burger Kidney Ban Salad Bar Salad Bar Salad Bar Salad Bar Turkey Burger Checken Style Gen Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Salad	LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS				Southwest Burrito (V) Spiced Sweet Potatoes (VI Salad Bar
Pizza by the Silce (V) Fiesta Quesalilia (V) Fiesta Quesalilia (V) Fiesta Quesalilia (V) Garlic and Tomato Panini (V) Basic American Street With Salesa (VE) Garlic and Tomato Panini (V) Basic Zerrots (VE) Garlic and Tomato Panini (V) Basic Zerrots (VE) Fiesta Basic Research (V) Fiesta Basic Research (VE) Saled Bar Fiesta Bar Ba	Sicilian Slice Pizza (V) Italian Green Beans (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	Soft Turkey Taco Street Style Corn (V) Salad Bar Fiesta Bar	Manicotti (V) in Marinara Creamed Spinach (V) Salad Bar Leafy Green Salad Bar	Crispy Chicken Bites with Dipping Sauce Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V) Salad Bar Rainbow Bar	Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) Salad Bar
French Bread Pizza (V) Veggie Nugget (VE) Mozzarelia Sticks (V) Cajun Pinto Bean (V) Salad Bar Patty Sesoned Wedge Fries (VE) Roasted Zucchini (VE) Suportero Spinach (VE) Suportero Spinach (VE) Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Pizza Bar With Basanic Salad Bar Salad Bar Salad Bar Salad Bar Stocilian Slice Pizza (V) Soft Turkey Taco Crispy Chicken Bites Creamed Spinach (V) Salad Bar White Bean and Stocilian Slice Pizza (V) Soft Turkey Taco Creamed Spinach (V) Broad Stick (V) Salad Bar Pizza Bar White Bean and Stocilian Slice Pizza (V) Soft Turkey Taco Creamed Spinach (V) Broad Stick (V) Broad Stick (V) Broad Stick (V) Salad Bar Pista Primavera (VE Stalad Bar Salad Bar Salad Bar Easter Hindwore Sod Burter & Salad Bar	Pizza by the Slice (V) Kid Friendly Kale Salad (V) Salad Bar Pizza Bar (With Balsamic	Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE) Salad Bar	<u>Plastic Free</u> <u>Lunch Day</u> Garlic and Tomato Panini (V) Baby Carrots (VE) Salad Bar	Turkey Burger Turkey Cheeseburger Whole Wheat Bun Fish and Cheese Sandwich Whole Wheat Bun Herb Roasted Potatoes (VE) Salad Bar	Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) Salad Bar
Sicilian Slice Pizza (V) Soft Turkey Taco Manicotti (V) Caribbean Spiced Jerk White Bean and Pasta Primavera (VE Italian Green Beans (VE) Street Style Corn (V) Bread Stick (V) Bread Stick (V) Sweet Potato White Bean and Pasta Primavera (VE Salad Bar Street Style Corn (V) Beasoned Wedge Fries (VE) Bread Stick (V) Salad Bar Crispy Chicken Bites Salad Bar Creamed Spinach (V) Sweet Potato Wedge Fries (VE) Dinner Roll (V) Salad Bar Caribbean Spiced Jerk Three Cheese Grilled Cheese (V) Crispy Broccoli (V) Soft Turkey Taco Salad Bar Easta Cheese Salad Bar Easta Primavera (VE Salad Bar Easta Primavera (VE Three Cheese Salad Bar Easta Primavera (VE Salad Bar Easta Primavera (VE) File V Salad Bar Easta Primavera (VE) File V Salad Bar Easta Primavera (VE) File V Peanut Butter and/or Sunflower Seed Butter & Salad Bar EastaPrim	French Bread Pizza (V) Garlicky Green Bean (VE) Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	Veggie Nugget (VE) Dipping Sauce Caribbean Style Beef Patty Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) Garlic Knot (V) Salad Bar Pizza Bar	Chicken Tender Melt Ciabatta Bread Superhero Spinach (VE) Salad Bar Rainbow Bar	Southwest Burrito (V) Spiced Sweet Potatoes (V Salad Bar Fiesta Bar
Peanut Butter and/or unflower Seed Butter & bly (VE) • Peanut Butter and/or Sunflower Seed Butter & bly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers (V) • Hummus and Cra	Sicilian Slice Pizza (V) Italian Green Beans (VE) Salad Bar Pizza Bar (With Balsamic	Soft Turkey Taco Crispy Chicken Bites Street Style Corn (V) Seasoned Wedge Fries (VE) Salad Bar	Manicotti (V) in Marinara Creamed Spinach (V) Bread Stick (V) Salad Bar	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V) Salad Bar	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) Salad Bar
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon requestATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or CookiesOFNS Menus Support Seasonal Fresh Fruit and Vegetables when availableSeasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)Prohibitive Ingredients Li available at: * Recipes created in collaboration with OFNS and the Chef Council	Peanut Butter and/or Inflower Seed Butter & Ily (VE) Iummus and Crackers (V) Iot or Cold Cheese	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese
	1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are	All Pre-K Students CANNOT be Offered Chocolate Milk or	Seasonal Fresh Fruit and Vegetables	Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and	Prohibitive Ingredients Li
• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dair					

