

MAY 2024: Pre-K - 8 Breakfast Menu

David C. Banks Chancellor

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
6	7	8	9	10
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
13	14	15	16	17
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
20	21	22	23	24
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Memorial Day 27	28	29	30	31
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List



ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: High School Breakfast M	enu
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Monday	Tuesday	Wednesday	Thursday	Friday
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WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
6	7	8	9	10
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
13	14	15	16	17
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
20	21	22	23	24
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Memorial Day 27	28	29	30	31
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)

Milk
1% Low-fat (V)
Fat Free (V)

Fat Free Chocolate (V)
Alternative options are
available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List



ATTENTION:

- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
 - Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







MAY 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	A TOP OF THE WYOR	Frosted Mini Wheats Honey Grahams (V) Plain or Strawberry Banana Apple Sauce (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
6	7	8	9	10
Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Honey Corn Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
13	14	15	16	17
Scooters (V) Blueberry Granola (V) Strawberry Banana Apple Sauce (VE)	Banana Muffin (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
20	21	22	23	24
Frosted Mini Wheats Honey Grahams (V) Plain or Strawberry Banana Apple Sauce (VE)	Blueberry Muffin (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Memorial Day 27	28	29	30	31
Honey Corn Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Yogurt Choice (V) Assorted Granola (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)

Milk 1% Low-fat (V) Fat Free (V) **Fat Free Chocolate (V)**

Alternative options are available upon request **Breakfast After the Bell Grab and Go**

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)

Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)

> **Condiments** Syrup (VE)

OFFERED DAILY OFNS has an extensive

Prohibitive Ingredients List



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







MAY 2024: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2		3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OK TOWN TOWN	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)	
6	7	8	9	1	10
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)	
13	14	15	16	1	17
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)	
20	21	22	23	2	24
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)	
Memorial Day 27	28	29	30	3	31
Blueberry Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Apple Sauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Banana Muffin (V) Yogurt Choice (V) Hot Oatmeal (VE) Fruit Offering Apple Sauce (VE)	
		OFFERED DAILY			

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,

Bananas, and Strawberries (VE)

Condiments
Syrup (VE)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Oat Circles (VE)

Cinnamon Flakes (VE)

Alternate Fruit
Peaches, Pineapples

Pears, Applesauce

Assorted Yogurts

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: Infant - Toddler Breakfast Menu

	MAI 2024. Illiant - Toddier Dreaklast Wend						
Monday	Tuesday	Wednesday	Thursday	Friday			
		1	2	3			
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OR TO SERVICE WITCH	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Soft Roll (V) Hot Oatmeal (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)			
6	7	8	9	10			
Blueberry Muffin (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Hot Oatmeal (V)	Egg Omelet on a Fresh NY Bagel Half (V) Hot Oatmeal (V)	Rise and Shine Waffles (V) Hot Oatmeal (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE)			
Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)			
13	14	15	16	17			
Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Whole Grain Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)			
20	21	22	23	24			
Banana Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg and Cheese on a Soft Roll (V) Hot Oatmeal (V) Assorted Fruits and Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (VE) Seasonal Fresh Fruit or Diced Pears (VE)			
				Milk (V)			
Memorial Day 27	28	29	30	31			
Blueberry Muffin (V) Hot Oatmeal (V)	Buttermilk Pancakes (V)	Egg Omelet on a Fresh NY Bagel Half (V)	Rise and Shine Waffles (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)			
Seasonal Fresh Fruit or Diced	Hot Oatmeal (V) Seasonal Fresh Fruit or	Hot Oatmeal (V) Seasonal Fresh Fruit or	Hot Oatmeal (V) Seasonal Fresh Fruit or	Hot Oatmeal (VE)			

Pineapples (VE) Milk (V)

Milk

Whole Milk (V)

Alternative options are

available upon request

(V) Indicates Vegetarian

(VE) Indicates Vegan

Flavored Applesauce (VE) Milk (V)

Seasonal Fresh Fruit

Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)

Seasonal Fresh Fruit or Applesauce (VE) Milk (V)

Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)

OFFERED DAILY

Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE) **Other Fruits**

Apple Sauce, Sliced Peaches, **Diced Pears, Pineapples**

Cold Cereal Choices Multi-Grain Oats (VE) **Toasted Oats (VE)** Oat Circles (VE) Cinnamon Flakes (VE)

Options may vary by location

Assorted Yogurts

Condiments Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



MAY 2024: Pre-K - 8 Vegetarian Breakfast Menu

M	AY 2024: Pre-K	k - 8 Vegetarian	Breaktast Mei	nu
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
6	7	8	9	10
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
13	14	15	16	17
Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
20	21	22	23	24
Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Seasonal Fresh Fruit (VE)	Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Memorial Day 27	28	29	30	31
Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY Options may vary by location Cold Cereal Choices Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)	Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE) Condiments Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

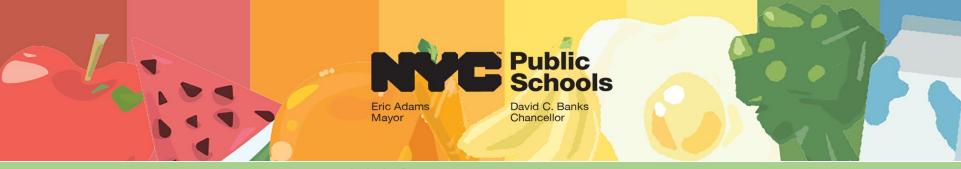
ATTENTION:

Syrup (VE)

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY	2024:	Pre-K -	8 Lunch	Menu
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Monday	Tuesday	Wednesday	Thursday	Friday
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OF THE PARTY OF TH		·	2	3
WEW 10		Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
WE PROUDLY SUPPORT		Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
LOCALLY SOURCED, GROWN, HARVESTED OR				Spiced Sweet Potatoes (VE)
PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Salad Bar Welcome Back Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
6	7	8	9	10
			-	
	Soft Turkey Taco	<u>Plastic Free</u> <u>Lunch Day</u>	Caribbean Spiced Jerk Chicken Thighs*	White Bean and Pasta Primavera (VE)
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato Panini (V)	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE) Seasoned Wedge Fries (VE)	Baby Carrots (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar	Guacamole (VE)	Marinara Sauce (VE)	Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Plastic Free Lunch Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Salad Bar
. ,				17
			Turkey Burger	
			runkoy Burgor	
Pizza by the Slice (V)	Chicken Dumplings	Manicotti (V) in Marinara	Turkey Cheeseburger Whole Wheat Bun	Kidney Bean Rajma (VE)
Kid Friendly Kale Salad (V)	Veggie Nuggets (VE) Dipping Sauce	Roasted Fresh Tomatoes (VE)	Fish and Cheese	Three Cheese Grilled Cheese (V)
Rid i Helidiy Rale Galad (V)	Garlic Teriyaki Green Beans (V)	Bread Stick (V)	Sandwich Whole Wheat Bun	Kachumber Salad (VE)*
Salad Bar	Brown Rice (VE)		Herb Roasted Potatoes (VE)	Flatbread (VE)
Pizza Bar (With Balsamic Chickpea Salad)	<i>Salad Bar</i> Leafy Green Salad Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
20		-		24
	Veggie Nugget (VE)			
French Bread Pizza (V)	Dipping Sauce	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
Garlicky Green Bean (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
Salad Bar Pizza Bar		Garlic Knot (V)		Spiced Sweet Potatoes (VE)
(With Balsamic Chickpea Salad)	Salad Bar Rainbow Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
Memorial Day 27	28	29	30	31
		Disatis Fuss		
	Soft Turkey Taco	<u>Plastic Free</u> <u>Lunch Day</u>	Roasted Chicken Drumstick*	White Bean and
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato	Jollof Cauliflower (V)*	Pasta Primavera (VE) Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE) Seasoned Wedge Fries (VE)	Panini (V) Baby Carrots (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar	Guacamole (VE)	Marinara Sauce (VE)	Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Fiesta Bar	Plastic Free Lunch Bar	Rainbow Bar	Leafy Green Salad Bar
Monday • Peanut Butter and/or	Tuesday • Peanut Butter and/or	Wednesday • Peanut Butter and/or	Thursday • Peanut Butter and/or	Friday • Peanut Butter and/or
Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &	Sunflower Seed Butter &
Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)	Jelly (VE) • Hummus and Crackers (V)
Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese	Hot or Cold Cheese
Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)	Sandwich (V)
Mille				OFNS has an extensive Prohibitive Ingredients List

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)



* Recipes created in collaboration with OFNS and Wellness In The Schools

• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey

• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Hummus and Crackers (V), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Corn (VE)	Chicken Salad Hoagie Italian Green Beans (VE)	Chickpea and Pimento Wrap (VE) Green Garden Salad (VE)
6	7	8	9	10
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
13	14	15	16	17
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE) Lemon Arugula Salad (V)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
20	21	22	23	24
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
Memorial Day 27	28	29	30	31
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cold Cheese Sandwich (V)	Jelly (VE)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cold Cheese Sandwich (V)	Thursday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1		
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Mozzarella Sticks (V) with marinara sauce (VE) Crispy Broccoli (V)	Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
6	7	8	9	10
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Crispy Chicken Bites Street Style Corn (V) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
13	14	15	16	17
Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)	Crispy Chicken Sandwich Whole Wheat Bun Fiesta Black Beans (VE) Served with Salsa (VE)	Manicotti (V) in Marinara Roasted Fresh Tomatoes (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE)
20	21	22	23	24
Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
Memorial Day 27	28	29	30	31
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Crispy Chicken Bites Street Style Corn (V) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







MAY 2024: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>*</u>		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	 Daily Lunch Specials Hummus and Soft Roll (VE) 8 oz. Yogurt (V) Tuna Options may vary by location 	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
6	7	8	9	10
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Spiced Sweet Potatoes (VE) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
13	14	15	16	17
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
20	21	22	23	24
Fish & Cheese Sandwich Broccoli With Garlic & Oil (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Spiced Sweet Potatoes (VE) Fruit Offering Peaches (VE)	Italian Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
Memorial Day 27	28	29	30	31
Braised Tuna with Tomato Sauce Broccoli With Garlic & Oil (VE) Soft Roll (VE) Fruit Offering Flavored Apple Sauce (VE)	Crispy Chicken Sandwich Sweet Plantains (VE) Fruit Offering Pears (VE)	100% Beef Hamburgers & Cheeseburgers Carrots (VE) Fruit Offering Peaches (VE)	Ranch Chicken Tenders Soft Cooked Penne (VE) Roasted Cauliflower (VE) Fruit Offering Apple Sauce (VE)	Manicotti (V) Marinated White Beans (VE) Fruit Offering Bananas (VE)
				OENS has an extensive