Monday	Tuesday	L: High School Wednesday	Lunch Menu Thursday	Friday
wonday	Tuesday	Wednesday	Indisday	Пау
E O				
				Cajun Pinto Beans (V
A DE				with Brown Rice (VE)
WE PROUDLY SUPPORT CALLY SOURCED, GROWN,				Southwest Burrito (V) Spiced Sweet Potatoes (V
HARVESTED OR PRODUCED FOOD.				
ALL NEW YORK ITEMS RE HIGHLIGHED IN GREEN.				Salad Bar Fiesta Bar
4	5	6	7	
			Crispy Chicken Bites with Dipping Sauce	White Bean and Pasta Primavera (VE
Sicilian Slice Pizza (V)	Soft Turkey Taco	Manicotti (V) in Marinara	Jollof Cauliflower (V) [*]	Three Cheese Grilled
Italian Green Beans (VE)	Street Style Corn (V)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar Pizza Bar			Dinner Roll (V)	Crispy Broccoli (V)
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	<i>Salad Bar</i> Rainbow Bar	Salad Bar Leafy Green Salad Bar
11	12	13	14	
		Plastic Free	Turkey Burger	Kidnov Poon
Pizza by the Slice (V)	Fiesta Quesadilla (V)	Lunch Day	Turkey Cheeseburger	Kidney Bean Rajma (VE)
(id Friendly Kale Salad (V)	Fiesta Black Beans (VE)	Garlic and Tomato Panini (V)	Whole Wheat Bun	Three Cheese Grilled Cheese (V)
	Served with Salsa (VE)	Baby Carrots (VE)	Fish and Cheese Sandwich	Kachumber Salad (VE) [*]
Salad Bar Pizza Bar			Whole Wheat Bun Herb Roasted Potatoes (VE)	Flatbread (VE)
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Leafy Green Salad Bar	Salad Bar Plastic Free Lunch Bar	Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
18	19	20		
	Veggie Nugget (VE)			
rench Bread Pizza (V)	Dipping Sauce	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (V with Brown Rice (VE)
Garlicky Green Bean (VE)	Caribbean Style Beef Patty	Roasted Zucchini (VE)	Superhero Spinach (VE)	Southwest Burrito (V)
Salad Bar Pizza Bar	Seasoned Wedge Fries (VE)	Garlic Knot (V)		Spiced Sweet Potatoes (V
(With Balsamic Chickpea Salad)	Salad Bar Rainbow Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
25	26	27		Good Friday
		Manicotti (V)	Caribbean Spiced Jerk Chicken Thighs*	White Bean and
Sicilian Slice Pizza (V)	Soft Turkey Taco Crispy Chicken Bites	in Marinara	Jollof Cauliflower (V) [*]	Pasta Primavera (VE
Italian Green Beans (VE)	Street Style Corn (V)	Creamed Spinach (V) Bread Stick (V)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar	Seasoned Wedge Fries (VE)		Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Salad Bar
nday eanut Butter and/or	Tuesday • Peanut Butter and/or	Wednesday • Peanut Butter and/or	<u>Thursday</u>	Friday • Peanut Butter and/or
nflower Seed Butter & ly (VE) ummus and Crackers (V)	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V)	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V)	Jelly (VE)	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V
ot or Cold Cheese ndwich (V)	 Hot or Cold Cheese Sandwich (V) 	 Hot or Cold Cheese Sandwich (V) 	Hot or Cold Cheese	Hot or Cold Cheese Sandwich (V)
				OFNS has an extensive
<u>Milk</u> 1% Low-fat (V)	ATTENTION:	OFNS Menus Support	Seasonal Fresh Fruit	Prohibitive Ingredients Li available at:
Fat Free (V) Fat Free Chocolate (V)	All Pre-K Students CANNOT be Offered Chocolate Milk or	Seasonal Fresh Fruit and Vegetables when available	Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and	
Alternative options are available upon request	Cookies		Strawberries (VE)	
	* Recipes created in	collaboration with OFNS a	nd the Chef Council	

	Eric A Mayo CH 2024: High			Menu
Monday	Tuesday	Wednesday	Thursday	Friday
	, accady	, i conte cont	, include the second	1
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.				Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
4	5	6	7	8
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
11	12	13	14	15
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
18	19	20	21	22
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
25	20	07	20	Cood Fridov 20

25	26	27	28	Good Friday 29
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	OFFERED DAILY	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	* Recipes created in	collaboration with OFNS	and the Chef Council	

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



	A Constant of the second secon	CH 2024: High	$\Lambda \subset J$		Alenu
	Monday	Tuesday	Wednesday	Thursday	Friday
	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.				1 Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)
	4	5	6	7	8
	Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Soft Turkey Taco Street Style Corn (V) Served with Salsa (VE)	Manicotti (V) in Marinara Creamed Spinach (V)	Crispy Chicken Bites Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
ĺ	11	12	13	14	15
	Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V)	Crispy Chicken Sandwich Whole Wheat Bun Fiesta Black Beans (VE) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE)
	18	19	20	21	22
	Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE)

25	26	27	28	Good Friday 29
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Crispy Chicken Bites Street Style Corn (V)	Manicotti (V) in Marinara Creamed Spinach (V)	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	* Recipes created in	collaboration with OFNS a	and the Chef Council	

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



		2024: Food Co		E 11
Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS RE HIGHLIGHED IN GREEN.				Cajun Pinto Beans (VE with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE Salad Bar Fiesta Bar
4	5	6	7 Crispy Chicken Bites	
Sicilian Slice Pizza (V)	Soft Turkey Taco	Manicotti (V) in Marinara	with Dipping Sauce	White Bean and Pasta Primavera (VE)
Italian Green Beans (VE) Salad Bar	Street Style Corn (V) Served with Salsa (VE)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	Three Cheese Grilled Cheese (V)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	Dinner Roll (V) <i>Salad Bar</i> Rainbow Bar	Crispy Broccoli (V) <i>Salad Bar</i> Leafy Green Salad Bar
11	12	13		
Pizza by the Slice (V) Kid Friendly Kale Salad (V)	Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Turkey Burger Turkey Cheeseburger Whole Wheat Bun Fish and Cheese Sandwich	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE) [*]
Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	<i>Salad Bar</i> Leafy Green Salad Bar	<i>Salad Bar</i> Plastic Free Lunch Bar	Whole Wheat Bun Herb Roasted Potatoes (VE) Salad Bar Classic Toppings	Flatbread (VE) Salad Bar Mediterranean Bar
18	19	20	21	
French Bread Pizza (V)	Veggie Nugget (VE) Dipping Sauce	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE with Brown Rice (VE)
Garlicky Green Bean (VE)	Caribbean Style Beef Patty	Roasted Zucchini (VE)	Superhero Spinach (VE)	Southwest Burrito (V)
Salad Bar Pizza Bar (With Balsamic Chickpea Salad)	Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar	Garlic Knot (V) <i>Salad Bar</i> Pizza Bar	<i>Salad Bar</i> Rainbow Bar	Spiced Sweet Potatoes (VE Salad Bar Fiesta Bar
25	26	27		Good Friday
Sicilian Slice Pizza (V)	Soft Turkey Taco	Manicotti (V) in Marinara	Caribbean Spiced Jerk Chicken Thighs*	White Bean and Pasta Primavera (VE)
Italian Green Beans (VE)	Crispy Chicken Bites Street Style Corn (V)	Creamed Spinach (V) Bread Stick (V)	Jollof Cauliflower (V) [*] Sweet Potato Wedge Fries (VE)	Three Cheese Grilled Cheese (V)
Salad Bar Pizza Bar	Seasoned Wedge Fries (VE)	Bread Stick (V)	Dinner Roll (V)	Crispy Broccoli (V)