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Other Transitional, Thick Puree or Thin Puree



MAY 2024: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS	Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers (VE) • 4 oz. Yogurt (V) • Tuna Sandwich Options may vary by location	Mozzarella Sticks (V) with marinara sauce (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Tenders Superhero Spinach (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce Spiced Sweet Potatoes (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
ARE HIGHLIGHED IN GREEN.		8	9	10
ō		•	Chicken Bites	
Sicilian Slice Pizza (V)	Soft Turkey Taco	Cheesy Garlic Pizza (V)	with Dipping Sauce	Homemade Grilled Cheese (VE)
Italian Green Beans (VE)	Diced Plantains (VE)	Creamed Spinach (V)	Sweet Potato Wedge Fries (VE)	Steamed Broccoli (VE)
Seasonal Fresh Fruit Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or or Diced Pears (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
13	14	15	16	17
Pizza by the Slice (V) Seasoned Chickpeas (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fiesta Quesadilla (V) Steamed Cauliflower (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Manicotti (V) with marinara sauce (VE) Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Turkey Burger Whole Wheat Bun Herb Roasted Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Burger (V) Italian Marinated Cucumber Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
French Bread Pizza (V)	Caribbean Style Beef	Mozzarella Sticks (V)	Chicken Tenders	Veggie Nuggets (VE)
Garlicky Green Bean (VE)	Patty Seasoned Wedge Fries (VE)	with marinara sauce (VE) Roasted Zucchini (VE)	Superhero Spinach (VE)	with Dipping Sauce Spiced Sweet Potatoes (VE)
Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
Memorial Day 27	28	29	30	31
Sicilian Slice Pizza (V) Italian Green Beans (VE) Seasonal Fresh Fruit Applesauce (VE) Milk (V)	Soft Turkey Taco Diced Plantains (VE) Seasonal Fresh Fruit or or Diced Pears (VE) Milk (V)	Cheesy Garlic Pizza (V) Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Bites with Dipping Sauce Sweet Potato Wedge Fries (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Homemade Grilled Cheese (VE) Steamed Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
			Seasonal Fresh Fruit	OFNS has an extensive

ATTENTION:

Milk*
Whole Milk (V)
*Alternative options are available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and
Strawberries (VE)
Other Fruits
Apple Sauce, Sliced

Apple Sauce, Sliced Peaches, Diced Pears, Pineapples (VE) OFNS has an extensive Prohibitive Ingredients List available at:

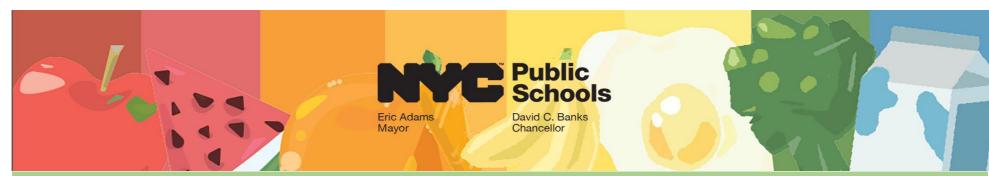


PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.

Consistencies upon request: puree, mashed and finely chopped.

Consistencies apon request, puree, masned and inlery chopped.

- * Recipes created in collaboration with OFNS and Wellness In The Schools
- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



		Tr o rogotari		
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
E CO				
*				Cajun Pinto Bean (VE)
		Manicotti (V)	Veggie Burger (VE) Veggie Cheeseburger (V)	with Brown Rice (VE)
*\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		in Marinara	Whole Wheat Bun	Three Cheese Grilled
EW				Cheese (V)
WE PROUDLY SUPPORT		Steamed Carrots (VE)	Seasoned Wedge Fries (VE)	Spiced Sweet Potatoes (VE)
LOCALLY SOURCED, GROWN, HARVESTED OR				opioda omodi i otatodo (12)
PRODUCED FOOD. ALL NEW YORK ITEMS		Salad Bar	Salad Bar	Salad Bar
ARE HIGHLIGHED IN GREEN.		Welcome Back Bar	Classic Toppings	Fiesta Bar
6	7	8	9	10
		DI E		Outrada Kidaaa
	Dia City	<u>Plastic Free</u>		Guisado Kidney Beans (VE)*
Sicilian Slice Pizza (V)	Big City Bean Taco (VE)	<u>Lunch Day</u>		Dealis (VL)
Oleman Olice i 122a (V)		Garlic and Tomato	Mozzarella Sticks (V) with Marinara Sauce (VE)	Three Cheese Grilled
Italian Green Beans (VE)	Street Style Corn (V)	Panini (V)	` '	Cheese (V)
.ta.iaii Sicoli Bodiis (VL)	Served with Salsa (VE)	` ,	Superhero Spinach (VE)	Brown Rice (VE)
Salad Bar	Guacamole (VE)	Baby Carrots (VE)		Roasted Carrot Coins (VE)
Pizza Bar	` '			
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Plastic Free Lunch Bar	<i>Salad Bar</i> Pizza Bar	Salad Bar Leafy Green Salad Bar
13		15		17
				Zesty Chickpea
				Stew (VE)
Pizza by the Slice (V)	Veggie Burger (VE)		Zucchini Parmigiana (V)	, ,
-	Veggie Cheeseburger (V)	Manicotti (V)		Three Cheese Grilled Cheese (V)
Kid Friendly Kale Salad (V)	Whole Wheat Bun	in Marinara	Spaghetti Marinara (VE)	
	Seasoned Wedge Fries (VE)	Baby Carrots (VE)	Basil Corn Salad (VE)	Kachumber Salad (VE)*
Salad Bar				Flatbread (VE)
Pizza Bar	0.4.45	0.4.45	0 1 15	0 / / 0
(With Balsamic Chickpea Salad)	Salad Bar Classic Toppings	Salad Bar Leafy Green Salad Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Mediterranean Bar
20		22		24
		White Bean and		Cajun Pinto Bean (VE)
French Bread Pizza (V)	Teriyaki	Pasta Primavera (VE)	Red White and Green	with Brown Rice (VE)
Garlicky Green Bean (VE)	Veggie Nuggets (VE)	,	Panini (V)	Three Cheese Grilled
	Ginger Carrots (V)	Crispy Broccoli (V)	Seasoned Wedge Fries (VE)	Cheese (V)
	Provin Pice (VE)	2.0000 (1)		Spiced Sweet Potatoes (VE)
Salad Bar Pizza Bar	Brown Rice (VE)			
(With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad)	Leafy Green Salad Bar	Rainbow Bar	Classic Toppings	Fiesta Bar
Memorial Day 27	28	29	30	31
		Plastic Free		Guisado Kidney
	Big City	Lunch Day		Beans (VE)*
Sicilian Slice Pizza (V)	Bean Taco (VE)	<u>Lunch Day</u>	Mozzarolla Sticks (\/)	` ,
,	Stroot Stula Corn (1)	Garlic and Tomato	Mozzarella Sticks (V) with Marinara Sauce (VE)	Three Cheese Grilled Cheese (V)
Italian Green Beans (VE)	Street Style Corn (V)	Panini (V)	` ,	○110030 (¥)
	Served with Salsa (VE)	Baby Carrots (VE)	Superhero Spinach (VE)	Brown Rice (VE)
Salad Bar	Guacamole (VE)	, ,		Roasted Carrot Coins (VE)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Plastic Free Lunch Bar	Salad Bar Pizza Bar	Salad Bar Leafy Green Salad Bar
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	Thursday	<u>Friday</u>
 Peanut Butter and/or Sunflower Seed Butter & 	 Peanut Butter and/or Sunflower Seed Butter & 	 Peanut Butter and/or Sunflower Seed Butter & 	 Peanut Butter and/or Sunflower Seed Butter & 	 Peanut Butter and/or Sunflower Seed Butter &
Jelly (VE)				
Hummus and Crackers (V)Hot or Cold Cheese				
Sandwich (V)				

Milk 1% Low-fat (V) Fat Free (V)

Fat Free Chocolate (V)
Alternative options are
available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Eriday
Monday	Tuesday	vveunesuay	Thursday	Friday
QE QA		1	2	3
A VEW 10		Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
WE PROUDLY SUPPORT		Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD.				Spiced Sweet Potatoes (VE)
ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Salad Bar Welcome Back Bar	Salad Bar Rainbow Bar	<i>Salad Bar</i> Fiesta Bar
6	7		9	10
	Soft Turkey Taco	<u>Plastic Free</u> <u>Lunch Day</u>	Caribbean Spiced Jerk Chicken Thighs*	White Bean and
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato	Jollof Cauliflower (V)*	Pasta Primavera (VE) Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE)	Panini (V)	Sweet Potato	Cheese (V)
Salad Bar	Seasoned Wedge Fries (VE) Guacamole (VE)	Baby Carrots (VE) Marinara Sauce (VE)	Wedge Fries (VE) Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad) 13	Fiesta Bar 14	Plastic Free Lunch Bar 15	Rainbow Bar 16	Leafy Green Salad Bar 17
			Turkey Burger	
Pizza by the Slice (V)	Chicken Dumplings	Manicotti (V)	Turkey Cheeseburger	Kidney Bean Rajma (VE)
1 izza by the once (v)	Veggie Nuggets (VE) Dipping Sauce	Roasted Fresh	Whole Wheat Bun	Three Cheese Grilled
Kid Friendly Kale Salad (V)	Garlic Teriyaki Green Beans (V)	Tomatoes (VE) Bread Stick (V)	Fish and Cheese Sandwich Whole Wheat Bun	Cheese (V) Kachumber Salad (VE)*
Salad Bar	Brown Rice (VE)		Herb Roasted Potatoes (VE)	Flatbread (VE)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Leafy Green Salad Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
20	-			24
	Veggie Nugget (VE) Dipping Sauce			
French Bread Pizza (V)	Caribbean Style Beef Patty	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
Garlicky Green Bean (VE)	Seasoned Wedge Fries (VE)	Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
<i>Salad Bar</i> Pizza Bar		Garlic Knot (V)		Spiced Sweet Potatoes (VE)
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
Memorial Day 27	28	29	30	31
		District .		
	Soft Turkey Taco	<u>Plastic Free</u> <u>Lunch Day</u>	Roasted Chicken Drumstick*	White Bean and
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato	Jollof Cauliflower (V)*	Pasta Primavera (VE)
Italian Green Beans (VE)	Seasoned Peas (VE)	Panini (V)	Sweet Potato	Three Cheese Grilled Cheese (V)
Salad Bar	Seasoned Wedge Fries (VE) Guacamole (VE)	Baby Carrots (VE) Marinara Sauce (VE)	Wedge Fries (VE) Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chickpea Salad) Monday	Fiesta Bar Tuesday	Plastic Free Lunch Bar Wednesday	Rainbow Bar Thursday	Leafy Green Salad Bar Friday
Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &
Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are

available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



* Recipes created in collaboration with OFNS and Wellness In The Schools

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V)**: A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

O.F.N.S. TIFOOD ALLIANEE

Menu subject to change. Our menus are pork free.