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Salad Bar
onday Mozzarella Sticks (V) Peanut Butter and/or unflower Seed Butter & Illy (VE)	<u>Tuesday</u> • Pizza (V) • Chicken Tenders • Chicken Dumplings • Mozzarella Sticks (V)	<u>Wednesday</u> • Pizza (V) • Chicken Tenders • Chicken Dumplings • Mozzarella Sticks (V)	<u>Thursday</u> • Pizza (V) • Chicken Dumplings • Mozzarella Sticks (V) • Peanut Butter and/or	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V)
Hummus and Crackers (V) Hot or Cold Cheese andwich (V) Seasoned Wedge ies (VE)	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) 	 Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V) Seasoned Wedge Fries (VE) 	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	 Hot or Cold Cheese Sandwich (V) Seasoned Wedge Fries (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients Lis available at:

	Eric A Mayo	Adams or Bavid C. Banks Chancellor	S	
	MARCH 2024	: After School	Snack Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		6	7	1 Heart Shaped Pretzels (VE) Hummus Cup (VE) 8
₄ Animal Crackers (V) Milk (V)	u Honey Graham Biscuits (V) Milk (V)	vogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	ہ Multi-Grain Oats (VE) Milk (V)
11	12	13	14	15
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
18	19	20	21	22
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)
25	26	27	28	Good Friday 29
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	All Fruit Offerings are 1 cup	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



NYC Public Schools	
Eric Adams David C. Banks Mayor Chancellor	

MARCH 2024: After School Infant - Toddler Snack Menu

		MARCH 2024: After School Infant - Toddler Shack Menu					
Monday	Tuesday	Wednesday	Thursday	Friday			
	-	_		-			
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		6	7	Whole Wheat Crackers (VE) Hummus Cup (VE)			
4	5	6					
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)			
11	12	13	14				
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)			
18	19	20	21	2			
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)			
25	26	27	28	Good Friday			
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)			
<u>Milk</u> Whole Milk (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available		<u>Seasonal Fresh Fruit</u> Apple Slices, Oranges, Mandarins, and Bananas (VE) <u>Other Fruits</u> Apple Sauce, Sliced Peaches, Diced Pears, Pineapples (VE)	OFNS has an extensive Prohibitive Ingredients List available at:			
PLEASE NOTE: 1 % and Fat	Free Milk is available to stude		ilk is available for youngsters 12	2 to 24 months. Formula is to			
	and anima	l products. Vegan also exclu	gumes, nuts, and/or fruit; and ides honey iuts, fruit, eggs and/or dairy;				

NARCH 2024: After School Cold Supper Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	6	7	1 Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
Grab and Go Cheese Plate (V)	Chicken Tender Wrap Dipping Sauce	BBQ Crispy Chicken Grab and Go Salad	Mediterranean Chicken Pasta Salad	Chickpea and Pimento Wrap (VE)
Italian Green Beans (VE)	Classic Potato Salad (V)	Cilantro Black Bean Salad (VE)	Green Garden Salad (V)	Fresh Cilantro Healthy Coleslaw (V)
11	12	13	14	15
Superhero Spinach Wrap (V) Broccoli Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V)
18	19	20	21	22
Red, White and Green Panini (V) Balsamic Chickpea Salad (V)	Balsamic Chicken Grab and Go Salad Served with Salsa (VE)	Curried Chicken Wrap Dipping Sauce Fresh Tomato Salad (V)	Sesame Noodle Bowl Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
25	26	27	28	Good Friday 29
Grab and Go Cheese Plate (V) Italian Green Beans (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Mediterranean Chicken Pasta Salad Green Garden Salad (V)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	Prohibitive Ingredients List available at:
• Vegan Item (VE): A plant based food that consist of whole grains, vegetables, legumes, puts, and/or fruit; and evolutes any eggs, dainy				