	MAY 2024:	High School L	unch Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR		Mozzarella Sticks (V) with marinara sauce (VE) Crispy Broccoli (V)	Chicken Tender Melt Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Beans (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
PRODUCED FOOD. ALL NEW YORK ITEMS		Salad Bar	Salad Bar	Salad Bar
ARE HIGHLIGHED IN GREEN.		Welcome Back Bar	Rainbow Bar	Fiesta Bar
6	Soft Turkey Taco	Plastic Free Lunch Day	Caribbean Spiced Jerk Chicken Thighs*	White Bean and Pasta Primavera (VE)
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE) Seasoned Wedge Fries (VE)	Panini (V) Baby Carrots (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V) Crispy Broccoli (V)
Salad Bar Pizza Bar	Guacamole (VE)	Marinara Sauce (VE)	Dinner Roll (V)	
(With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Plastic Free Lunch Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Salad Bar
13	14	15	16	17
			Turkey Burger	
Pizza by the Slice (V)	Chicken Dumplings Veggie Nuggets (VE) Dipping Sauce	Manicotti (V) in Marinara	Turkey Cheeseburger Whole Wheat Bun	Kidney Bean Rajma (VE) Three Cheese Grilled
Kid Friendly Kale Salad (V)	Garlic Teriyaki Green Beans (V)	Roasted Fresh Tomatoes (VE) Bread Stick (V)	Fish and Cheese Sandwich Whole Wheat Bun	Cheese (V) Kachumber Salad (VE)*
Salad Bar Pizza Bar	Brown Rice (VE)		Herb Roasted Potatoes (VE)	Flatbread (VE)
(With Balsamic Chickpea Salad)	Salad Bar Leafy Green Salad Bar	Salad Bar Leafy Green Salad Bar	Salad Bar Classic Toppings	Salad Bar Mediterranean Bar
20	21	22	23	24
French Bread Pizza (V)	Veggie Nugget (VE) Dipping Sauce	Mozzarella Sticks (V)	Chicken Tender Melt	Cajun Pinto Beans (VE)
(1)	Caribbean Style Beef Patty	with marinara sauce (VE)	Ciabatta Bread	with Brown Rice (VE)
Garlicky Green Bean (VE) Salad Bar	Seasoned Wedge Fries (VE)	Crispy Broccoli (V) Garlic Knot (V)	Superhero Spinach (VE)	Southwest Burrito (V) Spiced Sweet Potatoes (VE)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Rainbow Bar	Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
Memorial Day 27	28			Flesta Bai
	Soft Turkey Taco	Plastic Free Lunch Day	Roasted Chicken Drumstick*	White Bean and Pasta Primavera (VE)
Sicilian Slice Pizza (V)	Crispy Chicken Bites	Garlic and Tomato	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE) Seasoned Wedge Fries (VE)	Panini (V) Baby Carrots (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar	Guacamole (VE)	Marinara Sauce (VE)	Dinner Roll (V)	Crispy Broccoli (V)
Pizza Bar (With Balsamic Chickpea Salad)	Salad Bar Fiesta Bar	Salad Bar Plastic Free Lunch Bar	Salad Bar Rainbow Bar	<i>Salad Bar</i> Leafy Green Salad Bar
Monday • Peanut Butter and/or	Tuesday • Peanut Butter and/or	• Peanut Butter and/or	Thursday • Peanut Butter and/or	Friday • Peanut Butter and/or
Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

Sandwich (V)

ATTENTION:

Sandwich (V)

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Sandwich (V)

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

Sandwich (V)

OFNS has an extensive Prohibitive Ingredients List available at:

Sandwich (V)



* Recipes created in collaboration with OFNS and Wellness In The Schools

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products

Menu subject to change.
Our menus are pork free.





MAY 2024: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Hummus and Crackers (V), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Corn (VE)	Chicken Salad Hoagie Italian Green Beans (VE)	Chickpea and Pimento Wrap (VE) Green Garden Salad (VE)
6	7	8	9	10
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
13	14	15	16	17
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE)	Chicken Caesar Wrap Marinated Bean Salad (VE) Lemon Arugula Salad (V)	Balsamic Chicken Grab and Go Salad Basil Corn Salad (VE) Served with Salsa (VE)	Superhero Spinach Wrap (V) Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
20	21	22	23	24
Assorted Cold Vegetarian Option (V) Crunchy Carrot Sticks (VE) Served with Salsa (VE)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	Mediterranean Chicken Pasta Salad Green Garden Salad (VE)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
Memorial Day 27	28	29	30	31
Assorted Cold Vegetarian Option (V) Balsamic Chickpea Salad (V)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Pinto Bean Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V) Served with Salsa (VE) Cheese Sandwich (V)
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Cold Cheese Sandwich (V)	Wednesday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Cold Cheese Sandwich (V)	Thursday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Cold Cheese Sandwich (V)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Fat Free (V)

Seasonal Fresh Fruit and
Vegetables
Alternative options are

available upon request

OFNS Menus Support

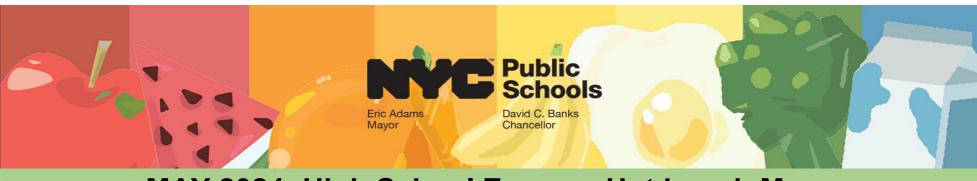
Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Monday	Tuesday	Wednesday	Thursday	Friday
Worlday	Tuesuay	1		_
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Mozzarella Sticks (V) with marinara sauce (VE) Crispy Broccoli (V)	Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
6	7	8	9	10
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Crispy Chicken Bites Street Style Corn (V) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
13	14	15	16	17
Sicilian Slice Pizza (V) Kid Friendly Kale Salad (V) Hot Bean Salad (VE)	Crispy Chicken Sandwich Whole Wheat Bun Fiesta Black Beans (VE) Served with Salsa (VE)	Manicotti (V) in Marinara Baby Carrots (VE)	Fish and Cheese Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE)	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE)
20	21	22	23	24
Sicilian Slice Pizza (V) Italian Chickpeas (VE) Crunchy Carrot Sticks (VE)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE)	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE)	Chicken Tender Melt on Ciabatta Bread Superhero Spinach (VE)	Cajun Pinto Bean (VE) with Brown Rice (VE) Southwest Burrito (V) Spiced Sweet Potatoes (VE)
Memorial Day 27	28	29	30	31
Sicilian Slice Pizza (V) Seasoned Chickpeas (VE) Italian Green Bean (VE)	Crispy Chicken Bites Street Style Corn (V) Served with Salsa (VE)	Garlic and Tomato Panini (V) Baby Carrots (VE)	Caribbean Spiced Jerk Chicken Thighs* Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V)	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V)
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are

available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: Food Court Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
	,	1	2	
		Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
WE PROUDLY SUPPORT		Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
LOCALLY SOURCED, GROWN, HARVESTED OR				Spiced Sweet Potatoes (VE)
PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.		Salad Bar Welcome Back Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
6	7	8	9	10
Sicilian Slice Pizza (V)	Soft Turkey Taco	Garlic and Tomato	Caribbean Spiced Jerk Chicken Thighs*	White Bean and Pasta Primavera (VE)
	Crispy Chicken Bites	Panini (V)	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE)	Baby Carrots (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V)
Salad Bar Pizza Bar	Seasoned Wedge Fries (VE)	Marinara Sauce (VE)	Dinner Roll (V)	Crispy Broccoli (V)
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Fiesta Bar	Salad Bar Plastic Free Lunch Bar	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Leafy Green Salad Bar
13	14	15	16	17
			Turkey Burger	
Pizza by the Slice (V)	Chicken Dumplings Veggie Nuggets (VE) Dipping Sauce	Manicotti in Marinara Sauce (V)	Turkey Cheeseburger Whole Wheat Bun	Kidney Bean Rajma (VE) Three Cheese Grilled
Kid Friendly Kale Salad (V)	Garlic Teriyaki Green Beans (V)	Roasted Fresh Tomatoes (VE)	Fish and Cheese Sandwich	Cheese (V) Kachumber Salad (VE)*
Salad Bar	Brown Rice (VE)		Whole Wheat Bun	Flatbread (VE)
Pizza Bar (With Balsamic	Salad Bar	Salad Bar	Herb Roasted Potatoes (VE) Salad Bar	Salad Bar
Chickpea Salad)	Leafy Green Salad Bar	Leafy Green Salad Bar	Classic Toppings	Mediterranean Bar
20	21	22	23	24
	Veggie Nugget (VE) Dipping Sauce			
French Bread Pizza (V)	Caribbean Style Beef Patty	Mozzarella Sticks (V) with marinara sauce (VE)	Chicken Tender Melt Ciabatta Bread	Cajun Pinto Beans (VE) with Brown Rice (VE)
Garlicky Green Bean (VE)		Crispy Broccoli (V)	Superhero Spinach (VE)	Southwest Burrito (V)
Salad Bar	Seasoned Wedge Fries (VE)	Garlic Knot (V)		Spiced Sweet Potatoes (VE)
Pizza Bar (With Balsamic Chickpea Salad)	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
Memorial Day 27	28	29		31
Sicilian Slice Pizza (V)	Soft Turkey Taco	Garlic and Tomato Panini (V)	Roasted Chicken Drumstick*	White Bean and Pasta Primavera (VE)
	Crispy Chicken Bites	Baby Carrots (VE)	Jollof Cauliflower (V)*	Three Cheese Grilled
Italian Green Beans (VE)	Seasoned Peas (VE)	Marinara Sauce (VE)	Sweet Potato Wedge Fries (VE)	Cheese (V) Crispy Broccoli (V)
Salad Bar Pizza Bar	Seasoned Wedge Fries (VE)		Dinner Roll (V)	
(With Balsamic Chickpea Salad)	<i>Salad Bar</i> Fiesta Bar	Salad Bar Plastic Free Lunch Bar	<i>Salad Bar</i> Rainbow Bar	<i>Salad Bar</i> Leafy Green Salad Bar
<u>Monday</u>	Tuesday	<u>Wednesday</u>	Thursday	<u>Friday</u>
Mozzarella Sticks (V)Peanut Butter and/or	Pizza (V)Chicken Tenders	Pizza (V)Chicken Tenders	Pizza (V)Chicken Dumplings	• Peanut Butter and/or Sunflower Seed Butter &
Sunflower Seed Butter & Jelly (VE)	Chicken DumplingsMozzarella Sticks (V)	Chicken DumplingsMozzarella Sticks (V)	Mozzarella Sticks (V)Peanut Butter and/or	Jelly (VE) • Hummus and Crackers (V)
Hummus and Crackers (V)Hot or Cold Cheese	Peanut Butter and/or Sunflower Seed Butter &	Peanut Butter and/or Sunflower Seed Butter &	Sunflower Seed Butter & Jelly (VE)	Hot or Cold Cheese Sandwich (V)
Sandwich (V) • Seasoned Wedge	Jelly (VE)	Jelly (VE)	Hummus and Crackers (V) Hot or Cold Cheese	Seasoned Wedge Fries (VE)
Fries (VE)	Hummus and Crackers (V) Hot or Cold Cheese Conduite (V)	Hummus and Crackers (V) Hot or Cold Cheese Conduite (V)	Sandwich (V)	rnes (VL)
	Sandwich (V)	Sandwich (V) • Seasoned Wedge		
<u>Milk</u>	ATTENTION:	OENS Manus Suprant		OFNS has an extensive
1% Low-fat (V) Fat Free (V)	All Pre-K Students CANNOT be Offered Chocolate Milk or	OFNS Menus Support Seasonal Fresh Fruit and Vegetables	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices,	Prohibitive Ingredients List available at:

Fat Free (V)

Fat Free Chocolate (V) Alternative options are available upon request

be Offered Chocolate Milk or Cookies

Vegetables when available

Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, **Bananas, and Strawberries** (VE)



- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	A THE W TO	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)
6	7	8	9	10
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
13	14	15	16	17
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Cinnamon Flakes (VE) Milk (V)	Animal Crackers (V) Milk (V)	Colby Cheese Stick (V) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)
20	21	22	23	24
Honey Graham Crackers (V) Milk (V)	Assorted Granola (V) Milk (V)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Heart Shaped Pretzels (VE) Hummus Cup (VE)
Memorial Day 27	28	29	30	31
Animal Crackers (V) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Yogurt Choice (V) Blueberry Granola (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit
Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products





MAY 2024: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	OF OF A HEW TON	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
6	7	8	9	10
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
13	14	15	16	17
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)
20	21	22	23	24
Animal Crackers (V) Milk (V)	Fresh Banana (VE) Milk (V)	Yogurt Choice (V) Diced Peaches (VE)	Cinnamon Flakes (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)
Memorial Day 27	28	29	30	31
Cinnamon Flakes (VE) Milk (V)	Apple Slices (VE) Milk (V)	Whole Wheat Crackers (VE) Hummus Cup (VE)	Yogurt Choice (V) Diced Peaches (VE)	Multi-Grain Oats (VE) Milk (V)

Milk
Whole Milk (V)
Alternative options are available upon request

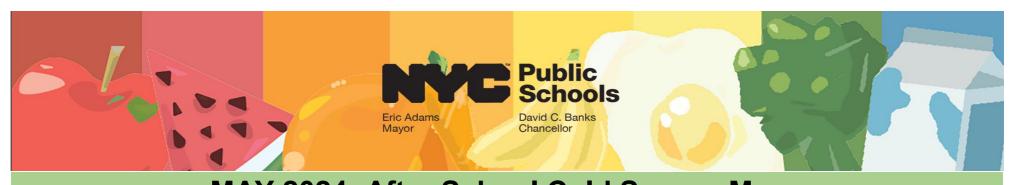
OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



MAY 2024: After School Cold Supper Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	Chicken Salad Hoagie Italian Green Beans (VE)	Grab and Go Cheese Plate (V) Roasted Tomato Salsa (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
6	7	8	9	10
Superhero Spinach Wrap (V) Broccoli Salad (V)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Mediterranean Chicken Pasta Salad Green Garden Salad (V)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
13	14	15	16	17
Grab and Go Cheese Plate (V) Italian Green Beans (VE)	Crispy Chicken Grab and Go Salad Asian Red Cabbage Slaw (V)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Black Bean Wrap (VE) Fresh Tomato Salad (V)
20	21	22	23	24
Red, White and Green Panini (V) Balsamic Chickpea Salad (V)	Balsamic Chicken Grab and Go Salad Served with Salsa (VE)	Curried Chicken Wrap Dipping Sauce Fresh Tomato Salad (V)	Sesame Noodle Bowl Broccoli Salad (V)	Italian Veggie Grab & Go Salad (VE) Italian Marinated Cucumber Salad (VE)
Memorial Day 27	28	29	30	31
Grab and Go Cheese Plate (V) Italian Green Beans (VE)	Chicken Tender Wrap Dipping Sauce Classic Potato Salad (V)	BBQ Crispy Chicken Grab and Go Salad Cilantro Black Bean Salad (VE)	Mediterranean Chicken Pasta Salad Green Garden Salad (V)	Chickpea and Pimento Wrap (VE) Fresh Cilantro Healthy Coleslaw (V)
		OFFEDED DAILY		