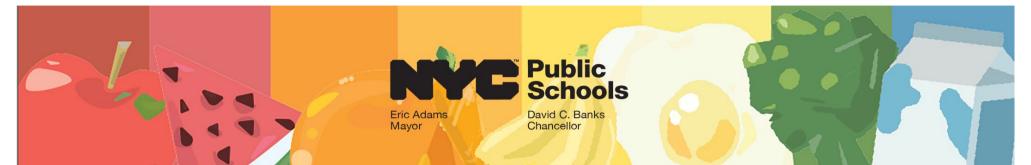
• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Citic Adams Navor				
	MARCH 2024: A			
Monday	Tuesday	Wednesday	Thursday	Friday
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	6	7	Veggie Burger (VE) Whole Wheat Bun Seasoned Wedge Fries (VE)
Manicotti in Marinara Sauce (V) Superhero Spinach (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Cilantro Healthy Coleslaw (V)	Crispy Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE)	Soft Turkey Taco Street Style Corn (V)	Pizza (V) Parmigiana Spinach (V)
11	12	13	14	15
Homemade Grilled Cheese Sandwich (V) Crispy Broccoli (V)	Fish and Cheese Sandwich Whole Wheat Bun Baked Sweet Potato Wedge Fries (VE)	Chicken Tenders Slow Roasted Baby Carrots (V) Dinner Roll (V)	Pizza (V) Corn, Peas and Carrots (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
18	19	20	21	22
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Turkey Burger Whole Wheat Bun Crisp Sweet Potato Waffle Fries (VE)	Garlic and Tomato Panini (V) Roasted Zucchini (VE)	Pizza (V) Italian Green Beans (VE)	Veggie Burger (VE) Whole Wheat Bun Seasoned Wedge Fries (VE)
25	26	27	28	Good Friday 29
Manicotti in Marinara Sauce (V) Superhero Spinach (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Cilantro Healthy Coleslaw (V)	Crispy Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE)	Soft Turkey Taco Street Style Corn (V)	Pizza (V) Parmigiana Spinach (V)
		OFFERED DAILY		
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	based food that consist of wh animal p food that consist of whole gra	roducts. Vegan also exclude	s honey	
				Menu subject to change.

NECE Public Barde Construction David C. Banks MARCH 2024: After School Vegetarian Supper Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
				1
Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Veggie Burger (VE) or Veggie Cheeseburger(V) Whole Wheat Bun Seasoned Wedge Fries (VE)
4	5	6	7	8
Red White and Green Panini (V) Seasoned Wedge Fries (VE)	Manicotti (V) with marinara sauce (VE) Seasoned Fresh Green Beans (V)	Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)	Pizza (V) Crispy Broccoli (V)	White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)
11	12	13	14	15
Homemade Grilled Cheese Sandwich (V) Baked Sweet Potato Wedge Fries (VE)	Vegetarian Quesadilla (V) served with Salsa (VE) Fiesta Black Beans (VE)	Mozzarella Sticks (VE) Green Garden Salad (VE)	Pizza (V) Roasted Zucchini (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
18	19	20	21	22
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Super Hero Spinach Wrap (V) Baked Beans (VE)	Pizza (V) Roasted Chickpeas With Basil Pesto (V)	Three Cheese Grilled Cheese (V) Street Style Corn (V)	Veggie Burger (VE) or Veggie Cheeseburger(V) Whole Wheat Bun Seasoned Wedge Fries (VE)