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	Chicken Tenders Garlicky Green Beans (VE) Garlic Knot (V)	Pizza (V) Italian Green Beans (VE)	Veggie Burger (VE) Whole Wheat Bun Seasoned Wedge Fries (VE)
6	7	8	9	10
Manicotti in Marinara Sauce (V) Superhero Spinach (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Cilantro Healthy Coleslaw (V)	Crispy Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE)	Soft Turkey Taco Street Style Corn (V)	Pizza (V) Parmigiana Spinach (V)
13	14	15	16	17
Homemade Grilled Cheese Sandwich (V) Crispy Broccoli (V)	Fish and Cheese Sandwich Whole Wheat Bun Baked Sweet Potato Wedge Fries (VE)	Chicken Tenders Slow Roasted Baby Carrots (V) Garlic Knot (V)	Pizza (V) Corn, Peas and Carrots (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
20	21	22	23	24
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Turkey Burger Whole Wheat Bun Crisp Sweet Potato Waffle Fries (VE)	Garlic and Tomato Panini (V) Roasted Zucchini (VE)	Pizza (V) Italian Green Beans (VE)	Veggie Burger (VE) Whole Wheat Bun Seasoned Wedge Fries (VE)
Memorial Day 27	28	29	30	31
Manicotti in Marinara Sauce (V) Superhero Spinach (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Cilantro Healthy Coleslaw (V)	Crispy Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE)	Soft Turkey Taco Street Style Corn (V)	Pizza (V) Parmigiana Spinach (V)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegan Item (VE)**: A plant based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



Monday	Tuesday	Wednesday	Thursday	Friday
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location	Pizza (V) Garlicky Green Beans (VE)	Three Cheese Grilled Cheese (V) Street Style Corn (V)	Veggie Burger (VE) or Veggie Cheeseburger(V) Whole Wheat Bun Seasoned Wedge Fries (VE)
6	7	8	9	10
Red White and Green Panini (V) Seasoned Wedge Fries (VE)	Manicotti (V) with marinara sauce (VE) Seasoned Fresh Green Beans (V)	Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)	Pizza (V) Crispy Broccoli (V)	White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)
13	14	15	16	17
Homemade Grilled Cheese Sandwich (V) Baked Sweet Potato Wedge Fries (VE)	Vegetarian Quesadilla (V) served with Salsa (VE) Fiesta Black Beans (VE)	Mozzarella Sticks (VE) Green Garden Salad (VE)	Pizza (V) Roasted Zucchini (VE)	Veggie Nuggets (VE) with Dipping Sauce (V) Seasoned Wedge Fries (VE) Dinner Roll (VE)
20	21	22	23	24
Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V)	Super Hero Spinach Wrap (V) Baked Beans (VE)	Pizza (V) Roasted Chickpeas With Basil Pesto (V)	Three Cheese Grilled Cheese (V) Street Style Corn (V)	Veggie Burger (VE) or Veggie Cheeseburger(V) Whole Wheat Bun Seasoned Wedge Fries (VE)
Memorial Day 27	28	29	30	31
Red White and Green Panini (V) Seasoned Wedge Fries (VE)	Manicotti (V) with marinara sauce (VE) Seasoned Fresh Green Beans (V)	Black Bean and Plantain Power Bowl (VE) with Brown Rice (VE)	Pizza (V) Crispy Broccoli (V)	White Bean and Pasta Primavera (VE) Roasted Fresh Tomatoes (VE)
		OFFERED DAILY		OFNS has an extensive

Milk 1% Low-fat (V) Fat Free (V) **Fat Free Chocolate (V)** Alternative options are

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available available upon request

Assorted Dressings

Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, **Bananas, and Strawberries** (VE)

OFNS has an extensive **Prohibitive Ingredients List**



- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products







MAY 2024: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
4	11	18	25	
Honey Corn Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE) Milk (V)	Banana Muffin (V) Milk (V)	Blueberry Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:





Menu subject to change. Our menus are pork free.







MAY 2024: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
4	11	18	25	
Honey Corn Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE) Milk (V)	Buttermilk Pancakes (V) Fresh Fruit (VE) Milk (V)	Blueberry Breakfast Bread (V) Fresh Fruit (VE) Milk (V)	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



O.F.N.S. TIFOOD ALLIANDE

Menu subject to change. Our menus are pork free.







MAY 2024: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
4	11	18	25	
Assorted Cold Sandwiches and Wraps				
Confetti Corn Salad (VE)	Italian Green Beans (VE)	Carrot Sticks (VE)	Broccoli Salad (V)	
Fresh Fruit (VE) Milk (V)				

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List



O.F.N.S. TIFOOD ALLIANDE

Menu subject to change. Our menus are pork free.







MAY 2024: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
4	11	18	25	
Grilled Cheese Sandwich (V) Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Baked Mozzarella Sticks (V) Marinara Sauce (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Crispy Chicken Sandwich Whole Wheat Bun Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

(V) Indicates Vegetarian(VE) Indicates Vegan

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Oranges, Mandarins,
Pears, Peaches,
Bananas, and Strawberries
(VE)

OFNS has an extensive Prohibitive Ingredients List available at:



O.F.N.S. TIFOOD ALLLIANCE

Menu subject to change. Our menus are pork free.