Red White and Green Panini (V)Manicotti (V) with marinara sauce (VE)Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)Pizza (V) Crispy Broccoli (V)White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)Seasoned Wedge Fries (VE)Seasoned Fresh Green Beans (V)Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)Pizza (V) Crispy Broccoli (V)White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)					
Red White and Green with marinara sauce (VE) and Plantain Pizza (V) Primavera (VE) Seasoned Wedge Fries (VE) Seasoned Fresh Green Beans (V) Power Bowl (VE) Crispy Broccoli (V) Roasted Milk 1% Low-fat (V) Fat Free (V) Fat Free (V) Fat Free Choccolate (V) Assorted Dressings Seasonal Fresh Fruit OFNS has an extensive Natternative options are available upon request OFNS menus support Assorted Dressings Seasonal Fresh Fruit Of Sta san extensive • Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit, and excludes any eggs, dair and animal products. Vegan also excludes honey Nuts, and/or fruit, and excludes any eggs, dair	25	26	27	28	Good Friday 29
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available When available Vegetables when available upon request	Panini (V)	with marinara sauce (VE) Seasoned Fresh	and Plantain Power Bowl (VE)		Roasted
and animal products. Vegan also excludes honey	1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are	Seasonal Fresh Fruit and Vegetables		Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and	Prohibitive Ingredients List



MARCH 2024: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
2	9	16	23	30
Honey Corn Breakfast Bread (V) Milk (V)	Cinnamon Burst Pancakes (V) Milk (V)	Banana Muffin (V) Milk (V)	Blueberry Breakfast Bread (V) Milk (V)	Zucchini Carrot Breakfast Bread (V) Milk (V)

OFNS has an extensive

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are

available upon request

(V) Indicates Vegetarian (VE) Indicates Vegan Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) Prohibitive Ingredients List

available at:







MARCH 2024: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
2	9	16	23	30
Honey Corn Breakfast Bread (V) Milk (V)	Rise and Shine Waffles (V) Milk (V)	Buttermilk Pancakes (V) Milk (V)	Blueberry Breakfast Bread (V) Milk (V)	Whole Grain Croissant (V) Served With Jelly Milk (V)

OFNS has an extensive

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are

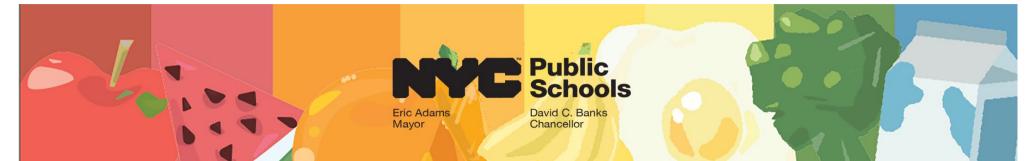
Alternative options are available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) Prohibitive Ingredients List available at:







MARCH 2024: Saturday Cold Lunch Menu

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Saturday	Saturday	Saturday	Saturday	Saturday		
2	9	16	23	30		
Assorted Cold Sandwiches and Wraps Confetti Corn Salad (VE)	Assorted Cold Sandwiches and Wraps Italian Green Beans (VE)	Assorted Cold Sandwiches and Wraps Carrot Sticks (VE)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V)	Assorted Cold Sandwiches and Wraps Italian Marinated Cucumber Salad (V)		
Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE)		
				Milk (V)		
	OFFERED DAILY OFNS has an extensive					

OFNS has an extensive

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are available upon request

Assorted Dressings

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) Prohibitive Ingredients List

available at:





	Public	
NYC	Schools	
	David C. Banks Chancellor	

MARCH 2024: Saturday Hot Lunch Menu

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Saturday	Saturday	Saturday	Saturday	Saturday		
2	9	16	23	30		
Grilled Cheese Sandwich (V) Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Baked Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Crispy Chicken Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Pizza Choice (V) Roasted Zucchini (VE) Fresh Fruit (VE) Milk (V)		

OFNS has an extensive

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are available upon request

Assorted Dressings

OFFERED DAILY

(V) Indicates Vegetarian (VE) Indicates Vegan Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE) Prohibitive Ingredients List available at:



